

**COMMUNITY CARE ACCESS**  
Centre of York Region

**We're here for you...**

Coming out of hospital? Suffering an illness or injury?  
Need personal care to maintain your independence?

Are you eligible for health care at home? Call the  
CCAC of York Region at **1-888-470-2222**

This message brought to you as a community service of  
The Economist & Sun/Tribune

**642-5111 852-6711**  
*Durham Steam Cleaning*  
LOOSE-RUGS  
BROADLOOM  
UPHOLSTERY  
3M Scotchguard

**THE MARKHAM SPRING HOME SHOW**  
**Vendors Wanted**  
www.markhamhomeshow.com  
**February 25, 26, 27, 2005**  
**Markham Fairgrounds**



For sponsorship information or to book your booth, call  
**1-888-211-7288 ext. 224**  
SPACE IS LIMITED!

**Crafters! Show & Sell your Handiwork**

**November 28, 2004**  
**Premiere Ballroom**  
**Richmond Hill**

**December 4, 2004**  
**Community Centre**  
**Newmarket**

For exhibitor information call:

**905-642-1908 ex 224**  
**1-888-211-7288 ex 224**



**SHOWROOM SALE**  
NOV. 20 & 21 10am - 4pm  
**ALL Pool Tables Must Go!**  
One Weekend Only! While Supplies Last



SAVE UP TO **\$500<sup>00</sup>**  
On showroom model 4x8 Beringer Pool Tables

Other in-store specials include:  
• Used Solid Oak Tables \$1,000  
• Combination Cue Racks  
• Pub Tables  
• Pub Chairs  
• Lights & much more

**Nelson Billiards**  
sales · service · accessories  
18 Ringwood Drive, Stouffville  
905-640-0011  
www.nelsonbilliards.com

Over 20 Years in Business

**YES!**  
**WE CAN DELIVER YOUR FLYERS FROM 4¢**

For more information on reliable flyer distribution anywhere in the Greater Toronto Region

Contact: Steven Feld  
905-294-2200 x3321  
Cell 416-836-8292

Competitive design and printing rates available.

**NEW BONUS PAK**

A powerful marketing envelope filled with exciting savings!

One very low rate includes design, printing & distribution  
Call for more information.

lose up to 7 lbs. per week • personalized weight programs  
free one-on-one consultations

Andrea lost 62 pounds & 82 inches



lose weight for **\$1 per day!**

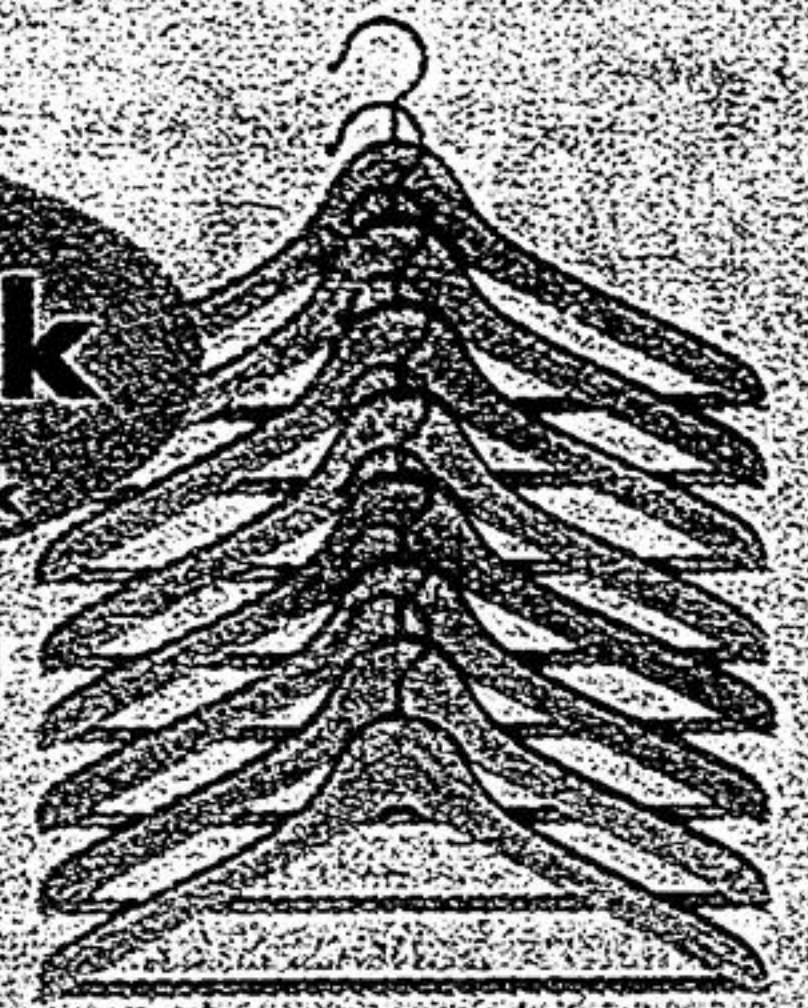
**Herbal Magic**  
WEIGHT MANAGEMENT AND NUTRITION CENTRES  
\*based on full program, excludes product, expires Nov 30/04

