

The Economist & Sun/Sun-Tribune welcomes submissions of upcoming events from community organizations. While every effort is made to include all submissions, there is no guarantee of publication. E-mail items to newsroom@econsun.com. Please avoid attachments; submit information in the body of the e-mail.

NOTICES

BOOK DONATIONS

Whitchurch-Stouffville Library needs books for its annual book sale to be held at the end of March. Children and adult paperbacks and hardcovers are welcome. Call Carolyn at 905-642-7323, ext. 223.

LIVER FOUNDATION

The Canadian Liver Foundation needs volunteers for its newest chapter in York Region. Please contact Gina Lipton at 1-800-563-5483 or e-mail glipton@liver.ca to sign up for our volunteer information meeting. If you would like more information, visit www.liver.ca

CHATS

Volunteer drivers are needed throughout York Region to take seniors to malls, restaurants and medical appointments. Use your

own vehicle and have mileage reimbursed. Call Community Home Assistance to Seniors (CHATS) at 905-713-3373, ext. 6051.

SPECIAL EVENTS

TODAY

Has worry got the upper hand? Discover Facing Our Fears during Saturday Night @ Unionville Alliance Church, an explosive monthly event that includes music, drama video and reflection to help all of us grow by addressing topics to do with life and spiritual things. Check out www.uac.ca for more info. Childcare provided for infants and children up to Grade 3. Call the church, 4898 Sixteenth Ave, at 905-477-1104.

The Islamic Shia Ithna-Ashen Jamaat of Toronto host an open house seminar to foster interfaith dialogue and goodwill. At this event, the position of Jesus in Islam will be discussed. The program starts at 6 p.m. at the Ja'fari Islamic Centre, 7340 Bayview Ave. in Thornhill. The guest speaker is Rev. Bruce Balmer from Kitchener and the main speaker is Maulana Rizvi, the resident Imam of Ja'fari Islamic Centre. Should you require further information or additional details, contact the

Ja'fari Islamic Centre at 905-881-1763, or e-mail Tabligh@ja'fari.org

TOMORROW

The Alzheimer Society of York Region is pleased to announce seven walks will be held throughout York Region in January during National Alzheimer Awareness Month. You can register for the Sunday walks at Richmond Hill's Hillcrest Mall, Stouffville District Secondary School gym or Upper Canada Mall in Newmarket, collect pledges, or give a donation online at www.walkformemories.ca. Walks start at 11 a.m. All ages welcome.

Considering private school for your child? Then visit the York Region private education fair Jan. 29 at the Premiere Ballroom & Convention Centre, 9019 Leslie St. in Richmond Hill from 11 a.m. to 4 p.m. Meet representatives from schools across York Region and beyond. The show features options from preschool to high school.

Best-selling author Bruce Wilkinson will be at Unionville Alliance Church, 4898 Sixteenth Ave., at 9 and 10:45 a.m. With more than 22 million combined copies sold and two no. 1 New York Times best-sellers, Mr. Wilkinson, author of *The Prayer of Jabez* has spoken world-wide and been a guest on broadcasts

such as Larry King Live, NBC's The Today Show and 100 Huntley Street. He will be speaking on *The Dream Giver* and *The Prayer of Jabez*. To find out more, visit www.uac.ca/events.asp or call 905-477-1104.

WEDNESDAY, FEB. 8

York Young Singles Network, a social group for singles ages 20 to 30, will play glow-in-the-dark mini-golf at Putting Edge in Vaughan. Meet in the front lobby at 7:30 p.m. Admission is \$8.50 per person. For more information, go to <http://yysn.cjb.net> or call 905-868-8793. Please RSVP.

York South Christian Women's Club meets, 9:30 a.m., at Heintzman House, 139 Bay Thom Dr. in Thornhill featuring the ultimate truffle chocolatier. Tickets \$6. \$2 for young moms. Call Pat at 416-491-7343.

