

# LASAGNA! WEEK!

We make three types of lasagna for our frozen entrée section and all three will be on sale this week. The types are: our meat lasagna with lots of meat sauce, ricotta, onions, mozzarella and parmesan, (and fresh noodles). Next is our vegetable lasagna, made with tomato cream sauce, onions, fresh noodles and lots of oven-roasted vegetables and lots of cheese and thirdly, our chicken lasagna, made with fresh noodles too, mushrooms, shallots, white wine and lots of cheese!

You'll need to follow the directions on the package!

A great meal.  
Reg. \$14.95 and \$15.95  
Serves 3-4

**25% OFF THIS WEEK**

## WHAT'S HAPPENIN' OUTSIDE!

The big moment has come! Our first shipment of boughs, wreaths and swags have arrived — as well as everything that you'll need to make a holiday urn look great — and we'll have some holiday urns — and deer — too!

## SPINACH DIP

Back when we started making this, we were the only one. Now we are one of many — but I've tried them all and I'll challenge you to find a better (and a fresher) one. This is Doreen's recipe, made at least three times a week, except this week when it'll be made three times a day.

Befriend a cracker!  
Large Size  
Reg. \$5.49 ea.

**1/3 OFF THIS WEEK**

## CODFISH APOLOGY!

We sold out of our amazing cod so early that we'll re-run them next week!

## AMERICAN?

If you are American — or if you celebrate the American Thanksgiving as well as our own — we'll have our turkeys and all the related items for you. Come and see us, or give us a call.

## GIFT BASKETS

If you are new to our store, it won't take you long to realize that we're in the basket business. Although I've never really counted them, there must be thousands to choose from. During the Festive Season we make them up with food goodies to fit any budget or taste (including wine, if you'd like). You can pick what you'd like and we'll make it up as well — or it can be boxed — as you wish! See Robert or Eyan if you have a special request. We offer good value!!

## WHAT ELSE IS BAKING?

**WHITE CHOCOLATE MOUSSE CAKES** These are made with white cake filled and covered with delicate white chocolate mousse (with Grand Marnier) and decorated with snow flakes.  
Regular \$18.95 ... **1/3 OFF THIS WEEK!**

... and further, mincemeat is now ready. Not only can you buy it in containers to do your own baking, we'll be making tarts and pies!

— AND — have a look for eggnog muffins! They're filled with a shot of eggnog, custard!

— and — we'll have some of Stephanie's amazing mocha cakes which are made with both chocolate and white cake which has been layered with ganache and decadent french mocha butter cream — 3 sizes to choose from.

— AND — lastly, there won't be any cinnamon buns for this week or next because Ken, our puff-pastry guy, will be on holidays.

## GREEN CABBAGES

Cabbages! Sure, to go with the corned Beef ... and it gets better. They're free this week when you buy a piece of our centre-cut Corned Beef Brisket.

(2 lb. minimum) **FREE**

## OUR CORNED BEEF

Corned beef? Sounds great! There's no better time to enjoy this cool weather dish than now. We make our corned beef here — we use centre-cut only brisket points. We trim them lean and cure them in a savoury brine with an edge of nutmeg and all-spice. It's a slice of old-fashioned heaven — but that's not all. Not only have we reduced our price this week, we'll give you the recipe for corned beef 'n cabbage — and we'll give you the cabbage free!

Reg. \$4.99/lb.  
(2 lb. minimum)

**3.99 LB. THIS WEEK**

## MINISTRONE SOUP

I used to think that the literal translation of "Minestrone" from Italian to English meant "everything-but" and sometimes including "the kitchen sink". It's like you open your fridge and start creating. That thought returns to me as I'm watching this soup being made. It has a lot of different ingredients — but they all lend a hand in the flavour. It's really delicious — and it's low fat, for sure.

Reg. \$5.49 — Serves 3-4

**25% OFF THIS WEEK**

## DOUBLE ICED LEMON LOAVES

Many of you who know me would also know that I eat dessert first — just in case. That's also the reason that we only bake desserts in our bakery (since space didn't allow us to bake everything, we had to choose).

It will come as no surprise then that my favourite part of one of our lemon loaves is the icing. In fact, when I had a lemon loaf, I'd have them split it horizontally and put in another layer of icing — just to be sure.

We'll have these loaves on sale this week — they've become public for the first time!

Reg. \$4.99 ea.

**1/3 OFF THIS WEEK**

## CLEMENTINES

I usually don't buy the first clementines to reach the market in the Fall because they're seldom really good! The lot that we had last week were good — but this week's lot is great! We were fortunate enough to get a big quantity of larger size fruit which have thin skin and lots of juice. The price for them is \$5.99 a box, probably more than all the local stores. The fact is that the larger sizes are in very short supply and we have to pay a premium to get them — you'll find that they're worth the extra dollar.

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