

Why is it so difficult to bring up the idea of a senior community?

In a word, dignity. How do you tell your mom (or dad, or aunt, or grandparent) that you think it might be time for them to move into a senior living community? Will they be insulted, will they resent me, or will you just feel guilty?

At Sunrise, preserving dignity is one of our Principles of Service. It's what has driven us for over 20 years. Sunrise provides a broad range of lifestyle, service and care options designed to give both seniors and their families choices, allowing seniors to live life on their terms.

We can help you find the option that best suits the needs of your senior. We could even help you feel better about bringing the subject up. For answers to these and other questions, we welcome you to RSVP for our informative seminars.

ABOUT THE EVENTS

Overview of Alzheimer Disease & Dementia
Details: Learn about myths, pre-conceptions and treatments
Tuesday, Nov. 18
Sunrise of Richmond Hill
7-9pm

Understanding Medications for Seniors
Dr. Ron Keen - Well known lecturer at University of Toronto, Director of Several Memory Clinics
Wednesday, November 26
Sunrise of Unionville
7-8pm. Refreshments from 6-8pm

SUNRISE
SENIOR LIVING

Sunrise of Unionville 905-947-4566 38 Swansea Road (Hwy 7, East of Kennedy) AL, ALZ
Sunrise of Richmond Hill 905-883-6963 9800 Yonge Street AL, ALZ

AL: Assisted Living ALZ: Alzheimer Care
www.sunriseSeniorLiving.com



Did You Know...

BREAKFAST with SANTA

SATURDAY, DECEMBER 6
AND SUNDAY, DECEMBER 7
10:00 & 11:30 a.m. both days
New for 2003 - a new surprise location in the Village!

- * Pancake & sausage breakfast
- * A personal visit with Santa & his Elves
- * A gift from Santa for every child
- * Live musical entertainment
- * Wagon rides
- * Children make a Christmas Craft to take home

Pre-registration is required, please call
905-294-4576

to reserve your spot today!
\$25 per person (Museum Members \$20)
9350 Hwy. 48, just north of 16th Ave.



THANK YOU



Dr. Elagu V. Elaguppillai

I would like to take this opportunity to thank all of my campaign supporters, volunteers and the residents of Markham for showing their faith in me. I shall continue to serve the community of Markham.

I will always be there for you to address your concerns.

Thank you,

V. Elagu V. Elaguppillai

info@elagu.ca

Public Forum



The Best Years of Our Lives? ... Living with Adolescent Depression

Speakers

Dr. David Rakoff, Consulting Psychiatrist

Dr. Jessica Cooperman, Psychologist

Patricia Furze, MSW, RSW, Social Worker

Panel Discussion to Follow



Date: Tuesday November 25/03

Time: 7:00-9:00 pm

Location: Markham Stouffville Hospital Auditorium

All are welcome!

Light refreshments

Complimentary Parking

Bring your parking ticket for validation

Presented by

Child, Adolescent & Family Services
Mental Health System



Only Research can cure Leukemia
Only Excellence in Canadian Research
is funded by LRF Please Help!

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