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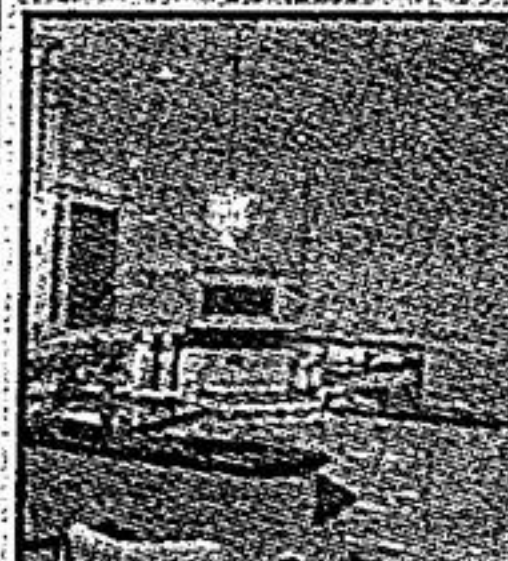
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www.beautybynatureinc.com



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Sandy's Auto Service (Doctor of motors) Quality is not expensive ...It's priceless!

When it comes to your vehicle's care, all that motorists want is competent accurate repairs, quality parts, reasonable price and completed on schedule.

The foundation of Sandy's Auto Service (1975) is to provide automotive service excellence. We have an extremely clean, well equipped service department. Our technicians are ASE certified (Automotive Service Excellence) and our diagnostic and test equipment is second to none says Sandy, a 38 year veteran.

We continually update our skills and knowledge and have an automotive data base to assist in fine tuning our day-to-day operations says Sandy, who is affectionately known as the "Doctor" because of his attention to detail.

We service most import and domestic vehicles. You name it, we do it, from computer and sensor diagnostics to Anti-lock brakes. Drivability problems, engines, transmission, fuel injection, etc. We do M.O.T. safety inspections and were the first in the area to do emission control testing. Sandy says preventive maintenance is the answer to economical and trouble-free driving of today's sophisticated automobiles. We are qualified to do your service intervals that are required to keep your original factory warranty in force. If your vehicle is in for any major repair, Sandy will arrange for a new car for you while yours is being serviced compliments of Sandy's Auto



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Our business hours are Monday to Friday from 8 am to 6 pm. We reserve Saturday and Sunday for the family.

Any questions or concerns about your specific vehicle or to make an appointment, please call Sandy, Steve, or of course the "Boss" Sharon at 905-294-3868 and we will be happy to assist you in any way possible.

Do you want to look younger-take a step!

Pamper your body and soothe your soul at Beauty By Nature European Advanced Aesthetics in Markham.

In fact, Beauty By Nature's comprehensive range of treatments offers something for everyone. From quick maintenance procedures to whole body treatments, you will leave Beauty By Nature looking younger and feeling better.

"When people come here, they want to see results," said owner Nasia Petkova. "I'm a dedicated professional, and I'm here to help women. They love the results, the dedication, and the professionalism."

The wide range of beauty services offered at Beauty By Nature includes deep pore cleansing, anti-aging, aromatherapy, facial treatments and collagen, manicures, pedicures, waxing, makeup, as well as state-of-the-art techniques such as Radio Wave and Polarity Therapy.