905-642-6906  
6162 Main St., Stouffville  
(beside the GO Station)

**Hurry to IKEA.**  
**These incredible deals won't last long.**

**SOLID WOOD HANGERS**  
**\$4.99/8pk**  
was \$7.99/8pk

Perfect for winter coats!  
Solid wood hangers  
**\$4.99/8 pack**  
was \$7.99/8 pack



**\$3.99**  
was \$4.99



Great for the kids' room!  
JALL laundry bag white or turquoise only RA **\$3.99**  
was \$4.99

FNISS wastepaper basket, plastic, pink, turquoise or transparent white **\$2.99/each**



**\$29.99**  
was \$39.99

Ideal for the closet or laundry room!

ANTONIUS storage frame stackable 70cm and 4 wire baskets white only RA **\$29.99 was \$39.99**

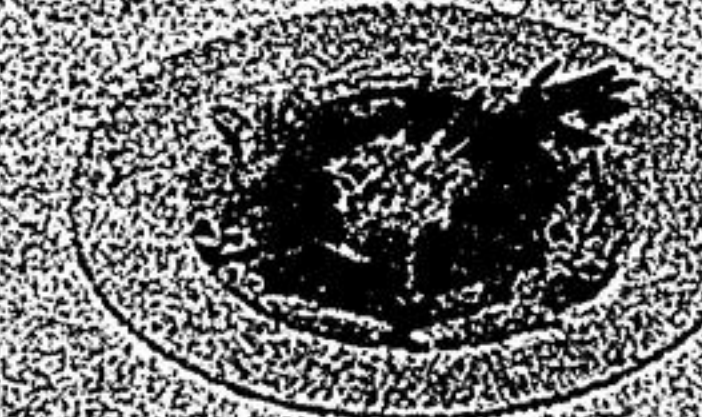
BABORD shoe rack solid wood 80cm. Holds up to 8 pairs of shoes stackable **\$4.99 was \$7.99**



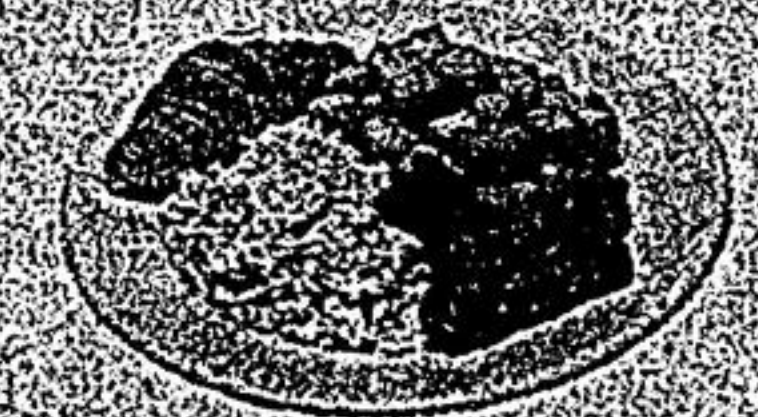
Offer valid until November 28, 2004

**99¢ pasta!**

**\$1 breakfast!**



Served daily after 3pm  
Get penne with marinara sauce or alfredo sauce for 99¢



Served daily until 11am  
Scrambled eggs, home fries, sausage and a croissant

Visit the IKEA store near you:

**IKEA, ETOBICOKE**      **IKEA, BURLINGTON**  
**IKEA, VAUGHAN HWY 400 & 7**      **IKEA, NORTH YORK**

Shop from home or office 1-800-661-9807

www.IKEA.ca

Unless otherwise specified, all prices are valid until November 28, 2004  
RA = Requires assembly, \*while supplies last



Fits