

quality fresh **produce**

Product of U.S.A. or Ontario
No. 1
Fresh, Tender
Asparagus

1.99 lb.
439g

Product of U.S.A., No. 1
Sweet
Blueberries

1.99 1/2 pint
container

READY TO GO SALADS!

Product of U.S.A.

Tanimura & Antle Italian, Tanimura & Antle Caesar, Earthbound Farms Organic Salad Blends

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|---|---|---|
| Tanimura & Antle Garden Salad 454g pkg .99 | Tanimura & Antle Asst. Salad Blends 1.99 pkg | Earthbound Farms Organic Salad Blends 5 oz. container 2.99 |
|---|---|---|

Product of Costa Rica or Guatamala, No. 1 Jumbo
Cantaloupes

1.99 ea.

Product of U.S.A.
Fresh
Spinach

.99 bunch

quality tender **meat**

Fresh Ontario Boneless
Centre Cut Pork Loin Chops or Roasts

2.99 lb.
6.59 kg

Chicken Breasts
Poutrines - poulet

Frozen, Maple Lodge Boneless, Seasoned
Chicken Breast

10.99 ea.
908g

Fresh U.S.D.A Choice Certified Angus
Top Sirloin Steaks

7.99 lb.
17.61 kg

Schneider's Reduced Salt or Regular
Side Bacon

3.69 ea.
500g

Fresh Ontario Split
Chicken Breast

1.99 lb.
4.39 kg

Schneider's
Grill'em Sausages

3.49 ea.
450g

delectable **seafood**

Fresh, Farm Raised
Tilapia Fillets

6.99 lb.
15.41 kg

Frozen, 31-40 Count
AquaStar, Raw Exce Peel
Shrimp

3.49 ea.
340g

Michael



produce

Product of Chile
No. 1, Sweet
Red Seedless Grapes

.99 lb.
2.18 kg

grocery

Freans
Assorted CREME Biscuits

A special assortment of our unique and popular creme-filled biscuits

3/5.00 350g
pkg

oven fresh **bakery**

White or Onion Poppy
Batard

.79 ea.

10" Fruit Flan
or
7" Fruit Cheese Cake

12.99 ea.

In-Store Baked
Apple Pie

2.99 8"

Dempster's
100% Whole Wheat Bread

1.49 675g
loaf

snacking foods

RAISINS
Sunmaid Mini Raisins

Delicious & Nutritious
Ideal for Snacking

1.99 14x14g
pkg

Gear Up for the Grill with Angelico's
Marinades, BBQ Sauces, Rubs & Salsas

Made in-house with no additives or preservatives

3.79 lb.
8.36 kg

Angelico's Self-Serve
Grain Fed, Air Chilled
Roasted Chicken Drumsticks & Thighs

3.79 lb.
8.36 kg

Assorted Colours
Perennial Ground Phlox

5.99 fiber.
pot.

Perennial Shade-Loving
Hostas

3