

OUR LASAGNA

This is "What's for Dinner" for this week. Our three types of lasagna are on sale, and they are...

- **MEAT** — that's with our ground beef and a meat sauce.
- **VEGETABLE** — with roasted vegetables and a combo of tomato sauce and béchamel.
- **CHICKEN** — with spinach and mushrooms, with a white sauce. When I watch these being made, I secretly think to myself, how do we make a profit at this, it takes so much time to prepare and assemble (don't feel too sorry!).

Truly, there's no shortcut — and that's probably why we sell so many of these.

All three types
Reg. \$14.95 ea.

1/3 OFF THIS WEEK

WHAT'S BAKING THIS WEEK?

We'll be making two kinds of old-fashioned Upside-Down cakes this week — one with super-sweet pineapple (and cherries) and the other with wild blueberries. This was one of the big treats we'd have when I was a kid — it will be a big deal.

Two sizes
\$13.95 & \$18.95
regular

1/3 OFF THIS WEEK

BEEF BARLEY SOUP

Our feature soup is Beef Barley. I love the heartiness of this soup — it has great flavour, lots of beef (brisket point) and it's filling.

25% OFF THIS WEEK

Reg. \$5.49 ea.

Reserve November 28th on your calendar! There's going to be an amazing celebrity hockey game commemorating 50 years of minor league hockey in Unionville.

Tickets and all the details available next week.

OUR MARINATED FLANK STEAKS

In these autumn days of unpredictable weather, it's good to buy with versatility in mind. Our flank steaks are such an item — cooked indoors or outdoors, they're just the best! How do you do them in your oven? Bake them at 400°F for 15-18 minutes on your broiler pan. Also — we received a great deal on the flanks so we've lowered our regular (and deal) price as well!

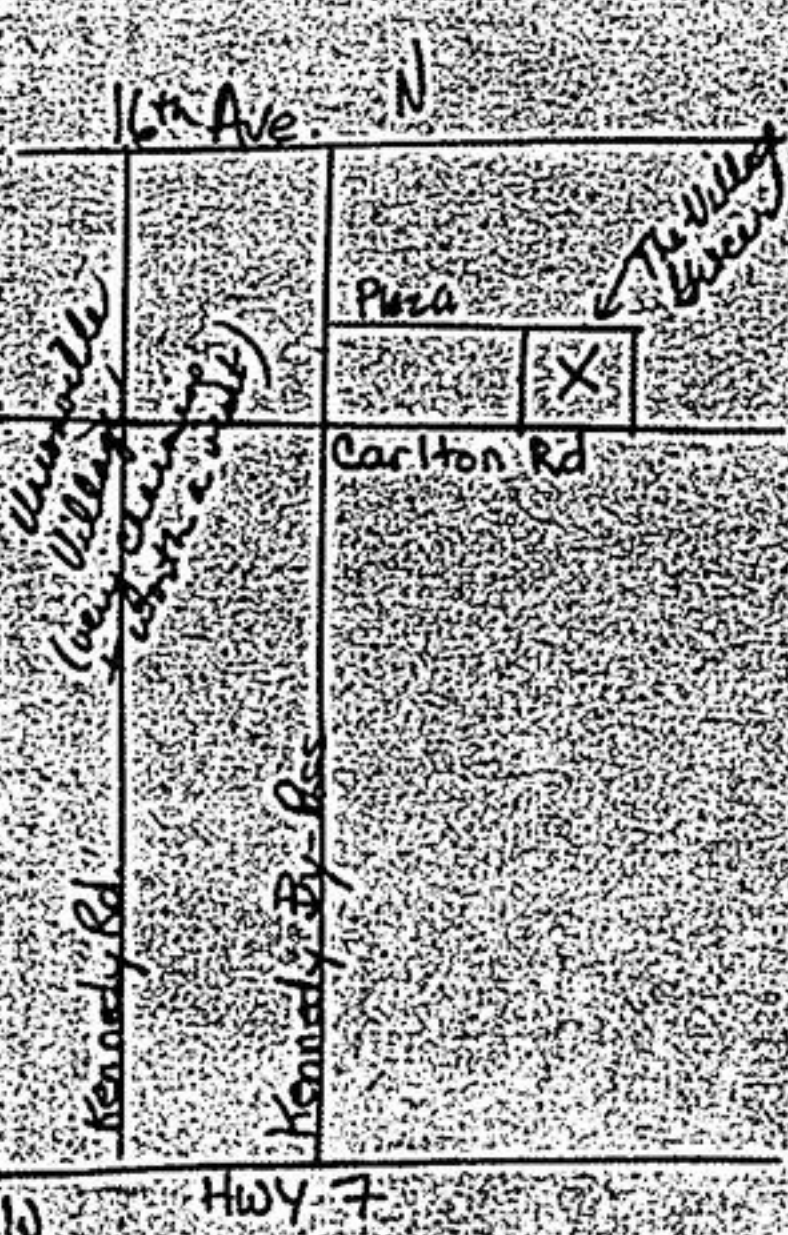
Reg. \$7.95/lb.

