

"Stock up for School!"
Sunmaid Snack Pack Raisins
2/5.00
 (14 pkg per bag) **SAVE \$1.00**

Nutritional Information:
 Raisins are high in antioxidants, fibre, potassium and contain good amounts of calcium.
 They are low in fat and cholesterol free. Studies have shown that raisins may help prevent heart disease, colon cancer, intestinal tumors and improve oral health by killing bacteria in the mouth that causes cavities.
 It's a great snack for school, work or anytime in between!

The
GARD BASKET
 Putting Quality & Freshness into

Quality Fresh Produce

"Fresh from the Tropics!"
 Super-Sweet Golden-Ripe
Pineapples
2.98 Each (Whole) **SAVE \$2.00**

"Ontario Orchard-Fresh!"
 Sweet-Nat'ral
Bartlett Pears
.74 lb. (1.63kg) **1/2 PRICE**

Product of Canada or USA
 Tender-N-Fresh
Broccoli
.98 Bch **SAVE .50**

Product of Peru
 Tender-N-Fresh
Asparagus
2.98 lb (6.57kg) **SAVE \$2.00/LB**

Aged for 21 Days
 Cut from Canada AA, AAA Beef
Boneless Sirloin Tip Oven Roasts
2.98 lb (6.57kg) **SAVE \$2.40/LB**

Fresh
Coho Salmon Fillets
4.98 lb (10.98/kg) **SAVE \$4.50/LB**
 Great on the GRILL!
 (While supplies last)

Ontario Field Fresh
JUMBO Green Head Cabbage
.98 Each **SAVE .50**

Organic
 California Fresh Earthbound Organic (Mesclun Blend)
Spring Mix Salad
4.98 1 lb container **SAVE \$2.00**

Fresh, Bone-In
Centre-Cut Pork Loin Chops
2.98 lb (6.57kg) **Great on the GRILL!**

The Butcher Shop
 Aged for 21 Days, Cut from Canada AA, AAA Beef
Boneless Stewing Beef Cubes
3.48 lb (7.67kg) **SAVE \$1.50**

Ontario Field Fresh
 Tender, Sweet
Rapini
.98 Bunch **SAVE \$1.00**

Fresh Jumbo Size
Radicchio
1.98 Each **1/2 PRICE**

SAVE \$2.00/LB

Northern King
Crispy Tempura Shrimps
3.48 320g **SAVE \$3**

Buy-The-Bushel
 "Great for Grilling & Preserving!"
Sheppard Peppers
Black Eggplants
HOT Banana Peppers
10.00 /Bushel (While quantities last) **1/2 PRICE**

The Flower Garden
 Ontario Grown Tall, Elegant
Gladiolas
2.98 bunch **SAVE \$1.00**

The Delicatessen

Silami Cheese Slices
2.88 /125g pkg

San Daniele Mortadella
.98 /100g

Mariposa Roast Beef
1.18 /100g

Pillers German Salami
1.58 /100g

In Store Apple Pie
4