

# EN ET



your Basket Since 1929

### Revealing a healthy product feature

#### Mary's Gone Crackers

Mary's Gone Crackers is committed to manufacturing the best tasting wheat-free & gluten-free baked goods using the highest quality, organically grown ingredients. A crisp, delicious cracker with a rich nutty flavor. Wheat-free, Gluten-free and Organic. Made of organic, whole grain brown rice, organic quinoa (Keen-wa: a high protein seed/grain), organic flax seeds and organic brown sesame seeds, with no added fat. They always hold their crunch, unlike any other cracker you've ever had - they will soon become a staple in your cupboards.

- Organic
- Wheat Free
- Gluten-Free
- Kosher
- Vegan-Dairy Free
- Whole Grain
- No Hydrogenated Oils, No Trans-Fats

**GLUTEN FREE**

- Contains 455mg of Omega-3 Fatty Acids per serving
- Manufactured in a dedicated wheat free, gluten free facility
- Non GMO
- Healthy and Satisfying
- Great Taste

Available in Aisle #4

Charmin Bathroom Tissue

**SAVE OVER \$2.00**

**3.98** 16 roll

Minute Maid Fruit Solutions

\* Orange, Banana, Strawberry  
\* Orange Tangerine

**SAVE \$1.70**

**1.98** 1.89L

### Brand-Name Groceries

Oro Italia Extra Virgin Olive Oil **5.68** 1L

Natur'All Natural Peanut Butter **1.98** 500g

Parmalat 1% Partly Skimmed Chocolate Milk **.98** 3x250ml

Quaker Trail Mix Bars \*Mixed Nut Only **1.88** 210g

McCain International Thin Crust Pizza **5.68** 464-506g

McCain Cream Pies **.98** 340g

**SAVE \$1.50**

### Seafood

Janes Premium Breaded Fish

- Sole
- Haddock
- Cod

**7.78** box 575-615g

Fresh Tilapia Fillets **6.98** lb 15.39kg

**SAVE \$2.00**

Aged for 21 Days, Cut from Canada AA, AAA Beef

### Beef Leg Cutlets

**4.98** lb 10.98kg

**SAVE \$2.20/LB**

General Mills Cereals

- Cheerios
- Honeynut Cheerios
- Lucky Charms
- Golden Grahams
- Nesquik
- Reese Peanut Butter Puffs

**2.98** each 385-575g

**SAVE \$2.00**

Black Diamond Cheese Bars

- Medium
- Mozzarella
- Marble
- Old

**5.68** 520g

**SAVE OVER \$2.00**

net-To-Go

BBQ

**1.88** each

### Over-Fresh Bakery

In Store Baked Artisan Big Foot Ciabatta **1.88** Loaf

Homestyle Mini Halloween Cupcakes **2.98** 12 pack

In Store Baked Apple Pies **3.48** 8" Pie

In Store Baked White Bread **1.28** loaf

**SAVE .60**

**SAVE .70**

**SAVE .40**

Old South Drinking Boxes

**1.98** 8x200ml

**SAVE \$1.00**

Dorjel Tartufo

**3.98** 4x110-4x125ml

**SAVE OVER \$1.00**

Lactantia Cream Cheese

**1.98** 250g tub or brick

True Blue Blueberry Cocktail Blends

**2.98** 1.89L

**SAVE \$2.00**

Native Organic Crystal Sugar

**1.98** 1kg

11 piece Sushi

Fresh, In Store Made

8 Pcs. California Rolls & 3 Pcs. Sushi

**6.98**

Based on regular prices at conventional The Garden Basket Food Markets. Although we strive for accuracy in correct any errors. Specials only available while quantities last. Photos are representational only.

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