

HIDDEN BASKET®

Quality & Freshness Since 1929™

Friday, August 14th, 2003 until closing Wednesday, August 20th, 2003.



The Butcher Shop & Seafood

Brand Name Groceries

Fresh **Chicken Drumsticks** **97** lb 2.14 kg **GREAT ON THE BBQ**

HOT PRICE Good Humour **Creamsicle Floats** **1.99** 24 x 50 ml **LESS THAN 1/2 PRICE**

Aged for 21 days Cut from Canada AAA Beef **Cap-Off Prime Rib Grilling Steaks** **6.97** lb 15.37 kg **GREAT ON THE BBQ**

Fresh Ontario **Veal Leg Cutlets** **4.67** lb 10.29 kg **GREAT ON THE BBQ**

Post **Bran Flakes** **.99** 400 g

Allen's **White Vinegar** **.99** 4 L

Fresh **Pacific Snapper Fillets** **6.97** lb 15.37 kg **GREAT ON THE BBQ**

Janes **Chicken Breast Strips, Nuggets & Burgers** **7.97** 870 g 907 g box **GREAT ON THE BBQ**

Pillsbury **Mini Pizza or Pizza Pops** **1.99** 370 g 400 g

Scott Jumbo **Paper Towel** **1.67** 2 roll

The Delicatessen

Shopsy's **Regular Wieners** **1.67** 450 g

Shopsy's **Bacon** **3.67** 500 g

Stella **Asiago cheese** **8.99** lb 1.98/100 g

Genoa Salami **6.99** lb 1.54/100 g

Mastro **Genoa Salami** **6.99** lb 1.54/100 g

O Sole Mio **Fresh Stuffed Pasta** **3.49** 250 g 350 g

McCain **Streusel Coffee Cake** **1.99** 340 g

Nestle **Legend Ice Cream** **4.99** 2 L

McCain Frozen **Fruit Punches** **.67** 355 ml

Uncle Ben's **Converted Rice** **4.67** 2 kg

Campbell's **V-8 Splash** **2.99** 1.89 L

Kellogg's **Muslix Cereal** **2.99** 450 g

Rosemary's Health & Nutrition News
WHOLE GRAINS LOWER STROKE RISK
 More whole grain servings a day can lessen your likelihood of having a stroke. Eating two to three slices of whole grain bread daily lowers your risk by 30% to 40%.
 Replace refined products with whole grains, this includes whole wheat bread, whole grain cereal, popcorn, wheat germ, oatmeal and couscous.

D'Italiano **Bread or Buns** **1.69** 675 g or 8's

Munchies **Snack Mix** **2.49** 320 g

FRIDAY 8 am - 9:30 pm SATURDAY 7 am - 8 pm SUNDAY 9 am - 6 pm
 9275 Markham Rd. 905-471-0777 16th AVE. HWY. 7 MARKHAM

at conventional The Garden Basket Food Markets. Although we strive for accuracy in Specials, only available while quantities last. Some photos are representational.

VISIT WWW.HIDDENBASKET.COM