

GARDEN BASKET

Freshness into your Basket Since 1929

Thursday, July 14, 2005

Rosemary's healthy product of the week

XanGO™ - (Mangosteen Miracle Juice)

- XanGO™ was created from 2 words, Xanthenes and Mangosteen. It is the first dietary supplement of its kind and symbolizes the best in scientific research & the most trustworthy in delivering nutritional benefits.
- XanGO™ harnesses the incredible nutritional power of the WHOLE MANGOSTEEN FRUIT. What's remarkable is that the mangosteen - not just the inner flesh, but the outer rind - the pericarp - is particularly rich in Xanthenes.
- XanGO™ is a proprietary formulation featuring mangosteen whole fruit puree, utilizing all the xanthone-laden components of the fruit.
- It is the only product on the market that uses the whole mangosteen fruit creating a xanthone rich, heavenly delicious beverage that brings a wealth of incredible benefits
- No added sugars, MSG or gluten and will not cause any adverse side effects.
- Serving: 1-3 ounces (preferably) in the morning with breakfast or any time of day.
- One single drink is all you need to get the miraculous benefits of xanthenes: which help protect against free radical damage, support immune, digestive, cardiovascular & nervous system health and so much more.

SEE MANGOSTEEN FRUIT WRITE UP FOR MORE INFORMATION. VISIT OUR XanGO™ & MANGOSTEEN DISPLAY in our produce department for detailed information on this product.



Surf & Turf Special

Days, a AA Beef (loin on) packs

Ready for the BBQ, Peeled & Deveined Black Tiger Shrimp Skewers

Great on the grill!

1/2 PRICE

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1.75 ea.



Top & Seafood

SAVE 34% Fresh Pork Loin Chops Centre Cut **SAVE \$1.50/LB**

SAVE \$4.00 Fresh Trout Fillets **SAVE \$2.00/LB**

In Store Made Lean Beef Burgers **4.88** 4 x 6 oz = 680 g

3.48 lb. 7.67 kg

6.88 lb. 15.17 kg

Great on the grill!



Over Fresh Bakery

Trans Fat Free Thingamabobs Two Bite Brownies **2.48** 280 g

Homestyle Mini Tarts **2.88** 12 pack

In Store Baked European Style Artisan Big Foot Ciabatta **1.88** Loaf

In Store Baked Flax Bread **1.68** Loaf

6.98 each



Brand Name Groceries

Powerade Sports Beverage **1.98** 710 ml

VH Dipping Sauces **1.78** 455 ml

Dad's Oatmeal Cookies **1.98** 350 g

Yoplait Source Fat Free or Delicieux Yogourt **1.98** 4 x 130 g

Kellogg's Family Pack Eggo Waffles **2.88** 625 g (16's)

Kraft Mayonnaise **1.98** 750 ml

Betty Crocker Fruit Roll Ups (10 pk.) or Dunkaroos (170 g) **1.78**

Kellogg's Mini Wheats or Extra Cereal **3.68** 345 g - 725 g

Dr. Fresh Family Pack Toothbrushes **1.98** 6 pack

1/2 PRICE

Great Charcoal Premium Hardwood Lump Charcoal or Briquettes **4.88** 4 - 4.5 kg

Danish Butter Cookies **1.98** 200 g

1/2 PRICE

Dorgel Gelato (2 L) or Tartufo (4 x 125 ml) **3.68**

Country Harvest Bread or Bagels **1.68** 675 g



Based on regular prices at conventional The Garden Basket Food Markets • Although we strive for accuracy, we do not warrant the accuracy of this information. • Specials only available while quantities last • Photos are representational only.