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Markham Stouffville Prostate Support Group

presents  
**Dr. Juanita Crook**

U of T/Princess Margaret Hospital, Radiation Oncology

Topic

- BRACHYTHERAPY FOR PROSTATE CANCER
- WHAT HAVE WE LEARNED OVER 15 YEARS?

**Tuesday March 21, 2006, 7:30 PM – 9:00 PM**

Markham Stouffville Hospital – Auditorium

Coffee Served

**Admission is Free**

**For information call (905) 294-5925**

## COMPUTER SECURITY TIPS

▶ Set up a fire-wall, anti-virus and anti-spy software

▶ Tell employees if they don't know the source of an e-mail don't open it

▶ If you have more than one branch office consider storing data on servers at a central location, where it can be better protected and access controlled

▶ Teach employees a few low tech security solutions including how to protect passwords, avoid opening pop-ups or websites they don't know and logging off the system when they leave for the day

— evron.com

# Online crime increasingly common

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Regional Police technological crimes unit said this kind of thing is becoming more commonplace everyday.

"For a business these days, your intellectual assets are likely more at risk than your physical assets," he said. "We don't have statistics) showing conclusively that there's been any kind of migration from traditional crime to cyber crime, but we're certainly seeing it more frequently than we have in the past."

Businesses offering goods for sale over the Internet can be at risk.

Imagine being hit with a denial of service attack that ensures the servers are so inundated with bogus sales, legitimate buyers can't access them.

"It's like thousands of people with no interest in buying anything jamming themselves inside the doors of a store," Det.-Const. Phil Shrewsbury said. "The people who want to buy something can't get in."

Most Canadian businesses seem to be catching on to the fact cyber crime is a reality.

A recent IBM survey showed more than 62 per cent of businesses in the health care, financial, retail and manufacturing industries now believe cyber crime is more costly to them than physical crime.

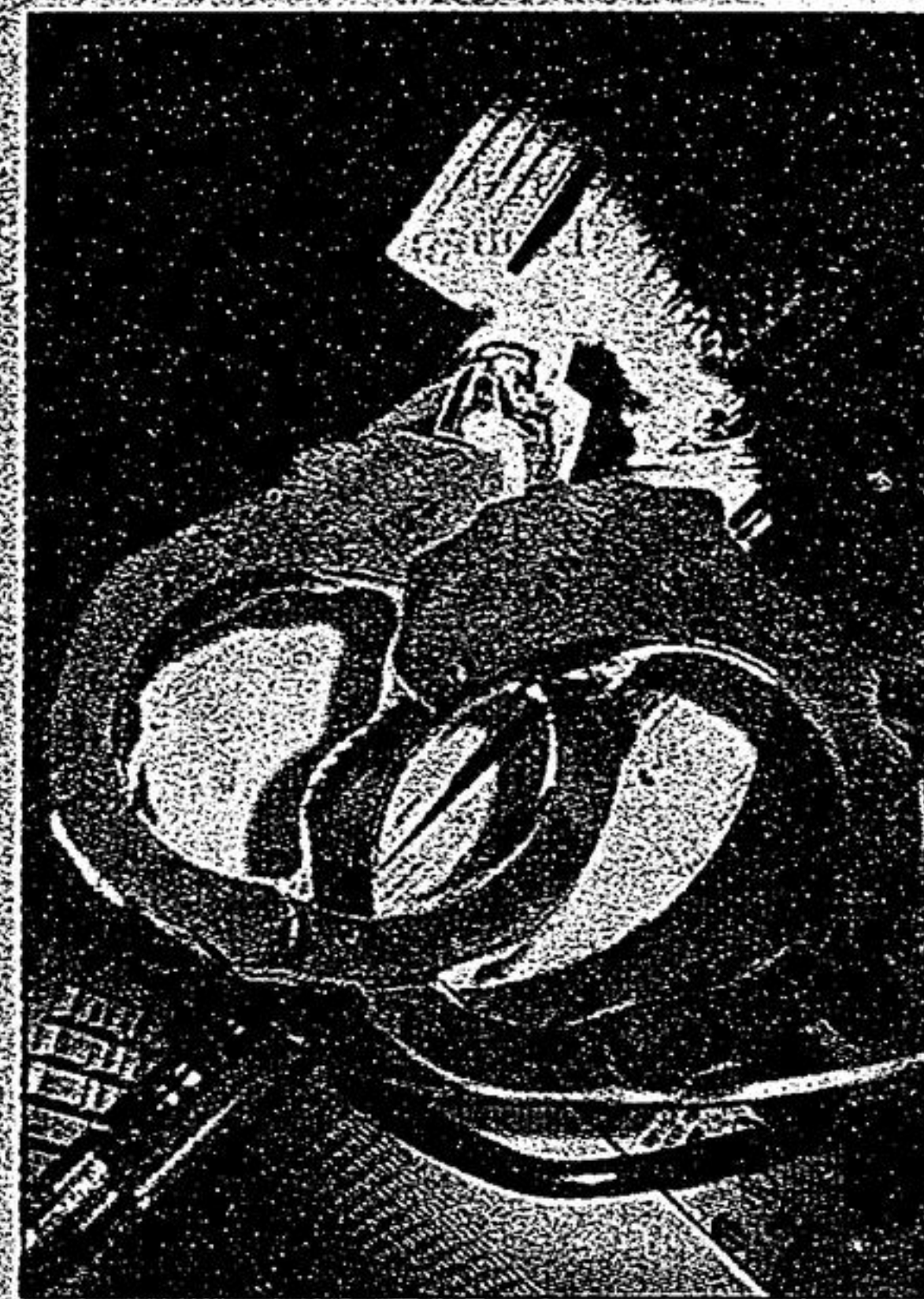
Like theft in most retail businesses a good percentage of the cyber crime police see is internal, Det.-Const. Shrewsbury said.

