

## Stouffville Says

By Hannelore Volpe

### What would you do to eliminate the traffic snarls on Main Street?

—Asked at the Nofrills plaza in Stouffville

Graydon CARD



They will be alleviated automatically when Hoover Park and Millard open and Main Street is widened. However, we need a good amount of traffic on Main Street to sustain the business community.

Gary MCQUAID



Take parking off Main Street, if ample parking could be provided behind the stores. Get Hoover Park opened as quickly as possible. Banning trucks from Main Street was a start.

Wendy LANGLOIS



Put Hoover Park Drive and Millard Street through. I feel most of the traffic is from the new houses being built, which are on either side of Main Street.

Bill RICHARDSON



I think they should widen Main Street and repair the road. Any potholes should be looked after before an accident happens.



Stouffville Steppers Caitlin Wagg, 14 (right) and Robyn Paxton, 10 show Shishir Lakhani of Richmond Hill, president of the Heart and Stroke Foundation, York Region South, how to skip at the kickoff to Heart Month at Boston Pizza in Markham last Thursday.

STAFF PHOTO/SJOERD WITTEVEN

## Hockey women, canvassers show heart

BY HANNELORE VOLPE  
Staff Writer

If you don't mind knocking on doors and meeting your neighbours, the Heart and Stroke Foundation's door-to-door campaign is looking for you.

February has been designated as Heart Month, and the foundation's annual campaign has kicked off.

During last year's campaign, canvassers raised more than \$33,000 in Whitchurch-Stouffville, said Rebecca Sudsbury, area coordinator for York Region North of the Heart and Stroke Foundation

of Ontario.

That's the total 14 captains and 70 volunteers are hoping to beat this month during the campaign they call Feet on the Street.

Although 56 routes have already been covered, a few still require canvassers.

Jump Rope for Heart celebrates its 25th anniversary in local schools, teaching youngsters the value of staying healthy and giving something back to their community.

In Stouffville, jumping and hooping it up events are at Glad Park, St. Mark and Ballantrae schools. Orchard Park and

Whitchurch Highlands are slated to participate later this spring.

The foundation is a leading Canadian health research funder, supporting approximately 900 researchers and research teams across the country.

Nearly \$2 million is awarded each year to researchers who focus their research on heart disease and stroke in children. Since 1981, obesity has tripled among Canadian children and is rising.

Events later this spring include Fit for Heart at the Lebovic Leisure Centre.

The Stouffville Amateur Hockey League's women's division is

hosting its annual Fit for Heart Tournament in April. Last year, 15 teams raised more than \$14,000. This year's goal is \$20,000 and 20 teams.

Although May may seem far off, now's the time for individuals and businesses to think about having a team on The Big Bike, which rolls through Stouffville May 5. Get more information by logging on to [www.heartandstroke.ca/bigbike](http://www.heartandstroke.ca/bigbike)

If you can canvass, call Linda White at 905-853-6355

## You can help link Sun-Tribune to our communities

Our newspaper helps create a sense of belonging to a community by bringing the faces of our towns and the stories behind them to you.

We build our communities by connecting our readers to what matters to them. We strongly believe we can't be a great newspaper if that's not so.

But to do that, we must continue to have strong links to our community, even as it changes. We want to be sure all voices are heard.

In an effort to build bridges with our community, for the past two

years we have established Community Links panels at each of our newspapers across the region.

We are inviting citizens with a variety of affiliations and interests to apply to join this year's group, which, we hope, will give us insight into what is important to the members of our communities.

We are extending a hand in this way because not everybody in our community reads this paper because those bonds with the community have not yet formed.

But we are also inviting all our

readers with an interest in joining Community Links to apply.

We will hold regular meetings, attended by editors and other members of our team here, that will focus on discussing the issues that are important to the many neighbourhoods, cultures, religions, ages, professions and affiliations in our communities.

As well, members of the panel will have the opportunity to write a guest column on issues affecting our community.

We're asking panel members to

commit to a one-year term, beginning in March.

Please send a letter outlining your background and why you feel you represent a voice in our community that should be heard. (No longer than 300 words please.)

Be sure to include your name, address and daytime contact information so we may follow up with you.

Send your letter to editor Jim Mason at The Sun-Tribune 6290 Main St., Stouffville, L4A 1G7 or e-mail [jmason@ymg.com](mailto:jmason@ymg.com) by Feb. 28.

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