

Joseph's Pick of the Week

Product of Ontario, No. 1 Grade

Jumbo Size Cantaloupes

1.98 Each

SAVE \$1.00

Cantaloupes are an excellent source of Vitamin A, Vitamin C and Potassium. It is also a Good Source of Dietary Fiber, Niacin, Vitamin B6 and Folate.

GARD BASKET

Putting Quality & Freshness into your Basket

Quality Fresh Produce

Ontario Farm Fresh No. 1 Grade Super Sweet

Peaches 'N Cream Corn

5.98

California Fresh Lusciously Sweet

Strawberries

1.98 pint

SAVE 1/2 PRICE

SAVE \$1.00

Product of USA Sweet

Green Thompson Seedless Grapes

1.98 lb 4.37kg

SAVE \$1.00/LB

Product of USA Fresh 'N Crisp

Head Lettuce (Wrapped)

.78 Each

SAVE 1/2 PRICE

Ontario Field Fresh Sweet

Green Peppers

.98 lb 2.16kg

SAVE .50/LB

Ontario Field Fresh "Excellent for Salads!"

Roma Tomatoes

.78 lb 1.72kg

SAVE .50/LB

Fresh from Ontario Greenhouses

Seedless English Cucumbers

.98 each

SAVE .30

California Fresh Honey Sweet

White Figs

9.98 case

Product of Ontario Fresh Picked

Romano Beans

.98 lb 2.16kg

SAVE .50/LB

100% Pure Pomegranate Juice (Not from concentrate)

3.98 1L

SAVE \$2.00

The Flower Garden

Vibrant and Colourful

Tropical Hibiscus Plants

7.98 Each 6" Pot

SAVE \$5.00

Aged for 21 Days, Cut from Canada AA, AAA Beef

Boneless Rib Eye Grilling Steaks

7.98 lb 17.59kg

SAVE \$5.00/LB

OUR LOWEST PRICE OF THE YEAR

Baby Pork Back Ribs

3.98 lb 8.77kg

SAVE \$3.70/LB

Great on the GRILL!

Aged for 21 Days, Cut from Canada AA or USDA Select Beef

T-Bone Grilling Steaks

7.98 lb 17.59kg

SAVE \$4.00/LB

Great on the GRILL!

The Butcher Shop

Made Several Times Daily

Lean Ground Pork

1.98 lb 4.37kg

SAVE \$1.00/LB

Schneiders Chicken Breast Fingers, Nuggets & Burgers

6.88 908g Box

SAVE \$3.00

The Delicatessen

Maple Lodge Chicken Breast

1.48 /100g

Tre Stelle Havarti Cheese

1.68 /100g

Maple Leaf Black Forrest Ham

1.18 /100g

Siena Porchetta

1.68 /100g

Gourmet Salad! Fresh Cold S

- Cole
- Potat
- Mac