

# THE GARDEN BASKET

to your Basket Since 1929

## Healthy Product Feature

**Hallelujah! Frozen Certified Organic Extra Lean Ground Beef**

**SAVE \$1.00**

**4.98** 1 lb Pkg. (Limited Quantities, While Supplies Last!)

1. No Hormones are used in the raising of the animals.
2. Animals are given plenty of space and are happy (no feedlots).
3. No antibiotics are used - if animals become sick and require antibiotics they are removed from the organic program.
4. No GMO's (Genetically Modified Organisms) are used in the raising of the animals - this includes any supplemental grain they receive.
5. No pesticides, herbicides or fungicides are allowed on the pasture where the animals live or the supplemental feed is grown.
6. Environmentally sustainable practices are used in the raising of the animals.
7. Animals are traceable back to the original farm and source.
8. Animals are not commingled with conventional animals.

Fresh Canadian, Extra Meaty

**Baby Pork Back Ribs**

**LESS THAN 1/2 PRICE**

**3.48** lb 7.67kg

Fresh, Premium Quality

**Peameal or Canadian Back Bacon Pieces**

**SAVE \$2.40/LB**

**2.98** lb 6.57kg

## Brand Name Groceries

**Kraft Peanut Butter** Smooth or Crunchy **SAVE \$2.00** **2.98** 1kg

**McCain Pizza Premiere** **SAVE \$2.00** **3.98** 665g 743g

**Higgins & Burke Gourmet Roast & Ground Coffee** **SAVE \$2.00** **2.98** 227g

**New Festival Cookies & Wafers** **1/2 PRICE** **.98** 250g 337g

**McCain Oven Roasts Potatoes** **SAVE \$1.00** **1.98** 680g

**McCain Deep 'N Delicious or Triple Chill Cakes** **SAVE UP TO \$1.50** **2.48** 510g 530g

## Seafood

**21 Days Aged** Cut from Canada AA Beef

**Bone-In Beef Short Ribs**

**SAVE \$1.60/LB**

**2.88** lb 6.35kg

**Janes Traditional or Crispy Fish Fillets**

**SAVE \$1.50**

**4.98** 575g 585g Box

Fresh, Air Chilled & Grain Fed

**Whole Chickens**

**1.98** lb 4.37kg

**SAVE .50/LB**

Jordans All Natural Cereals

**MORNIN CRISP** **SAVE \$1.50** **3.98** 500g

**MUESLI**

Lifestream Frozen Waffles

**FLAX PLUS** **HEMP PLUS**

**2.98** 312g

**SAVE \$1.30**

Old El Paso Hard or Soft Taco Kits

**SAVE \$1.50**

**2.98** 275g 510g

Old El Paso Salsas Picante

**SAVE \$1.00**

**2.98** 650ml

Billy Bee Squeeze Honey

**SAVE \$1.00**

**2.48** 375ml

## Over Fresh Bakery

**In Store Baked Artisan Whole Grain Bread** **SAVE \$2.00** **2.28** Loaf

**Homestyle Two-Bite Brownies** **SAVE \$1.20** **1.98** 300g

**In Store Baked Jumbo Raisin Bran or Carrot Muffins** **SAVE \$1.00** **2.48** 4 pack

**Assorted Varieties Saxby Cakes** **SAVE \$2.00** **8.98** 7" Cakes

Yoplait Minigo or Tubes Yogourt

**SAVE \$1.00**

**1.98** 6x60g or 8x60g

Yop Drinkable Yogourt

**68** 200ml

16 piece Sushi In Store Made Daily

**16 Pcs. Vegetarian Rolls**

**5.98**

Based on regular prices at conventional The Garden Basket Food Markets • Although we strive for accuracy in correct any errors • Specials only available while quantities last • Photos are representational only.