

**Product of USA**  
No. 1 Grade  
**Fresh Broccoli**

**1/2 PRICE**

**1.98** bunch

**BROCCOLI** is high in two carotenoids called lutein and zeaxanthin. They help protect eyesight by accumulating in the eye to form a pigment that is able to filter damaging forms of light and protect against cell damage. Broccoli leads all other vegetables in vitamin C content, with 220 percent of the RDI. It also is a good source of vitamin A and contains folate.

**GARD BASKET**

Happy Chinese New Year  
Gung Hei Fat C

**Quality fresh Produce**

**Product of Chile** (No. 1 Grade)  
Sweet  
**Red Globe Grapes**

**1/2 PRICE**

**1.98** lb 2.16kg

**Product of South America**  
No. 1 Grade  
**Blueberries**

**SAVE \$1.01**

**1.98** per Pkg.

**Aged for 21 Days, Cut from Canada AA Beef**

**SAVE \$3.00/LB**

**Boneless Top Sirloin Premium Oven Roasts**

**21 DAYS**

**3.98** lb 8.77kg

**Frozen, Product of New Zealand**

**1/2 PRICE**

**Wild Caught Orange Roughy Fillets**

**6.78** lb 14.95kg  
(Limit 4 pkgs.)

**Product of USA**  
No. 1 Grade  
**Fuji Apples**

**SAVE .51/LB**

**1.98** lb 2.16kg

**Product of Mexico**  
**Fresh Zucchini**

**SAVE .71/LB**

**1.98** lb 2.16kg

**Product of USA**  
Sweet  
**Romaine Hearts**

**SAVE \$1.51**

**2.48** (Pkg. of 3)

**Product of South America**  
Sweet  
**Canary Melon**

**SAVE \$1.01**

**2.98** Each

**The Butcher Shop**

**Fresh, Rib End**  
**Boneless Pork Loin Chops or Roasts**

**2.48** lb 5.47kg

**1/2 PRICE**

**Fresh Extra Lean Ground Turkey**

**2.68** lb 5.91kg

**Schneiders Chicken Fingers, Nuggets & Burgers**

**SAVE \$2.00**

**7.88** 908g Box

**Product of USA**  
Fresh  
**Andy Boy Rapini**

**SAVE \$1.01**

**1.98** Bunch

**Organic**  
**Crisp 'N' Tart Organic Granny Smith Apples**

**1/2 PRICE**

**1.98** 3lb Bag

**Organic**  
**Fresh, Organic Red & Yukon Gold Potatoes**

**SAVE \$2.01**

**3.98** 5lb Bag

**Organic**  
**Product of USA Seedless Organic Oranges**

**SAVE .51/LB**

**1.48** lb 3.26kg

**Bulk Food**  
**California Shelled Almonds (Raw/No Shell)**

**SAVE \$2.01/LB**

**3.98** lb 8.77kg

**Bulk Food**  
**Canadian Dried Cranberries**

**SAVE \$2.01/LB**

**6.98** lb 15.39kg

**The Delicatessen**

**Cuddy B.B.Q. Chicken or Buffalo Style Turkey**

**1.48** /100g

**Casa Italia Rosemary Porchetta**

**1.48** /100g

**Roast Beef**

**1.48** /100g

**Emma Canadian Emmental Cheese**

**1.68** /100g

**Gourmet Cooked Sausages Times Daily Pork Loin**