

Stouffville Says

By Hannelore Volpe

Do you want a new seniors' centre in town?

What should it offer?

— Asked at Sobeys in Stouffville

Thelma POWELL



Some people at Parkview also go to the Silver Jubilee Club. It would be nice to see a new seniors' centre with more activities such as more entertainment, bingo, shuffleboard and pool.

Jack COGAR



I don't go to the seniors' centre. I like pool, euchre and other card games and might go if a new centre were built.

Marion SCOTT



I have never been to the Silver Jubilee Club because I have plenty of things to do already. The churches in Stouffville are very good to seniors with their programs, and there is the library and swimming pool.

Mary CALBERT



They need to have more afternoon activities rather than always having them in the evening. We could use a new centre with more entertainment, plays and activities.



STAFF PHOTO/SJOERD WITTEVEEN

Junior Kindergarten student Jared Hamilton gets healthy at Summitview Public School during the Healthy Schools, Healthy Kids program

School gets in on health kick

BY CHRIS TRABER
Staff Writer

As a product of your environment, it makes sense that you spend most of your waking hours in places and spaces promoting a healthy lifestyle.

Summitview Public School in Stouffville has taken that approach to heart and beyond.

Summitview, one of 47 (out of 300) schools in York Region participating in the Healthy Schools, Healthy Kids program, reaffirmed its commitment to nutrition and exercise with the unveiling Monday of the winning student logo and slogan.

The co-creation of Grade 8 students Jessica Stallan and Sarah May, an apple, orange and honey bee carrying a banner emblazoned with "Healthy Schools Are Cool", was deemed the winning entry by a student vote.

The colourful logo will be painted as a wall mural and reprinted on hats and T-shirts, Summitview healthy schools committee chairperson Cindy White said.

"We also plan to have it printed up as stickers so teachers can use them as rewards instead of treats," she said, adding once students collect 10 stickers, they can be redeemed for passes at

local pools and skating rinks.

The contest brands a concerted campaign by the committee to ensure the school's 400 students not only participate in physical activity and nutritional eating, but come to appreciate a healthy lifestyle.

The committee, comprising teachers, parents, students, citizens and health professionals, has formed partnerships with community organizations and businesses.

'Policing is not the issue.

For us it's awareness and education.'

York Region Health Services and the Lebovic Leisure Centre in Stouffville are on board to help develop a healthy schools action plan.

Local grocers A&P and Sobeys provided fruits and vegetables for the celebratory assembly complete with student and staff skits, drumming and a visit by Munchwell, a giant carrot mascot and healthy eating ambassador.

The program began when school officials recognized a disturbing provincial trend in their own backyard, Ms White said.

"In our school as well, kids were being rewarded with treats," she said. "Candy was a reward and junk food was part of fund raising. With no cafeteria, we saw what kids were bringing for lunch. Healthy eating was an issue.

"Policing is not the issue. For us it's awareness and education."

The school connected with York Region Health Services.

Public health nutritionist Lucy Valleau endorses the program, a new initiative by the region.

The collaborative effort between Health Services, school services teams and the community hopes to inspire active, healthy living for children, she said.

"The goal is to ensure school practices are consistent with healthy early education," Ms Valleau said. "It's critical to examine the whole, not just packing healthy lunches."

With the logo and slogan in place, the school will focus on an action plan as part of the two year pilot project.

School staff have been provided with a physical activity presentation and resources to support the health and physical education curriculum, Ms White said.

Briefly

Anglican church robbed, vandalized

Christ Church Anglican's new great hall was vandalized overnight Sunday.

Someone broke in through a small kitchen window in the Stouffville church's addition, which was completed late last year, destroying all the metal doors in the room.

Not much was taken, a shaken Fr. Rob Shields said. It appears the only things the thief or thieves stole were two candlesticks from the church's old altar and two small prints from one of the offices.

"All the brand-new metal doors are just wrecked," Fr. Shields said.

His desk, which was locked, was also destroyed.

York Regional Police are investigating.

Sugar Shack back

The Sugar Shack is in full swing again at the Sargabush Festival at Bruce's Mill Conservation Area.

That means pancakes, maple syrup from the tree and a host of activities beginning Friday.

Live entertainment for children is provided daily during March Break by Sho, Mo and the Monkey Bunch. Performances are at 11:30 a.m., 1 p.m. and 2:30 p.m.

Bruce's Mill, on Stouffville Road east of Warden Avenue, is open from 9 a.m. to 4 p.m. daily for the festival. It begins Friday and goes to April 17.

Admission is \$7 for adults and \$5 for children aged five to 15. Seniors get in for \$5 and children younger than four have free admission. Parking is free.

For more information, check out trca.on.ca and click on Tap into Spring.

CORRECTION

Restriction still in effect

The story *Old fighting new in neighbourhoods* in the Feb. 16 Sun-Tribune contained an error.

A restrictive covenant on land where the Northern Gate Retirement Community is to be built in east-end Stouffville is still in effect.

Contacting Us

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