

**Healthy Choice Pick of the Week**  
 "Great for Guacamole!"  
 Product of Mexico  
**Hass Avocados**  
 Easy "Superbowl" Guacamole Recipe  
 • 3 medium ripe avocados • 1 clove garlic  
 • 1.5 tablespoons lime juice • Salt & pepper to taste  
 • 3/4 cup peeled chopped tomatoes Mash avocados; Stir in remaining ingredients.  
 • 1/4 cup finely chopped onion

GOOD SOURCE OF HEARTY HEALTHY MONOUNSATURATED FAT

**SAVE .50**

**0.78** ea.

**GARDEN BASKET**

Putting Quality & Freshness into your B...

1997-2005  
 HONOLULU GREAT AWARDS WINNER  
 ECONOMIC & SUSTAINABLE

**Quality fresh Produce**

California or Florida Fresh Lusciously Sweet  
**Strawberries**  
 1/2 PRICE  
**1.49** / pint

California Fresh Sweet 'N Juicy  
**Large Seedless Oranges**  
 1/2 PRICE  
**.49** lb 1.08kg

Product of Canada, No. 1 Grade  
**Baby Portobella Mushrooms**  
 SAVE \$1.00  
**2.98** 12oz basket

Product of USA Sweet 'N Juicy  
**Ruby Red Grapefruit**  
 SAVE .30/LB  
**.68** lb 1.50kg

Product of USA or Mex. Fresh, Regular  
**Black Eggplant**  
**.98** lb 2.16kg  
 1/2 PRICE

Product of USA or Mex.  
**Sweet Grape Cherry Tomatoes**  
 1/2 PRICE  
**1.98** pint

**Fresh Bone-In Chicken Breasts**  
 LESS THAN 1/2 PRICE  
**1.88** lb 4.14kg

**Cooked Fresh Several Times Daily Large Whole BBQ Chickens**  
 SAVE \$2.00  
**5.88** ea.  
 Whole Chicken Meal Deal 9.98

Aged for 21 Days Cut from Canada AAA Beef  
**Boneless Top Sirloin Grilling Steak or Premium Roasts**  
 AGED FOR 21 DAYS  
**4.98** lb 10.98kg  
 SAVE \$3.00/LB

**The Butcher Shop**  
 Fresh Boneless Pork Sirloin Roasts or Chops  
**2.49** lb 5.5kg  
 Janes Crispy Fish Fillets  
 SAVE \$3.00  
**4.98** 575g

Product of USA Fresh 'N Juicy  
**Lemons**  
 SAVE .50  
**1.48** Bag of 7

Juice Bar  
 Freshly Squeezed Daily  
**100% Pure Orange & Grapefruit Juice**  
 SAVE \$1.00  
**2.98** 1L bottle

The Flower Garden  
 Ontario Greenhouse Grown Colourful, Large Potted  
**Daffodils**  
 SAVE UP TO \$3.00  
**4.98** ea. OR **2/9.00**

**Super Bowl Snacks**

**Chocolate Covered Pretzels**  
 SAVE \$3.00  
**6.98** 851g jar

**Planters Peanuts (Dry Roasted & Salted)**  
 SAVE \$2.00  
**3.98** 600g jar

**Planters Salted & Roasted Cashews**  
 SAVE \$2.00  
**4.98** 275g can

**The Delicatessen**

**San Daniella Mortadella**  
**1.18** /100g

**Maple Leaf Black Forest Ham**  
**1.18** /100g

**Pillars German Salami**  
**1.68** /100g

**Emma Canadian Emmental Cheese**  
**1.58** /100g

**Gourmet Bake Home Grown Cook Pre-portioned Ready-To-Eat (Available in 100g)**  
 • Chocolate  
 • White Chocolate  
 • White Chocolate  
 • Oatmeal  
 • Oatmeal

Regular Hours: Mon.-Wed. 8am-9pm; Thurs.-Fri. 8am-9:30pm; Sat. 7am-8pm; Sun. 8am-7pm

www.thegardenbasket.ca

• We reserve the right to limit quantities • No rainchecks • Savings based in both copy and illustrations, errors may occur. • We reserve the right