

BASKET®

Since 1929

ing Wednesday, July 16th, 2003.

The Butcher Shop & Seafood

Rosemary's Health & Nutrition News

CHERRIES

Cherries are a good source of Vitamin C and are high in calcium, iron, magnesium, phosphorous and copper. Tart cherries are high in antioxidants which may prevent the oxidation of unwanted cholesterol.

Brand Name Groceries

Fresh **Chicken Drumsticks** **BBQ** **.99**
lb. 2.18 kg



Kraft **Peanut Butter** **2.99**
1 kg



Fresh Store Made **Pork Sausages** **BBQ** **2.66**
lb. 5.86 kg



Fresh Extra Lean **Ground Chicken or Turkey** **BBQ** **2.49**
lb. 5.49 kg



Humpty Dumpty **Potato Chips** **.99**
170 g



Casal Domingo **Wine Coolers** **.99**
341 ml




Fresh **Jumbo Sea Scallops** **BBQ** **7.99**
lb. 17.61 kg



Schneiders **Chicken Fingers or Nuggets** **6.88**
907 g box



Maxwell House **Instant Coffee** **2.99**
200 g




Sunlight Liquid **Dishwashing Detergent** **1.69**
750 ml / 950 ml



The Delicatessen

Bittners **Oven Roasted Turkey Breast** **7.99**
lb. 1.76/100 g



Siena **Cooked or Smoked Turkey Breast** **6.99**
lb. 1.54/100 g




Schneiders **Lifestyle Roast Beef** **6.99**
lb. 1.54/100 g




Emma **Canadian Emmental Cheese** **6.99**
lb. 1.54/100 g



Tre Stelle **Provolone Cheese** **6.99**
lb. 1.54/100 g



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lb. 1.54/100 g



General Mills **Cheerios Cereal** **2.99**
450 g / 575 g



Green Giant **Vegetables with Sauce** **.99**
250 g




Old El Paso **Taco Kits** **3.67**
275 g / 520 g




Old El Paso **Salsa** **2.99**
650 ml



Betty Crocker **Fruit Roll Ups Soda Licious or Gushers** **1.99**
110 g / 150 g



Kraft **Mayonnaise** **2.49**
750 ml



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MARKHAM

Pop-Secret **Popcorn or Bugles Corn Snacks** **1.49**
150 g / 300 g



Philadelphia **Cream Cheese** **2.49**
250 g Brick or Tub



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at conventional The Garden Basket Food Markets. Although we strive for accuracy in our Specials, only available while quantities last. Some photos are representational.