

# WHAT'S FOR DINNER?

Our frozen dinner entree this week is pot roast in gravy. These are made with blade eye roasts, sliced and packed with enough gravy for your mashed potatoes, the natural accompaniment. It seems to me this entree will serve at least 3 and quite likely 4.  
Reg. \$12.95 ea.

**25% OFF THIS WEEK**

# PLANT NEWS!

With the cooler weather come cyclamen. I love these because, not only is the flower dainty (very feminine) but it's prolific — they bloom for a long time — and the best news is that they'll come back to re-bloom. Good value, it seems to me. We've also got a few stephanotis halos, which have an amazing aroma — and they, too, will bloom year after year. I've replanted one with a climbing trellis (from Kate's Garden) and it gives an amazing show year after year!

## LOTS OF PUMPKINS!

Just like the last couple of years, we've got a great selection of pumpkins from my friend Pete Vanderwindt in Port Hope. They're big, they're clean and they range in price from \$5.00 to \$10.00, depending on size. We've also got some small guys for 99¢ each, and some squat French pumpkins for \$7.95 ea. — And we've got our huge one! I'll give you a clue, it's between 650 and 750 lb. If you have made an incorrect guess at the weight, you're welcome to make another. Should your children win it, not only will we deliver it, we'll pick it up as well. Have fun!

## PRIME RIB SANDWICHES

These are our most popular lunchtime hot sandwich. It's our prime rib, oven roasted, piled a 1/4 lb. high with either horseradish or gravy (or both) on the bun of your choice. They'll be the lunch feature today, Friday and Saturday!

**2.99 ea.**

## FARMER'S SAUSAGES

Our Farmer's Sausages are made with a touch of our English seasoning and finished with some of our German Bratwurst spice, and you'll call them delicious once you try them!

**25% OFF THIS WEEK**

Reg. \$3.99/lb.

## YOU COULD WIN OUR HUGE PUMPKIN!

As we've done for a number of years now, we'll have a huge pumpkin from the Simcoe County Fair. If you are under 12 and guess the weight (or are the closest to the correct weight), you could win it. We'll deliver it — and pick it up later if you wish. It's Big!

## FLORIDA GRAPEFRUITS

These are all new-crop grapefruits from Florida. We've bought a load of really large ones (size 23) which are ruby red in colour, their juicy and they're pretty sweet.  
From Florida.

**99¢ ea.**

## CAULIFLOWER SOUP

The soup of the day is our cream of cauliflower soup. It's made with those beautiful big heads of local cauli, chicken stock and mild spices. Very hearty.  
Reg. \$5.49  
Serves 3-4

**25% OFF THIS WEEK**

## BRUSSELS SPROUTS

One of our floral ladies, Anna Marie Tenhoop, whom many of you know, is one of the most enthusiastic and energetic people that I know. She came to me Monday and said, "Do you like Brussel Sprouts? I've got a recipe that will convert even those who hate them" — and we'll have the recipe for you as well as copious amounts of local Brussels sprouts!  
From Ontario.

**99¢ lb.**

## SMOKED RAINBOW TROUT

I've always loved the taste of smoked trout at room temperature. It's a wonderfully mellow and long flavour that goes with just about anything — and that includes a good chilled white wine. We slow-smoke these fish over oak, just like our salmon. These trout are whole, some are a bit larger than others, but they generally start at the one-pound size.

Try one this week for lunch or as an appetizer — and don't forget the Chardonnay!

**4.99 ea.**

## WHAT'S HAPPENIN' IN THE BAKERY!

This week it's chocolate — orange week. We've used Terry's Orange Chocolate Wedges to make a lot of these items, including:

- ORANGE CHOCOLATE CHUNK COOKIES — with as you could imagine, chunks of chocolate and some orange zest in your regular (lick out the bowl) cookie dough. **\$5.95 pkg.**
- CHOCOLATE ORANGE LOAF — this is our regular orange loaf with chunks of dark and milk chocolate with orange. **\$4.50 ea.**
- CHOCOLATE ORANGE CAKE — this is a rich, moist chocolate cake marbled with orange cake, glazed with chocolate ganache and decorated with candied orange zest. **12.95 & 18.95**
- GRAND MARNIER CHEESECAKE FLAN — this is made with a shortbread crust, brushed with chocolate, a cheesecake filling, topped with orange slices that are poached in Grand Marnier. **\$17.95 ea.**

ALL THESE ITEMS WILL BE **1/3 OFF** — AND —

- FOR HALLOWEEN WE'LL HAVE:
- WHITE AND CHOCOLATE HALLOWEEN CAKES — 3 sizes (\$6.95, \$13.95 & \$18.95) all decorated in a scary manner!
- CUPCAKES — very scary too! **1.99**
- SUGAR AND GINGER COOKIES — which are in shapes ranging from bats to scarecrows in scary colours. **1.49 ea.**

**COMING NEXT WEEK?** Smoked Brome Lake ducks. Get your recipe books out.

**SPECIALS IN EFFECT UNTIL CLOSING SUNDAY OCTOBER 26<sup>TH</sup>**

Hours:

Mon. 11:00-7:00 • Tues. Thurs. 9:00-7:00 • Fri. 9:00-8:00  
Sat. 9:00-6:00 • Sun. 10:00-5:00

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