

# Promoters' first project brings metal bands

Two Markham residents have teamed up to promote something for which they both have unconditional love: the arts.

Jordy Hedderwick and Adam Whiteford, both 21, have formed the company Unconditional Arts, which will promote artists in Markham and the surrounding area.

The duo is open to promoting everything from the music of local bands to the work of poets. Their main criterion

for potential clients? Love your craft. "We want bands that love music and their art unconditionally. We want to help anyone who lives for drawing or movies or music," Mr. Hedderwick said.

Unconditional Arts is promoting six heavy metal bands from across the Greater Toronto Area, including bands from Stouffville and Markham, in its first show today in Stouffville.

The bands are Legion, Burn Moscow, Mailorderbride, Death Remains and Sil-

ver Lying. The headliner is a Band with Blood. Doors open at 6 p.m. in Latham Hall.

Cost is \$10 or \$8 with canned food at the door.

For more information on Unconditional Arts, e-mail [info@unconditionalarts.com](mailto:info@unconditionalarts.com) or send art to [arts@unconditionalarts.com](mailto:arts@unconditionalarts.com) or visit [www.myspace.com/unconditionalarts](http://www.myspace.com/unconditionalarts)

—Justin Sutherland

# Free seminar deals with grief

A seminar for professionals or anyone else dealing with death and grief will be held Tuesday at Chapel Ridge Funeral Home in Markham.

Called when Tears are not Enough, the seminar is by Dr. Bill Webster, director of the Centre for Grief Journey.

Dr. Webster struggled to come to terms with his loss

when his wife died, leaving him to raise two young sons.

The seminar is from 7 to 8:30 p.m. at Chapel Ridge, 8911 Woodbine Ave., north of Hwy. 7.

No registration is required and admission is free.

For more information, call 905-305-8128.

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# HEADACHES???

Suffering from headaches? The most common types are *tensor or cervicogenic headaches (from the neck)*. Symptoms are an aching, tightening or pressing pain across the forehead, behind the eyes, at the temples or in the back of the neck. These headaches are commonly caused from muscle or joint dysfunction in the neck. Chiropractic treatment and acupuncture are very safe and effective treatments for these types of headaches. Call Dr. Moore or Dr. Thomas for your no obligation consultation. We also treat people with shoulder, arm, back, hip and leg pain.

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