

Are You Suffering from Stress Related Health Problems?

If you are experiencing **Headaches, Insomnia, Fatigue, Depression, Mood Swings, Weight Gain, Neck/Back Pain, Low Sex Drive, or Immune Dysfunction** then Stress could be causing adrenal dysfunction which could lead to serious health problems. Attending our free symposium on **Stress Related Health Problems** may be the most important thing you do this year. You will discover natural solutions and options you can use right away to overcome these problems. Many have reversed the effects of stress and are enjoying much healthier and happier lives.

Health experts **Dr. Allen Turner, DC** and **Farid Wassef, RPh, CCN, Registered Pharmacist, & Certified Clinical Nutritionist** will share their combined 45 years of experience in dealing with these issues. Dr. Turner is an international speaker who has been featured on the Dini Petty Show, National News, Canada AM, CFTO News, and Marilyn Denis CITYLINE. Farid Wassef is a well known speaker and author of the book "Breaking the Age Barrier". They will present a free symposium on Tues. May 23, 7:00 pm at Latcham Hall, 8 Park Drive South, in Stouffville. Call 1-800-479-3176 to reserve your seats today. Seating is limited.

The Regional Municipality of York

Notice of Public Meeting

The Regional Municipality of York Development Charges

Take notice that on Thursday June 8, 2006, the Finance and Administration Committee of the Regional Municipality of York will hold two public meetings pursuant to the Development Charges Act, 1997. The first public meeting will consider a proposed area specific by-law for the imposition of sanitary sewer development charges against land in the Nobleton Community. The second public meeting will consider a proposed amendment to the Region-wide development charges by-law, By-law No. DC-0005-2003-050, in order to exempt land in the Nobleton Community from the sanitary sewer development charge imposed under that by-law.

Regional Council will consider at a subsequent meeting the enactment of the proposed Development Charge By-Law applicable to lands in the Nobleton Community and the proposed amendment to By-Law No. DC-0005-2003-050.

Development charges are levied against new development, and are a primary source for funding growth-related capital expenditures. Regional capital services include water, wastewater, transportation (roads, transit) and general services (police, long term care, health, public works). The Nobleton-specific development charge is to fund the growth-related capital for sanitary sewers in Nobleton.

Regional Council is required under the Development Charges Act, 1997 to hold at least one public meeting to allow the public an opportunity to review and provide comments on the supporting documentation of the proposed By-Law and the By-Law amendment.

All interested parties are invited to attend on:

Thursday, June 8, 2006, 9 a.m.
Regional Administrative Building
17250 Yonge Street
Newmarket, Ontario

Copies of the 2006 Background Studies, the proposed By-Law and the By-Law amendment, together with related staff reports will be available through the Regional Clerk's office by May 25, 2006.

Written submissions are invited and should be directed to Lloyd Russell, Commissioner of Finance and Treasurer, by no later than 4:30 p.m. on June 1, 2006. Inquiries should be directed to the Commissioner of Finance and Treasurer. Anyone wishing to address Committee on the above-noted matters should advise Denis Kelly, Regional Clerk at (905) 830-4444 ext. 1300.

D. Kelly, Regional Clerk



Fewer, larger farms forced business to adapt

BY HANNELORE VOLPE
Staff Writer

A business that knows how to roll with the punches and adapt to the future, while keeping that old-time atmosphere has received the heritage award from the Whitchurch-Stouffville Chamber of Commerce.

As the name implies, the award celebrates longtime local businesses.

Chas. Richards & Sons, which sells farm machinery and small construction equipment, on Main Street, is now in its 77th year as a family business.

It was started by Don Richards' uncle, James Richards, in Agincourt in 1929. Don Richards' dad, Chas. Richards, took over in 1939.

The business has been in Stouffville since the winter of 1955-56, during the time a large part of the farming community left Agincourt for Stouffville.

Farms were much smaller, up to about 100 acres, several decades ago and so were the tractors. Don Richards noted. Farmers would have a few cattle, a few hogs, "A little



DON RICHARDS: There were 15 farm equipment dealers in Stouffville when family business opened.

bit of everything," Mr. Richards said, "but none of it on a large scale."

Back then a couple of thousand dollars would buy a tractor.

Now, with huge acreages required to compete in the agricultural business, tractors have become larger and more specialized and price tags can range from \$10,000 to hundreds of thousands.

When Chas. Richards & Sons arrived in Stouffville,

there were about 15 farm equipment dealers already here. Now there is just one other.

To keep up with the changing times, the company now sells lawn and garden equipment and light duty construction equipment.

The business has been kept all in the family. Mr. Richards' wife, Wanda, handles the bookkeeping and office work; his brother Bruce, although semi-retired, still has a role in the company and a nephew, Brian Richards, is active in the day-to-day business.

Farmers and property owners still flock to the famous pancake lunch the dealership serves up every March. Pickup trucks line Main Street on both sides as people drop by for a hearty stack of pancakes and syrup. Mr. Richards isn't sure when the tradition started, but figures it must be at least 40 years ago.

The business has a large customer base from throughout York Region and some from Durham.

All of the family members involved in the business have

been working there since they were youngsters.

Chas. Richards & Sons is at 5676 Main St. Call 905-640-3830 for more information.

Farmer Jack remembered

Also honoured at the Whitchurch-Stouffville Chamber of Commerce awards was the late Jack Burrows of Farmer Jack's. He was chosen corporate citizen of the year.

Hundreds of Stouffville's young people got their start working in the small family business over the past 25 years. Mr. Burrows was always a supporter of community functions, sports teams and town events.

The company sells stone and wall materials and landscaping supplies.

Farmer Jack's is located at 11862 Hwy. 48 and can be reached at 905-642-5380 or by logging on to www.farmerjacks.ca. There is a second location in Sharon.

To reach reporter Hannelore Volpe, e-mail hvolpe@yrng.com

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