



Join the Walk

Help to Prevent Suicide

Walk for Life
Walk for Hope

Together We Can Make a Difference

Saturday, May 10, 2003

10:00am (walk starts)

BROTHER ANDRE CATHOLIC HIGH SCHOOL
6160 16th Avenue • