



# REGISTRATION



**Taoist Tai Chi**  
905-471-5619



**A Healthy, Energetic, Peaceful Self!**  
**Open House - Markham**  
70 Main Street, Unit 16  
Phone: (905) 471-5619  
Sunday September 11th from 10am - noon  
**New Beginner Classes**  
Monday September 12th from 10am - noon  
Wednesday September 14th from 7pm - 9pm  
A Registered Charitable Organization #: 11925 8655 RR0001

**TORONTO WADO-KAI**  
**Karate**  
Expert instruction  
Chief Instructor - Dave Manara

- Internationally recognized 8th degree Black Belt
- Trained in Japan with World's best
- Winner of many international awards
- Sports Canada Award 1973
- 40 years Karate experience
- Ryerson University Hall of Fame Inductee

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- Economical Rates • Flexible Memberships
- Separate Classes for Children

**MARKHAM** Grace Anglican Church  
19 Parkway Ave.  
(E. of 48, opposite Bullock)

**UNIONVILLE** Somerset Academy  
7700 Brimley Rd  
(at 14th Ave.)

Classes also available at  
**Thornhill Community Centre**  
905-513-9446  
[www.torontowadokai.com](http://www.torontowadokai.com)  
For more information call 905-513-9446

**PIANO LESSONS**  
Friendly, encouraging environment.  
RCM/Pop.  
Call Rosemary  
905-479-1163

**FUN! FUN! FUN!**

**Music Lessons & Drama Classes**  
Qualified & Caring Teachers of the Highest Standard  
Of Excellence & Artistic Integrity

905-471-3001  
416-575-5951  
[www.artsintegra.com](http://www.artsintegra.com)

**Always known your health could be better?**

Incorporate naturopathic medicine in your life  
Address health problems using a comprehensive holistic plan  
Gain therapeutic effects with low adverse risks

Get professional advice from licensed and board certified doctor Jennie Cheung ND, now practicing in Markham. Naturopathic health insurance is covered by many employer's plans.

**For information, please contact 905-471-5322**  
- Live in health - In professional practice since 1998 - Live in Health

**The Dance Institute**  
"Dance is a beautiful art form that enhances a child's self confidence, posture and poise."  
Director: Sharon Walsh-Mehaffey (A.I.S.T.D., C.S.I.B.)



LIMITED SPACE STILL AVAILABLE IN ALL DISCIPLINES

**NEW!** MINI DANCE DIVISION (Ages 5-7 years)  
• MUSICAL THEATRE • JAZZ • TAP • ACRO  
Tap Classes now available for ALL LEVELS!

Three convenient locations in the Markham / Unionville Area

FOR INFORMATION & REGISTRATION PLEASE CALL:  
**905-472-4443**

*Striving for Excellence*

**YOGA**  
Counteract Stress, Relax and Breathe  
Six Classes in this Ancient Discipline  
Starts Tues., Sept. 13th and Thurs., Sept. 15th  
9:30 to 10:40 a.m. or 7:30 to 8:40 p.m.  
Please register by Mon. Sept. 12th  
Call Anne Taylor (905) 475-3742 today

**ALAN HOBBS**  
MUSIC STUDIO  
PIANO & THEORY TEACHER  
Lessons for all grades including A.R.C.T.  
Preliminary Rudiments to Grade 4 Theory  
Experienced teacher and performer  
B. Mus., M. Mus., Art. Dip.  
905-475-2340

**MARKHAM AQUATIC CLUB**  
COMPETITIVE and PRE-COMPETITIVE SWIMMING  
FALL TRY-OUTS  
Angus Glen  
Tues. Sept. 13, 4:30 P.M. Start OR Thurs. Sept. 15, 4:30 P.M. Start  
OR Sat. Sept. 17, 7:30 A.M. Start  
(Only for those unable to attend on the 13 or 15)  
REGISTRATION AND EQUIPMENT SALE FOR NEW SWIMMERS ONLY  
(must have attended try-outs)  
Angus Glen  
Sat. Sept. 17, 9:00-11:00 A.M.  
For more info, call MAC office:  
905-475-8161

**MARKHAM SPEED SKATING CLUB**  
**OPEN-HOUSE**  
Saturday September 10 1:30 p.m. to 3:30 p.m.  
Mount Joy Arena (16th Ave. East of Highway 48/Markham Rd.)  
Everyone welcome to try this exciting sport.  
We provide the skates, you bring a helmet & gloves.  
Visit [www.markhamspeedskating.org](http://www.markhamspeedskating.org) or  
call Roger Buxton 905-477-0335 for information.