25% OFF THIS WEEK

We all have little idiosyncrasies in business, and one of mine is to read people's shopping lists that have been abandoned in the store. You can learn a lot about what you're doing right (or wrong) by the shopping directions husbands/or wives get — or where to go for what. We struck the mother load last week when we found this 'list' in the store — and my apologies if it's copyrighted; we hope that whoever wrote it doesn't mind, but we certainly couldn't have done it better! Get your glasses out because the print is small!

For ~~the~~

The Village Grocer
Unionville



Soups

many varieties
- best - mushroom & brady
- carrot
Just like the cauliflower & also the broccoli

Desserts (for the sinners)

- a whole section devoted to "Sweet things"
Fruit (for the saints)
P.S. My mother loves these sweets, especially the strawberry ones.

Salads & Vegetables

- a variety - Greek, roasted veg, cauliflower + broccoli + bacon
- their large shrimp for a shrimp cocktail are divine
- a variety of mixed spring greens, baby spinach...
- very fresh stir fry vegetables & a nice variety - already cleaned + cut up
- many interesting bottled dressings (Gourmet) + their House Caesar dressing is ok - use sparingly, very rich
P.S. Breads - extensive variety: Arc, Manoucher...
Entrees - [it's specialty is high-end meat]
- flattened chickens in a Curry sauce (my favourite) Teriyaki etc. - vac packed - fresh
- stuffed pork tenderloin & apricot/bread stuffing (delicious)
- steaks (excellent! Filet, rib eye...)

They also make a special dip that guests find addictive.

- this is the only place I will buy calves liver if you like it (excellent c onions + mushrooms)
- won't touch it! - picky eater
- great store-made sausage
- marinated beef chops are good

Deli Section

If you like -
- nice meat loaf
- honey ham
- all prepared w/ love

* This place is not cheap but it is cheerful - great service & a gd seal when you are busy - both company cheap
Believe me, when I was in case for the weekend - I was at Village Grocer all the way

CHEDDAR

We've received a great lot of extra, extra old orange Cheddar that we've cut for this week. It's got some zip, and lots of long flavour. Best if you have it at room temperature.

Reg. \$2.29 / 100 g

1/3 OFF THIS WEEK

DEL MONTE SUPER-SWEET PINEAPPLES

A few years back these were the only super-sweet pineapples available and despite their price, became very popular largely for the flavour but also because they weren't acidic. Times have changed and there are many sweet or golden or even super-sweet pines on the market. But for my money the originals are still great. We've got some size 6's this week.

Size 6's

3.99 EA.



SPECIALS IN EFFECT UNTIL CLOSING SUNDAY NOVEMBER 9th

Hours:

Mon. 11:00-7:00 ~ Tues., Thurs. 9:00-7:00 ~ Fri. 9:00-8:00
Sat. 9:00-6:00 ~ Sun. 10:00-5:00

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