Almost 70 per cent of participants in the IBM survey said they perceive threats to corporate security come from inside the organization more often than not.

"We're definitely seeing more and more of the disgruntled employee thing," Det.-Const. Shrewsbury said. "Before they might get into an argument and want to punch the boss out, now we're seeing where they've damaged the server rendering it useless, poking around and sharing sensitive information or compromising the integrity of a company's data."

Virus protection, firewalls and intrusion protection software, which help avoid denial of service attacks, are a must in protecting your business from cyber criminals, from outside your four walls or within.

But low-tech solutions can be just as



Hackers turn office computer systems into crime scenes.

important as the high-tech ones, according to Mike Noble, Internet product manager at Markham's Evron Computer Systems Corp., which helps businesses set up new networks and protect existing ones.

"Most businesses have antivirus software, a lot have firewalls, but it's equally as important to have all the layers of protection in place," he said.

"That means paying attention to software and lower tech protection as well, like educating employees about password protection and things like that."

The first step toward protecting your business is awareness, said Amit Sahni, Evron's vice-president of technical services.

Denial of service attacks can start with a simple e-mail and no firewall or e-mail filtering can help you if employees don't learn to avoid opening e-mails from sources they don't trust, he said.

But it doesn't end there. "You need security at multiple levels," he said. "Cyber crime rarely comes from just one source."

Security — cyber or otherwise — just makes good business sense, Det.-Const. Shrewsbury said.

"A business would be remiss in its obligations to itself if it didn't take the necessary steps to protect itself," he said.

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Dr. Joyce Teller-Johnson WIN Pharmaceuticals	Warms & Herbs from PMS to Menopause
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Sat. March 18, 2006

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## Home invasion suspects sought

Police need your help to apprehend three suspects following a home invasion robbery in Markham Wednesday.

At about 8:45 p.m. three bandits barged into a Canning Court home, holding the home's occupants at gunpoint while demanding cash and property.

The victims were forced into the garage and tied up.

Their son returned home during the robbery and was held at gunpoint.

The suspects fled in a dark van. The victims were not injured in the incident.

The suspects are described as male, East Indian and five-foot-10 inches tall to six feet tall and in their late teens with

thin builds.

They were wearing dark toques and jackets and spoke in a Punjabi dialect.

They were all carrying handguns. You are reminded to keep doors and windows locked at all times.

Always know who is at the door before you open your door and report suspicious vehicles and people.

If you are not comfortable answering the door, don't. Make sure you have proper lighting and, if you a robbery victim, cooperate, don't fight back and get a good description of the robbers.

Anyone with information is asked to contact police at 1-866-876-5423, ext. 7873.