

Grandma's Run

A 5km WALK and a 5km RUN for MARKHAVEN

SATURDAY
SEPTEMBER 6TH

STARTING TIME - 9:30 AM
Parkway Ave. at Paramount Rd. In Markham

CHIP TIMING
ACCURATE COURSE MEASUREMENT



Lead Sponsor **AQUICON CONSTRUCTION**
HANDS-ON FROM THE GROUND UP

FREE T-SHIRTS
***LOOT BAGS**
BBO
ENTERTAINMENT

PRIZES & MEDALS



* First 200 Registrants

ADVANCE REGISTRATION

Aug. 15TH to Sept. 4TH

For Runners & Running Teams at

RUNNING FREE

708 Denison St.
Markham
(905) 477-7871
www.runningfree.ca



For Walkers & Walking Teams at

MARKHAVEN FOUNDATION

227 Main St. N. Unit 2
Markham
(905) 472-4779

REGISTRATION DAY OF EVENT

7:45 am to 9:00 am

St. Joseph's School, 55 Parkway Avenue,

PLEDGE FORMS in BROCHURES available at:

- DeFinney Chiropractic • Local Retail Outlets
- Markhaven Foundation • Running Free.

SPECIAL PRIZE MOUNTAIN BIKE

Donated by



Wheels 'N Boards

4560 Hwy #7, Unit 500 Markham
905-470-1630
Markham's Largest Bike Shop
Pre-register by Sept. 4th to be eligible to win.

Walk/Run for
YOUR grandma
and all the grandmas
who call Markhaven
home.

MAKING THE GRADE

LEARNING STRATEGIES/EXAM PREPARATION SEMINAR

Saturday, Sept. 13

1:30-4:30pm

Unionville Alliance Church



Good grades don't just come from working harder, but from working smarter. For just \$35, students will learn how to make the grade at this half-day seminar from IXL Educational Consultants, in partnership with PRIMETIME Ministries. Topics to be covered: note-taking, studying, preparing for & writing tests, and organization.

For more info call UAC @ 905.477.1104 x0.

UNIONVILLE ALLIANCE CHURCH
4898 16th Avenue, 905.477.1104 www.uac.ca



This message brought to you as a community service of The Economist & Sun Tribune

Come and visit...

Del Mott

(formerly of Mott's Music)

at the National Trade Centre

from Aug. 15th - Sept 1st

at The Piano Place Booth

Del will be introducing the Roland KR-111 Intelligent Mini-Grand in Hall 'A', Booth 41 & 42.

Please recycle this newspaper



1. A Healthy Start

2. An Adult Who Cares

3. Safe Places to Learn and Grow

4. The Tools to Succeed

5. A Chance to Make a Difference

WHAT IS ONTARIO'S PROMISE?

Giving children what they need to grow into happy, healthy and contributing members of society is a shared responsibility that is important to Ontario's future.

That's why hundreds of corporations, non-profit agencies, foundations, municipalities, service clubs and countless individuals are making a commitment to work together to support or deliver more programs to Ontario's young people.

WE ARE ONTARIO'S PROMISE - an organization dedicated to encouraging every part of society to enhance the resources available for children and youth.

WE BUILD AWARENESS of the importance of investing in children and youth. The more people know about the benefits, the more people will want to get involved.

WE ENCOURAGE COMMITMENT & PARTNERSHIP by educating the different sectors of society that working collaboratively will result in more - and better - resources available for children.

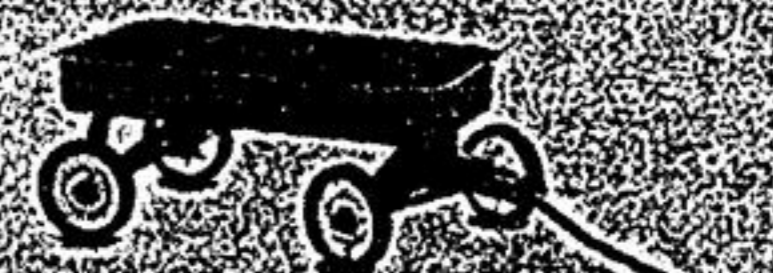
WE HELP PROMOTE OUR PARTNERS

Ontario's Promise works with its partners to promote their involvement with our organization and profile the good work that they do. Partners also get access to training and information to enhance their own capabilities and effectiveness in their work for children.

WE'RE ALWAYS RECRUITING

If you are currently one of our partners, then we thank you for your continued support. If not, then please join over 450 organizations and countless individuals working together to help make the future brighter.

CALL US AT 1-866-ONT.KIDS OR VISIT
WWW.ONTARIOSPROMISE.COM



Ontario's Promise
The Partnership for Children and Youth