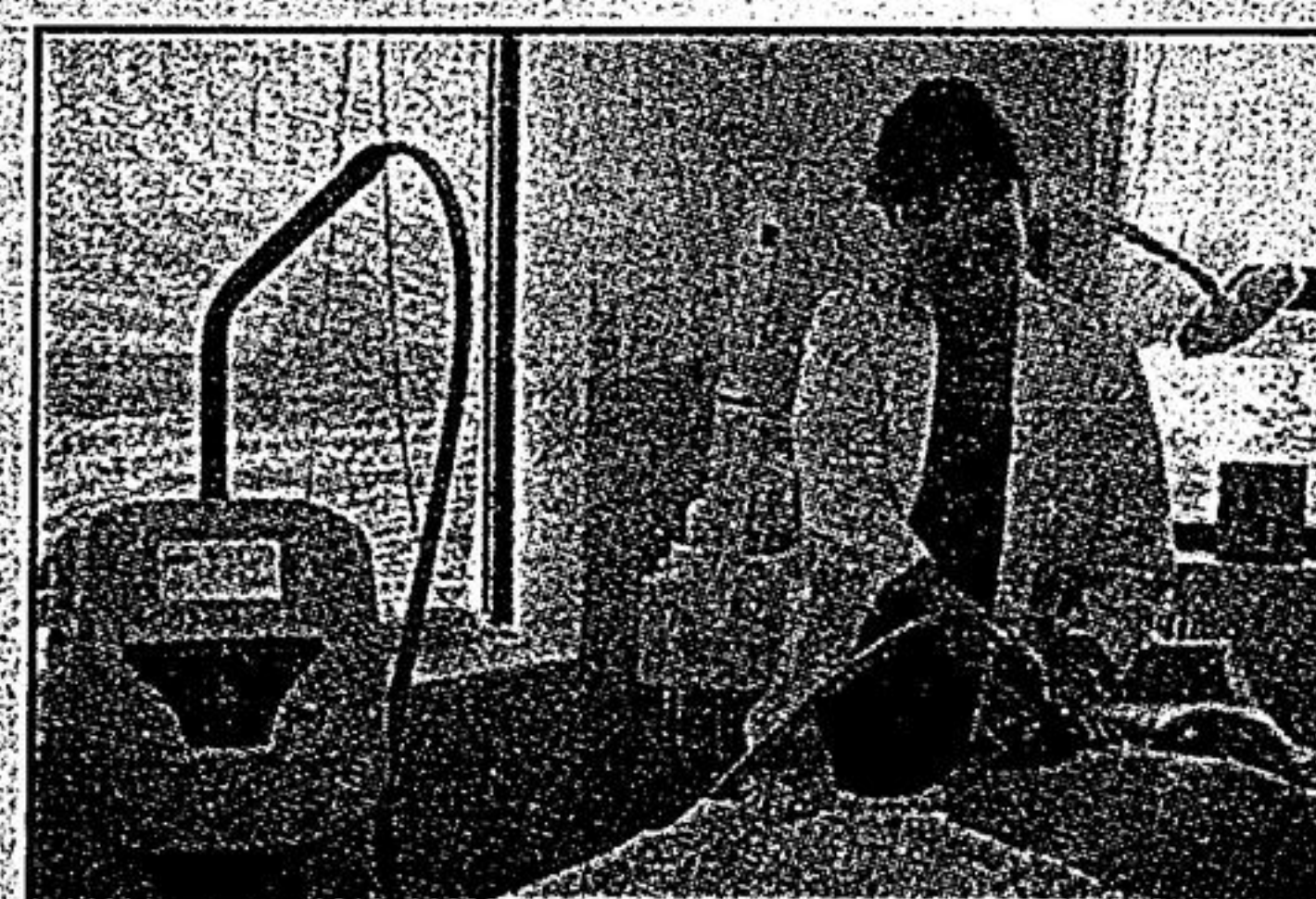
Nasia has been working in the beauty industry for eleven years. Trained in her native country of Bulgaria, in Eastern Europe, she has brought her extensive experience and knowledge to Canada, and now offers her talents to residents in the Markham area.

Now, Nasia's non-invasive anti-aging services are sought out by women and men wanting to improve their skin, reduce the sign of aging, and look younger.

"The face is very important," explained Nasia. "It's seen by everyone, and it's important for it to look good. People want to look and feel better."

Some of Beauty By Nature's innovative treatments include using a new Radio Wave technology to perform a non-surgical facelift. Two metal rods, attached to O-tips are gently placed on the patient while radio waves stimulate the sagging muscles. This type of facial was shown in detail this February 18 on the Oprah Winfrey Show.

Polarity Therapy is another technique, and is based on holistic principles to reduce stress



and enhance health. The treatment incorporates elements of Acupressure, massage, and Cranial Therapy.

If you're worried about cellulite, Beauty By Nature's Lumicell Touch technology is a non-invasive method of treatment, and an excellent alternative to Liposuction. You can slim down 14 inches in ten treatments.

Nasia is quick to point out that men can also benefit from these treatments. However, most are shy and find spas intimidating.

"For men, these treatments are also important," explained Nasia. "The skin is the largest organ, we all have to take care of it."

In addition to the actual treatment methods, Nasia believes in prevention, and the importance of educating her clients on how to take care of their skin and body.

"Every woman aged 35 and up should have some kind of anti-aging treatments," said Nasia. "Don't wait until you see wrinkles, prevent them now."

She added, "I love to educate my clients about skin care products and techniques so they can enjoy the benefits."

Beauty By Nature is located at 9275 Markham Road, Suite 210. For more information, please call 905-294-2970 or visit www.beautybynature.com

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