

# CHOWDER TIME!

For this fall, we've developed a few new soups and frozen entrées for your eating pleasure. Our regulars have been looking for "New Stuff" once they've been through the whole selection a few times — while we've been lucky just to keep up with production. This week we'll have two clam chowders, both New England, the creamy one, and Manhattan with tomato and a bit of spark. They're really good!

Serves 3-4  
Reg. \$6.95/ea.

**25% OFF THIS WEEK**

# WHAT'S FOR DINNER!

This week's special dinner is filet mignon — either in a green peppercorn sauce or a wonderful porcini mushroom sauce. We roast filets (pink) and then slice and serve them up with enough sauce to cover the meat — and perhaps the accompanying broad noodles or spaetzle!

Reg. \$17.95  
Serves 2-3

**25% OFF THIS WEEK**

# DOREEN'S RICE PUDDING

This is Doreen's dusted-off recipe from the past. It's slow-cooked and finished with a touch of cinnamon.

Really good!  
(500 ml)

**4.99 ea.**

# MUSKOKA ORGANIC GREENS

Diane is now back in full production of her whole range of neat and tasty organic lettuces. Some veggies, too!

# THE GRAPES OF SWEETNESS!

We've got two types of grapes on sale this week. The first is a California Thompson green seedless, extra-large size. They're nice and sweet with that end-of-season sugar. The other is a Niagara Concord grape, which is **SEEDLESS**. They're available in baskets for \$1.99 each — and they taste absolutely wonderful. If you're my age you'd know that these are the grapes you had when you were a kid — but without the seeds.

Thompsons — \$1.99/lb. from California  
Concords — \$1.99 basket from Ontario

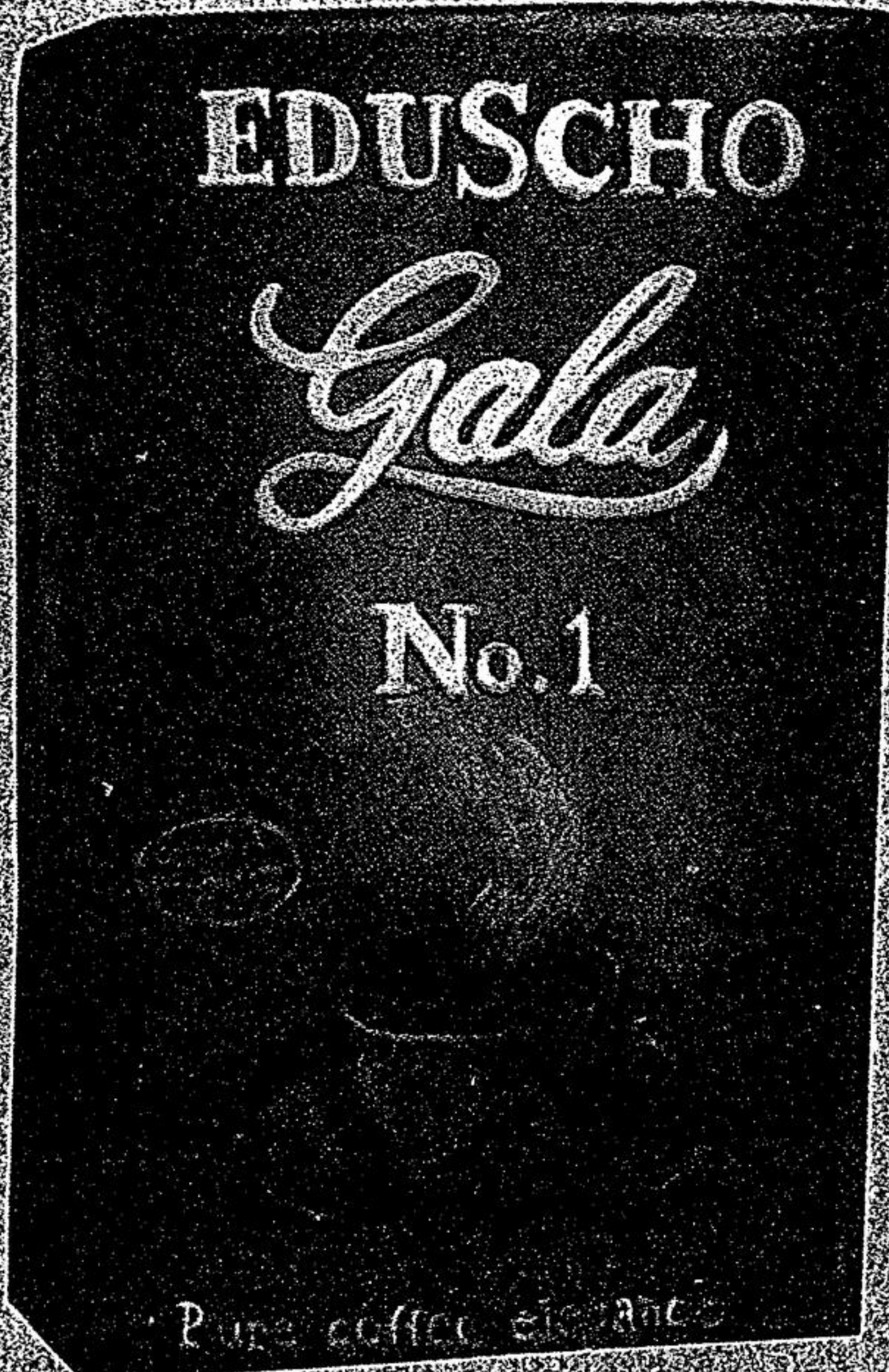
**1.99**

# STUFFED PORK TENDERLOINS

If you're going to be cooking at home, this could be the item to have. The stuffing is made with mixed dried fruits — and the cooking is easy — 350° oven for 45-50 minutes, glazed for the last 10 minutes!

Really Delicious!  
Reg. \$9.95/lb.

**25% OFF THIS WEEK**



# LEMON LOAVES

We're baking lots of our lemon loaves this week. They'll be available au naturel with the amazing icing, with wild blueberries or with fresh raspberries. To me this is the perfect breakfast item with the coffee that is pictured above. It's my coffee of choice — and so are these loaves.

Reg. \$4.50 ea.  
Serves 1 or more, depending on who's looking

**1/3 OFF THIS WEEK**

# COMING NEXT WEEK!

We'll have our first of the season smoked pork hock sale. Get Ready!

# WHAT'S HAPPENIN' OUTSIDE?

We've got a good supply of garden mums in two sizes at, so I've heard, a great price. We'll be receiving a shipment of extra-large mum planters with a centre of grasses that will dominate any front step — they'll be here for Thursday. As well as this, we'll have a selection of some of the large, round fibre-potted planters with various kales, crabgrasses and grasses available — this also on Thursday. Fountain grass too!

— Very Exciting —

**SPECIALS IN EFFECT UNTIL CLOSING SUNDAY SEPTEMBER 7<sup>TH</sup>**

**Hours:**

Mon. 11:00-7:00 ~ Tues. Thurs. 9:00-7:00 ~ Fri. 9:00-8:00  
Sat. 9:00-6:00 ~ Sun. 10:00-5:00



548 Carlton Road, Unionville

**940-1770**