



into your Basket Since 1929

Closing Wednesday, August 10, 2005.

Lean Beef

45% OFF

1.98

Family lb. 4.37 kg

McCain Drinking Boxes

1/2 PRICE

McCain **Apple Grape Juice** 10 boxes **1.75** (Limit 6) 10 x 200 ml

McCain **Strawberry Kiwi Punch** 10 boxes **1.75** (Limit 6) 10 x 200 ml

Rosemary's healthy product feature

All Natural Flavoured Peanut Butter

Peanut Butter & Co. is the brand name of these all natural, nutritious, fun to eat & outstandingly delicious flavoured peanut butters.

- It comes in 4 all natural varieties to choose from: Dark Chocolate, White Chocolate, Cinnamon Raisin Swirl & The Heat Is On.
- They're made from a special blend of freshly ground peanuts that are chosen for their taste, texture & natural sweetness.
- No hydrogenated oil, artificial flavours or preservatives.
- Gluten Free • No refined sugars
- It's cholesterol free & can help improve your HDL-LDL ratio.
- It's a vegetarian source of protein, contains vitamin E, niacin, phosphorous & Magnesium.
- Good source of natural folic acid, an essential nutrient during pregnancy and the prevention of heart disease.
- For a healthy snack, spread your favourite peanut butter flavour on our healthy, all natural TLC crackers (Available in aisle # 4A). Enjoy!

Peanut Butter Available in Aisle # 2B (near the end, top shelf)

Top Seafood

Cardinal Meats Burgers

- Roadhouse
- Angus
- Roadhouse

8.88 box 1.02 - 1.21 kg

Fresh Atlantic Salmon Fillets

6.98 lb. 15.39 kg

SAVE \$2.00/LB.

Ontario Baby Pork Back Rib

5.98 lb. 13-18 kg

SAVE \$2.00/LB.

Oven Fresh Bakery

To-Go® and Salads

- Macaroni
- Coleslaw

88 500 g

2.28 6 pack

Trans Fat Free Muffins

- Blueberry
- Bran Raisin
- Carrot

1.98 Loaf

Schaaf Foods Loaf Cakes

2.68 390 g

In Store Baked Croissants

6/1.88

Brand Name Groceries

Dare Simple Pleasures Biscuits **1.98** 300g 350g **SAVE \$1.00**

Breton Crackers Regular only **1.98** 225 g **SAVE .50**

Lavazza Rossa Espresso Coffee **9.98** 1 kg beans **SAVE \$4.00**

Mazola Corn Oil **3.88** 2 L **SAVE \$1.80**

Nestle Pure Life Spring Water **1.98** 12 x 500 ml **SAVE \$2.00**

General Mills Oatmeal Crisp Cereal **2.98** 475 g 525 g **SAVE \$2.00**

McCain Cream Pies **1.98** 340 g **1/2 PRICE**

Heinz Ketchup **2.88** 1 L **SAVE OVER \$1.00**

Imported from Italy Itaipizza Thin Crust Pizza **3.98** 320 g 370 g **SAVE \$2.00**

Ceres All Natural Fruit Juice **1.98** 1 L **SAVE \$1.00**

- No preservatives
- No artificial colours or flavour
- No sugar added

Majesta Bathroom Tissue **3.98** 16 roll **SAVE \$2.00**

Maxwell House Roast & Ground Coffee **1.98** 300 g **1/2 PRICE**

Snuggle Ultra Fabric Softener **5.68** 90 Loads - 2.7 L **SAVE OVER \$4.00**

9 pieces Sushir 6 Pcs. of California Rolls & 3 Pcs. of Tofu Sushi **5.48**

based on regular prices at conventional The Garden Basket Food Markets • Although we strive for accuracy to correct any errors • Specials only available while quantities last • Photos are representational only.

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