FEB. 25

Reunion weekend at Milliken-Wesleyan Methodist Church features the University of Toronto Gospel Choir from 6 to 8 p.m. at 3 Clayton Dr. (Kennedy Road and Steeles Avenue). A free will offering will be taken to help support the choir's ministry. Please feel free to bring a non-perishable food item for the food bank. Call 905-475-3579.

FEB. 25 & 26

Come out and watch as members of the Siberian Husky Club of Canada race the trails of Kortright Centre for Conservation from 10 a.m. to 4 p.m., 9550 Pine Valley Dr. in Woodbridge. Appropriate snow conditions are necessary. Cost is \$7 for adults, \$5 for children, students and seniors. Children four and younger are admitted free with their family. Members are free. Parking is \$3 per vehicle. For information, call 905-832-2289 or visit www.kortright.org

MEETINGS

WEDNESDAY, FEB. 1

Markham High 5-0 dinner and meeting. Friendship group for widowers, widows/separated/divorced singles. Activities include dinners, parties, walks, theatre outings, movies, etc. For further information, location and reservation call 905-201-1635.

LA LECHE

La Leche League Markham offers breast-feeding information, support and phone-help. Meetings take place the second Thursday of every month at 7:30 p.m. For more information, call 416-483-3368.

FOCUS ON BUSINESS

aesthetic light centre
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eliminate sunspots, spider veins
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FREE CONSULTATION AND TEST PATCH

Winter ideal time for hair removal

Despite the frosty landscape outside, for those who regularly cope with the nuisance of unwanted hair, those intimidating summer days that feature bathing suits and shorts are fast approaching.

Fortunately for these former waxers, tweezers, shavers, and pluckers, technology and expertise in hair removal -- as well as skin rejuvenation -- has made dramatic advancements over the past few years.

The Aesthetic Light Centre, located in Markham, specializes in safe, fast, and cost-competitive hair removal and photo-rejuvenation therapies. Using a revolutionary new intense pulsed-light process, the centre assists their patients to eliminate unwanted hair, as well as to achieve younger looking skin by decreasing age and sun spots, spider veins, and other blemishes such as redness caused by rosacea.

"The Palomar Estelux Intense Pulsed-Light System is the latest development in permanent hair reduction technology," said the centre's certified pulsed-light technician, Tracy Donald. "The system, which is also able to address a wide range of skin imperfections, has been shown to provide effective results while minimizing both discomfort and recovery time for the patient."

Equally beneficial to both men and women, the Estelux can be used on almost any part of the body, although the most popular areas for treatment include the arms, legs, the bikini area, the back, and the chest.

"Similar in function to a conventional laser, the Estelux emits an intense beam of light, but it provides hair removal and photo-rejuvenation up to ten times faster than any previous means. And, unlike former methods of laser treatment, it has the capability to produce desirable results on all different types of skin and colours of hair," Ms Donald said.

The outcomes reported have been phenomenal, and have proven instrumental in restoring confidence to those who have achieved beautiful, hair-



free skin without wasting time and money on other, less effective methods of hair removal.

"The winter provides the ideal opportunity to initiate the hair removal or photo-rejuvenation process," Ms Donald said. "That's because, while patients are undergoing treatments, they are firmly advised to stay away from the direct sunlight. It's during this period that their skin will be more vulnerable to the harsh rays of the sun. In the winter, we spend most of our time away from the sun anyway, so treatments started now won't interfere with those much-anticipated summer activities. Better yet, the cost associated with treatment can be lower this time of year."

Through the Aesthetic Light Centre, Ms Donald, who also holds a diploma in electrolysis, is currently offering all new patients a complimentary evaluation and test patch. She takes each new client through a full presentation of the treatment process, and determines whether or not they are a suitable candidate for this type of procedure.

Anyone who wishes to book a complimentary consultation is invited to call (905) 948-9096 or drop by The Aesthetic Light Centre at 8312 McCowan Rd., Ste. 206.

The days of feeling self-conscious in revealing warm-weather fashions may soon be frozen in history.

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THIS WEEK'S FEATURES

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60 ESNA PARK DR., UNIT 5, MARKHAM
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