

# DEN NET

h Tree-mendous  
Since 1929!



Closing Wednesday, November 30, 2005.

**Introducing Life Choices, Chicken Strips & Nuggets**  
 Made with premium quality air chilled chicken, vegetable grain-fed, raised without animal by-products and antibiotics.

Custom-made Multigrain Coating, with flax, whole grains and oats, provide sources of Omega-3 and fibre. Products are all prepared without frying therefore are low in saturated fat and Trans Fat Free, making them a nutritious meal that kids will love to eat!

- Made with Vegetable Grain Fed Chicken, raised without Animal by-products & Antibiotics
- Breaded with whole grains, oats & flax
- Source of Omega-3 from flax
- Zero Trans Fats & low in saturated fats
- Prepared without frying
- No additives or preservatives
- Source of fibre & iron
- Very convenient & easy to make!

**SAVE \$3.00**

**SPECIAL INTRODUCTORY OFFER!**

**6<sup>88</sup>**  
600g pkg

**Demo, Sat. Nov. 26th**

**Additional Fish Fillets** **1/2 PRICE**

**JANES** Traditional Battered Fish Fillets **98**  
575g-585g

**Royal Bathroom Tissue** **1/2 PRICE**

**Royale** **1<sup>98</sup>**  
(Limit 5) 8-roll

## Brand Name Groceries

**Evian Natural Spring Water** **.98** 1 bottle  
**1<sup>176</sup>** Case of 12

**Heinz Ketchup** **2<sup>88</sup>** 1L

**Higgins & Burke Gourmet Teas** **1<sup>88</sup>** 20's

**Perugina Pannettone** **4<sup>98</sup>** 1750g (Limit 4)  
**SAVE \$3.00**

**Billy Bee Honey** **2<sup>68</sup>** 375ml Squeeze

**Coke, Sprite, Canada Dry or C Plus Soft Drinks** **SAVE .60**  
**.98** 2L bottle

## Meat & Seafood

**Aged for 21 Days**  
Cut from Canada AAA Beef

**Inside Round Oven Roasts** **SAVE \$1.50/LB**  
**3<sup>48</sup>** lb. 7.67kg

**Fresh Bone-in Centre Cut Pork Loin Chops** **2<sup>98</sup>** lb. 6.57kg  
**SAVE \$2.00/LB**

**Aquastar, Frozen Tilapia Fillets** **SAVE \$1.00**  
**3<sup>98</sup>** 454g bag

**Yoplait Fat Free Source Yogourt** **SAVE \$1.00**  
**1<sup>98</sup>** 650g

**Bretton or Vinta Crackers** **1<sup>98</sup>** 200-225g

**Ocean's Solid White Albacore Tuna** **1<sup>68</sup>** 170g  
**SAVE OVER \$1.00**

**Locker Gran Pasticceria Milk Chocolate Biscuits** **1<sup>78</sup>** 100g  
**SAVE OVER \$1.00**

**Wilde (All Natural) Pure Fruit Juice** **SAVE OVER \$1.00**  
**1<sup>98</sup>** 1L

**Dare Simple Pleasures Biscuits** **SAVE \$1.00**  
**1<sup>98</sup>** 350g

## met-to-Go®

**fresh net ps** **SAVE \$3.00**

**Artisan Ciabatta Bread** **SAVE .60**  
**1<sup>88</sup>** loaf

**White Chocolate Cranberry Cookies** **SAVE \$1.00**  
**3<sup>98</sup>** 20 pack

**Homestyle Mini Butter Tarts** **2<sup>88</sup>** 12 pack

**In Store Baked Large Croissants** **6/1<sup>88</sup>**

**Royal Facial Tissues** **1<sup>88</sup>** 96's

**International Delight Flavoured Coffee Whitener** **1<sup>98</sup>** 473 ml

**9 piece Sushi** **6<sup>98</sup>**  
6 pcs. California Rolls  
3 pcs. Sushi

ed on regular prices at conventional The Garden Basket Food Markets • Although we strive for accuracy to correct any errors • Specials only available while quantities last • Photos are representational only.

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