

GARDEN BASKET®

Quality & Freshness Since 1929


Specialty, August 7th, 2003 until closing Wednesday, August 13th, 2003.



The Butcher Shop & Seafood

Fresh Ontario Veal
Prime Rib Grilling Steaks

4.97 lb.
10.96 kg
GREAT ON THE BBQ

Fresh
Veal Blade Shoulder Steaks

1.77 lb.
3.90 kg
GREAT ON THE BBQ

Fresh
Boneless Chicken Breasts

4.77 lb.
10.52 kg
GREAT ON THE BBQ

Fresh
Atlantic Salmon Fillets

6.97 lb.
15.37 kg
Fresh Tilapia Fillets 6.97

Fresh in Store Made
Extra Lean Pork Sausages

2.97 lb.
6.55 kg
GREAT ON THE BBQ
Made with Fresh Pork Loin Meat

Brand Name Groceries

McCain
Pizza Premiere

3.99 630 g - 730 g

McCain
Hashbrowns or Valley Farm French Fries

.99 1 kg

SunPac
Apple Juice


.99 1.36 L

McCain
Delite Cakes or Cream Pies

.99 284 g - 340 g

Old South
Frozen Orange Juice

.99 355 ml

Ben & Jerry's Premium
Ice Cream or Ice Cream Bars

3.99 3 x 89 ml or 500 ml

The Delicatessen

San Daniele
Mortadella

4.49 lb.
99/100 g

Emma
Canadian Emmental Cheese

6.99 lb.
1.54/100 g

Siena
Prosciutto Ham


4.99 lb.
1.10/100 g


The Stele
Regular or Lite Havarti Cheese

5.99 lb.
1.32/100 g

Siena
Porchetta

6.99 lb.
1.54/100 g

Kellogg's
Cereals
Froot Loops, Frosted Flakes, Corn Pops, Rice Krispies, Fun Pack

3.49 250g - 700g

Kellogg's
Eggo Waffles

2.99 16's - 625 g

Kraft
Minute Rice

2.99 700 g

Fruite
Fruit Beverages

1.69 2L

Barone
Espresso Coffee


1.77 300 g

Country Harvest
Bread

1.49 675 g

Rosemary's Health & Nutrition News
BLUEBERRY FACTS
Nutraceutical Information:
• Blueberries contain the highest levels of Antioxidants of all fruits tested
• Low in fat and sodium and are cholesterol free
• Blueberries contain Proanthocyanidins which produce their blue colour
• Are a good source of Fiber and Vitamins A & C and Beta Carotene.

FRIDAY 8 am - 9:30 pm
SATURDAY 7 am - 8 pm
SUNDAY 9 am - 6 pm
9275 Markham Rd. 905-471-0777
16th AVE. HWY. 7

Yop
Drinkable Yogourt

.69 200 ml

Lays XL
Potato Chips

1.79 245 g - 260 g

VISIT WWW.THEGARDENBASKET.COM

at conventional The Garden Basket Food Markets. Although we strive for accuracy in Specials, only available while quantities last. Some photos are representational.