



BEAT the FLU BUG Get your shot!

People 6 months of age and older should be immunized... every year!

Stay healthy this winter. Protect yourself and the people around you from the flu by getting your flu shot. Health Canada recommends the flu shot for all healthy children and adults every year and particularly for:

- healthy children aged 6 to 23 months
- pregnant or breastfeeding women
- people 65 years of age or over
- people with a serious long term health problem, such as heart, kidney or lung (including asthma) disease
- people with diabetes, cancer, a blood disorder or a weak immune system
- people who live, work or volunteer in a healthcare or long term care facility, chronic care institution or retirement home
- emergency services workers (paramedic, firefighter or police)
- those who live with a person who is at increased risk of complications from flu

Flu clinic locations, dates and times

Mall Clinics		Father Ermanno Bulfon Community Centre		Woodbridge Pool and Memorial Arena	
Markville Mall 5000 Highway #7 East, Markham		8141 Martingrove Road, Woodbridge		5020 Highway #7 West, Woodbridge	
October 29	2:00 pm - 8:00 pm	November 17	3:30 pm - 7:30 pm	November 23	3:30 pm - 7:30 pm
November 4	2:00 pm - 8:00 pm	December 2	3:30 pm - 7:30 pm	December 8	3:30 pm - 7:30 pm
Hillcrest Mall 9350 Yonge Street, Richmond Hill		Georgina Ice Palace 90 Wexford Road, Keswick		Clinics at York Region Buildings	
November 5	10 am - 8:00 pm	October 28	3:30 pm - 7:30 pm	York Region Administrative Centre	
Promenade Mall 1 Promenade Circle, Thornhill		November 11	3:30 pm - 7:30 pm	17250 Yonge Street (Great Hall), Newmarket	
October 23	10:00 am - 5:00 pm	Milliken Mills Community Centre 7600 Kennedy Road, Markham		October 20	3:30 pm - 7:30 pm
Upper Canada Mall 17600 Yonge Street, Newmarket		November 18	3:30 pm - 7:30 pm	October 27	3:30 pm - 7:30 pm
October 30	10:00 am - 5:00 pm	November 25	3:30 pm - 7:30 pm	November 3	3:30 pm - 7:30 pm
November 6	10:00 am - 5:00 pm	Newmarket Seniors Meeting Place 474 Davis Drive, Newmarket		November 10	3:30 pm - 7:30 pm
Clinics at Community Centres		October 18	9:00 am - 1:00 pm	York Region South Service Centre	
Club 55 130 Gwendolyn Boulevard, Keswick		October 25	9:00 am - 1:00 pm	50 High Tech Road (2nd floor), Richmond Hill	
October 26	2:00 pm - 6:00 pm	Sutton Multi- Use Facility 5279 Black River Road, Sutton		December 1	4:00 pm - 7:30 pm
November 9	2:00 pm - 6:00 pm	November 2	3:30 pm - 7:30 pm	December 7	4:00 pm - 7:30 pm
		November 16	3:30 pm - 7:30 pm		

Roll up your sleeve. Get the vaccine. Not the flu.

Clinic dates and locations are subject to change. Please contact Health Connection for the most up-to-date listing. For additional information on the community clinics or the flu contact York Region Health Services.

Health Connection 1-800-361-5653

