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New You

An Advertising Feature of The Markham Economist & Sun/ Stouffville Sun-Tribune

'They are amazing,' says makeover winner after visit to The Hair Studio

By **ROD URQUHART**
Advertising Writer

"I was ecstatic — more than happy. I needed it for quite a while," exclaimed Kathy Venetis, following her New You Makeover at the prestigious The Hair Studio, which is part of Holtz The Spa at Hilton Suites Toronto Markham & Conference Centre.

"They are amazing, very professional, very nice. It's just great," noted Kathy, who is a stay-at-home mother of two young children.

"The person (Master Stylist Toula Kastanas) who did my hair was just great." She noted that Toula and another stylist, who was working nearby, were very good. "I was very impressed," added Kathy. "The one that worked on me was great, phenomenal, very professional."

Master Stylist Toula performed the cut and colouring of Kathy. Toula noted that when Kathy came in, her hair was mid-length and a dark colour.

"She's a stay-at-home mom who was looking for a new look," explained Toula. She changed her hair colour to a more vibrant reddish brown. "We decided to add chunky highlights and go with hair a shorter length."

Kathy didn't want too much taken off, so Toula took it up to the shoulders and "went with long layers that were texturized. This gave her a longer look with shorter hair."

Toula noted that with this cut, Kathy could do a lot with it and it has "a lot of versatility."

In the colouring, "It emphasized her green eyes and brought out her eyes even more and gave her a spring look."

"She was a fun person to do. I had a lot of fun doing her makeover and that's what we do here — we have fun," noted Toula, who has



Kathy BEFORE

been 15 years behind the chair and at the ABA Show three years ago, the Master Stylist placed fourth. "I continue educating myself with the newest looks," she added. "In my opinion, Kathy was truly happy with the way I cut and coloured her hair," concluded Toula.

Stylist/Makeup Artist Sarah Sedore did the makeup on Kathy. She explained they use mineral-based makeup, Jane Irdale, which is "very natural." Sarah noted that Kathy has "nice skin" so she went with the natural colouring to enhance her looks and "nothing too dramatic."


"I went with natural colours. Kathy has two young children, so I didn't go overboard."

She used a neutral beige and on the darker

(Continued page 11)

May marks the first anniversary of Holtz Spa!

Hilton Suites
Toronto/Markham Conference Centre & Spa



In celebration of our first year in operation, during the entire month of May you can experience a Holtz European Facial at \$85 and receive a complimentary foot facial, consisting of a soothing peppermint mask that will melt your stresses away!

Spa Getaway — Pamper yourself or that special someone to a luxurious retreat for only \$137.50 per person. You will receive one night in a fabulous suite, a \$50 spa voucher per person, buffet breakfast, complimentary access to Club Markham and upgraded accommodation based on availability. (Package is subject to applicable taxes and is based on double occupancy.)

The Hair Studio — A recent addition to Holtz Spa, The Hair Studio specializes in all types of technical treatments, as well, as hair design.

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If you're interested in sponsoring me you can visit www.endcancer.ca click on sponsor, enter **"Jennifer Nichols"**

If you would like further information feel free to contact me @ j-nichols@rogers.com

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