

WELCOME TO THE GARDEN BASKET

HAPPY BIRTHDAY

your Basket Since 1929

closing Wednesday, November 2, 2005

Rosemary's healthy product feature

Introducing... Fresh, Air Chilled
100% Certified Organic Whole Chickens

Why choose 100% Certified ORGANIC FOR EVERYONE™ poultry?

- 100% Natural, no added nitrites, water, sodium or preservatives.
- Raised without antibiotics, pesticides & chemical fertilizers.
- Fed NO animal by-products.
- Always in harmony with the eco-system.
- GMO Free • Air Chilled • No Trans fats • Gluten Free
- Contains on average 50% more vitamins, minerals & other nutrients than non organic counterparts.
- Birds are raised according to stringent standards & are certified by organic certifiers Quebec Vrai (under CAAQ & NOP).
- Contains 120 calories & 20g protein/ 100g serving.

WE ALSO CARRY FRESH, 100% CERTIFIED ORGANIC BONELESS, SKINLESS CHICKEN BREASTS & THIGHS

NEW
SAVE \$1.50/LB
2.98 lb / 6.57 kg

one-in
illed,
Fed
Breasts

1/2 PRICE

Minute Maid Premium
Simply Natural
Orange Juice
1.75 L
Not from concentrate

1/2 PRICE

25 lb. / 4.96 kg

Five Alive Citrus
2.84 L Jug
1.75
Limit 4

Brand Name Groceries

Lancia Pasta **.88** 900 g

Nestle Kit Kat or Favourites Halloween Chocolates **1.68** 12 pack

Red Rose Orange Pekoe Tea **2.98** 72's

Skippy Peanut Butter **1.68** 500 g
SAVE \$1.30

D'Angelo Apple Juice **.88** 1.36 L

Breyers Viennetta Ice Cream Cake or Oh Henry Ice Cream Bars **2.98** 600 ml or 8 pack
SAVE \$2.00

Top of Seafood

Aged for 21 Days.
Cut from Canada AAA Beef
Cap-Off Prime Rib Roast
6.88 lb. / 15.17 kg
SAVE \$4.00/LB

Fresh Tilapia Fillets
6.88 lb. / 15.17 kg
SAVE \$2.00/LB

Fresh, Bone-In
Centre Cut Pork Loin Chops
3.48 lb. / 7.67 kg
SAVE \$1.90/LB.

Chapmans Ice Cream **2.48** 2 L

Kellogg's Raisin Bran or Raisin Bran Crunch **3.68** 500 g - 775 g

Kellogg's Nutri Grain Bars **2.48** 295 g

Ronzoni Pasta Sauce **1.98** 700 ml
SAVE \$1.50

Orville Redenbacher's Microwave Popcorn
• Minis (8 pk) • Family (6 pk) or • Ultimates (4 pk)
2.98 (ea.)
SAVE \$1.50

met-to-Go®

ked Several
mes Daily

SAVE \$4.00

In-Store Baked European Style White Baguettes **.98** Loaf

Homestyle Mini Butter Tarts **2.88** 12 pack

Schaaf Foods Twin Pack Loaf Cakes **4.48** 2 x 325g

In Store Baked Mini Croissants **2.68** 16 pack

Sunkist Fruit Snacks **1.88** 8 pk

Astro Yogourt Multipacks **3.98** 12 x 125g

12-piece Sunkist 12 Pcs. of Vegetarian Rolls **5.48**