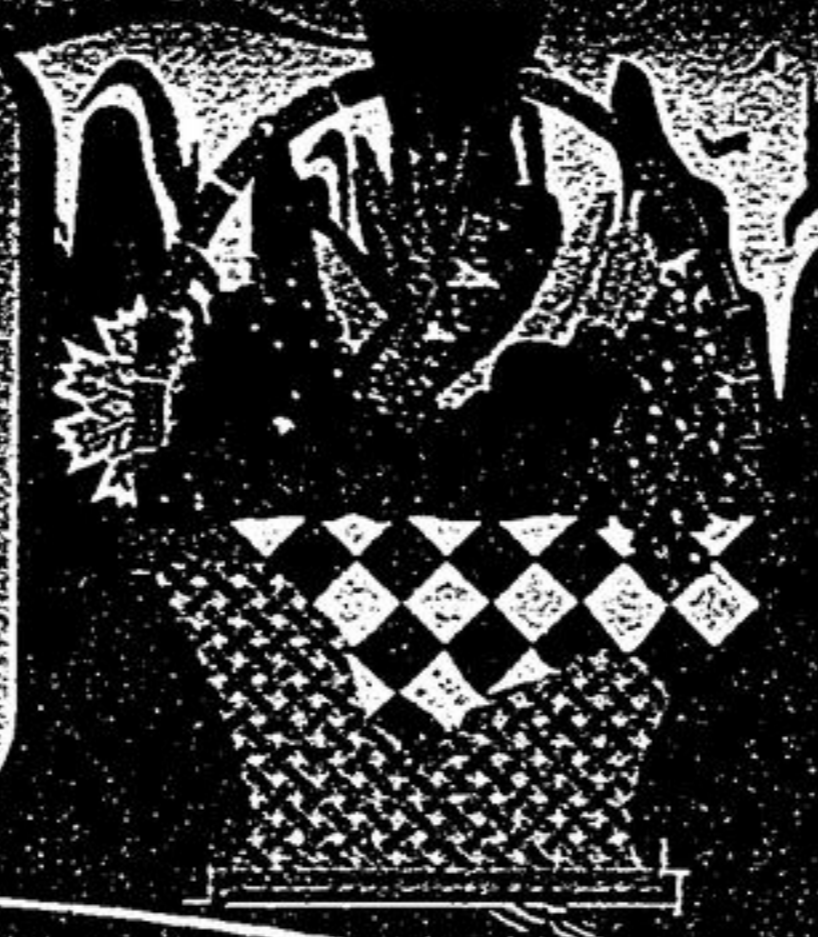


KEEP YOUR  
NEW YEAR'S RESOLUTION  
ALL YEAR LONG!  
SEE ROSEMARY'S  
\*HEALTH \*FITNESS &  
\*NUTRITION NEWS



# THE GARDEN

Quality & Fresh

Prices in effect Thursday, January 8<sup>th</sup>, 2004  
"COME SHOP FOR"

## Quality Fresh Produce

California  
Fresh 'N Sweet

**Seedless  
Large Navel  
Oranges** **.78** lb.  
1.72 kg

Product of California  
Fresh 'N Crisp

**Head  
Lettuce** **.98** ca.

(Wrapped)

ORGANIC  
Product of U.S.A.  
Crisp 'N Sweet

**Red  
Delicious  
Apples** **.78** lb.  
1.72 kg

ORGANIC  
Product of U.S.A.  
Sweet 'N Juicy

**Anjou Pears** **.78** lb.  
1.72 kg

Jet Fresh from Chile  
Plump 'N Sweet

**Blueberries** **1.98** pkg.

Product of California  
Tender 'N Fresh

**Romaine  
Hearts** **2.98** pkg. of 3

Product of Canada, No. 1 Grade  
Super Sweet, Crisp

**Carrots** **.68** 2 lb.  
bag

"Fresh from the Bulk Department!"  
Product of South Africa  
Plump, Sweet

**Sultana  
Raisins** **.38** /100 g

(Random weight package)

**HOT PRICE**

Fresh  
**Whole Pork Shoulder  
or Leg of Pork** **.99** lb.  
2.18 kg

Please add .30/lb  
for de-boning or  
grinding

**HOT PRICE**

Fresh  
**Veal Prime Rib  
Grilling Steaks** **4.77** lb.  
10.52 kg

**SUSHI** In Store Made Several  
Times Daily.

**12 Piece  
Sushi** **5.49**  
(6 pcs. California Rolls  
&  
6 pcs. of Salmon Rolls)

## Oven Fresh Bakery

In-Store Baked  
**100% Whole Wheat  
Bread** **.99** loaf

Stonemill Bakehouse  
**Breads & Bagels** **2.88** 454-  
620 g

Gourmet  
**Oatmeal Raisin &  
Cranberry Cookies** **3.99** 650 g

In-Store Baked  
**Apple or Cherry  
Turnovers** **2.99** 6 pack

Proud  
Supporter of  
the  
Markham  
Stouffville  
Hospital

**REGULAR  
BUSINESS  
HOURS**

<b>MONDAY</b> 8 am - 9 pm	<b>TUESDAY</b> 8 am - 9 pm	<b>WEDNESDAY</b> 8 am - 9 pm	<b>THURSDAY</b> 8 am - 9:30 pm
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\*We reserve the right to limit quantities. \*No rainchecks. \*Savings based on regular price. Both copy and illustrations, errors may occur. We reserve the right to correct any errors.

BRING YOUR OWN BASKET TO YOUR GARDEN FROM OUR FRESH MARKET