

GARDEN BASKET

Pool Savings!



Introducing: Himalayan Salt Crystal Lamps

Why are Salt Lamps Good for you? Himalayan Salt Lamps have been said to:

- Provide cleaner air
- Elevate moods naturally
- Ease Upper Respiratory problems
- Reduce susceptibility to colds and flu
- Treat headaches, sinus problems, allergies & hay fever
- Aid in the reduction of asthma attacks

How do they work?
As well as being beautiful, they release negative ions. These ions neutralize positive ions given out by computers, televisions, power grids etc. Negative ions create an environment similar to being near the sea or a waterfall and are what give the air in these areas that fresh feeling. Air quality is extremely important to our health and happiness. Some call negative ions "The Vitamins of the Air"

Available in 6 different sizes in our Flower Department
For more detailed information on this product, pick up a brochure beside the display!

Brand-Name Groceries

Nestle Baci or After Eight Ice Cream

SAVE \$3.00

3.98 Each 2L Tub

Minute Maid Simply Orange Juice

1/2 PRICE

• Pulp Free

1.98 1.75L

Thai Pavilion Rice Noodles

1/2 PRICE

2.48 210g - 240g

Naya Natural Spring Water

SAVE .60

.68 1.5L

Emma Italian Tomatoes

1/2 PRICE

.68 28oz

Ocean's Solid White Albacore Tuna

1.68 170g

SAVE OVER \$1.00

Powerade Sports Beverage

.98 710ml

Kellogg's Rice Krispies Square Bars

1.98 176g - 200g

Top of Seafood

Cardinal Meats Roadhouse or Angus Beef Burgers

SAVE \$1.50

8.48 1.02kg - 1.21kg

Fresh Cut from New Zealand Spring Lamb Lamb Loin Chops

7.98 lb 17.59kg

SAVE \$2.00/LB

Fresh Tilapia Fillets

SAVE \$2.00/LB

6.98 lb 15.39kg

Geno's Frozen Pasta

• Tortellini with Cheese

• Ravioli with Cheese

1.48 454g

SAVE .50

Maxwell House Instant Coffee

2.98 200g

SAVE \$2.00

Over Fresh Bakery

In Store Baked Flax Bread

SAVE \$1.00

1.88 Loaf

In Store Baked Artisan White Baguettes

SAVE .60

.98 Loaf

In Store Baked Apple Pies

• Regular

• Crisp

• No Sugar

3.48 8"

Les Chef Duet German Chocolate or White Volcano Cakes

SAVE \$5.00

17.88 7.5" Cake

Betty Crocker Fruit by the Foot

1.88 128g

Kellogg's Cereal Raisin Bran or Special K

3.48 Each

SAVE \$1.50

Kraft Dinner Dinner

.78 225g

Lancia Pasta

.98 900g

Christie Thinsations Cookies

2.68 138g

14 piece Sushi Fresh, In Store Made 8 Pcs. California Rolls 6 Pcs. Salmon Rolls

5.98

on regular prices at conventional The Garden Basket Food Markets • Although we strive for accuracy in direct any errors • Specials only available while quantities last • Photos are representational only.