

OPEN DAY!



HEY KIDS

Starting Friday
June 23RD, we will be
giving out **FREE**
CANADA DAY FLAGS
to all kids 6 years &
under.
(While supplies last.)
See your cashier.

Steaz Organic Green Tea Sodas

healthy product feature

Steaz Organic Green Tea Soda comes in 6 great tasting flavours: Ginger Ale, Root Beer, Orange, Lemon Dew, Raspberry & Key Lime.

It's the first USDA certified Organic soda available on the market! Steaz has all the fizz, sparkle and great taste of regular soda but utilizes all certified organic ingredients & a cup of antioxidant rich Ceylon Green Tea in every bottle - demonstrating that Steaz is soad that's actually better for you than conventional counterparts.

It's 100% Natural & Organic, made with Sparkling Filtered Water, No Artificial Flavours, Colours or Processed Sugar. Loaded with Antioxidants, it's a smarter, healthier alternative for soda lovers!

SAVE \$1.50
4.98 4 pack

Vita Sana Fruit Nectar

LESS THAN 1/2 PRICE

98 700ml (Limit 4)

McCain Frozen Fruit Punches

1/2 PRICE

38 355ml (Limit 10)

Brand Name Groceries

Higgins & Burke Roast & Ground Coffee **2.98** 227g

Nestle Pure Life Spring Water **.68** 1.5L

Ocean's Sockeye Salmon **1.98** 213g

Primo Beans **.68** Each 19oz

Astro Yogourt Multipacks **3.68** 12x113g

SAVE \$1.80

Top of Seafood

Aged for 21 Days, Cut from Canada AAA Beef Sirloin Tip Roasts **2.98** lb 6.57kg

Fresh (Air Chilled & Grain Fed) Boneless, Skinless Chicken Thighs **2.98** lb 6.57kg

SAVE \$2.00/LB

SAVE \$1.50/LB

Fresh Atlantic Salmon Fillets **6.98** lb 15.39kg

SAVE \$3.00/LB

Great on the GRILL!

Kellogg's Cereal

- All Bran Cereal 525g
- Bran Flakes 775g
- Froot Loops 425g
- Frosted Flakes 525g

SAVE \$2.00

2.98 Each

Nestle Real Dairy Ice Cream Sandwiches (6 pk) OR Breyers Premium Fruit Bars (12 pk)

SAVE \$2.00

2.88 Each

met-To-Go

fresh times

SAVE \$1.00

Chicken **88** Each

Over-Fresh Bakery

In-Store Baked Artisan Whole Grain Bread **2.28** Loaf

In-Store Baked White Bread **1.18** Loaf

In-Store Baked Strawberry & Rhubarb Pie **3.68** 8" pie

Peter's Pastries Tiramisu Cake **14.88** 7" cake

SAVE \$1.00

SAVE \$4.00

Ocean's Flaked Light Tuna **.78** 170g

Kellogg's Disney Fruit Snacks **1.98** 153g

SAVE .70

Red Rose Orange Pekoe Tea **2.98** 175g

SAVE \$1.50

RED ROSE

Primo Pasta Sauce **.88** 680ml

Welch's Grape Juice **2.48** 1L

11 piece Sushi

In-Store Made, Daily

8 pcs. California Rolls & 3 pcs. Sushi

6.98

Based on regular prices at conventional The Garden Basket Food Markets • Although we strive for accuracy in correct any errors • Specials only available while quantities last • Photos are representational only.