

Health topics highlight workshop

Health issues are the topic when Markham Family Chiropractic Clinic hosts a free

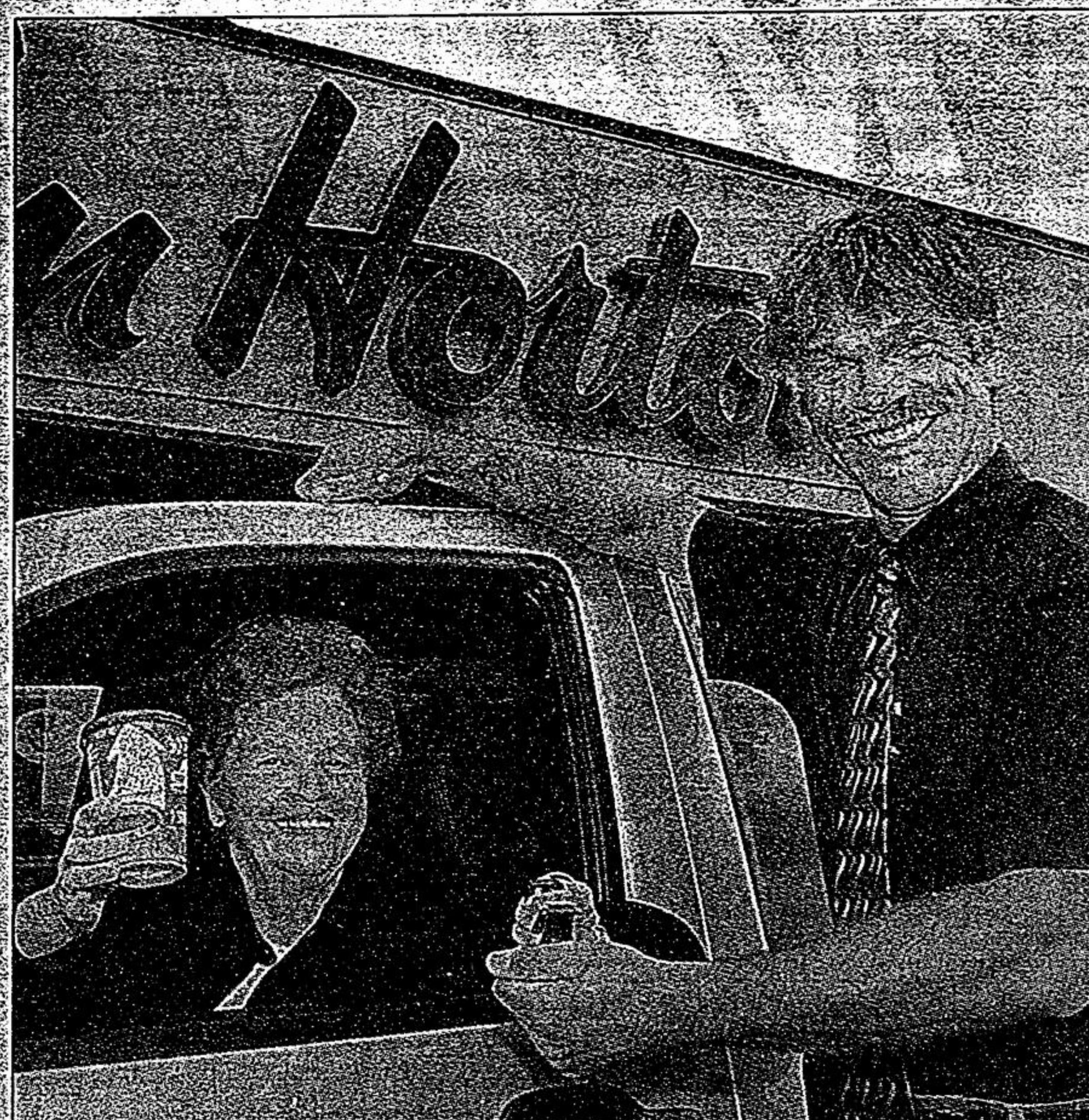
women's workshop May 11 at 6:30 p.m.

Dr. Rebecca Ranta will discuss issues affecting women including estrogen in the environment, mammograms, osteoporosis, mood swings and

menopause. The workshop is free. However, only 20 seats are available.

To reserve a seat, call 905-472-0082. The clinic is at 144 Main St. N.

ROLL UP LEADS TO PICKUP



STAFF PHOTO/BILL ROBERTS

June Wright of Markham enjoys her new GMC Canyon truck along with College Manor Shops Tim Hortons' owner Jack Thornton in Newmarket Friday. Mrs. Wright rolled up the rim on the winning cup at the store March 20.

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Canadian Food Inspection Agency / Agence canadienne d'inspection des aliments

PUBLIC NOTICE

PARTS OF TORONTO & VAUGHAN NOW FEDERALLY REGULATED TO STOP THE SPREAD OF THE ASIAN LONG-HORNED BEETLE

The areas of Toronto and Vaughan displayed on the map are now regulated by the Government of Canada under the Asian Long-horned Beetle Infested Place Order, 2004.

Under this Ministerial Order the movement of firewood, nursery stock, trees, branches, logs, lumber, wood chips and bark from this regulated area is prohibited by law without the written consent of the Canadian Food Inspection Agency (CFIA).

IMPORTANT:
DO NOT MOVE TREES, FIREWOOD, NURSERY STOCK, YOUNG TREES, BRANCHES, LOGS, WOOD CHIPS OR BARK FROM THE REGULATED AREA

Moving this material could spread the Asian Long-horned Beetle (ALHB).

Help protect Canada's neighbourhoods, urban landscape and natural forests.



For permission to move regulated material, please contact the CFIA at: 1-800-442-2342 or (416) 665-5055 in the Greater Toronto Area.

For inquiries on disposal of yard waste, please contact: City of Toronto at (416) 338-2010 City of Vaughan at (905) 832-8577, ext. 6137

www.inspection.gc.ca



Canada



If you or your children have trouble breathing, Zabet would like you to consult your doctor or call the Asthma Society of Canada at 1-800-787-3880 to find out more about asthma and its treatments. You'll breathe a little easier.

This message brought to you as a community service of The Economist/Sun-Tribune.



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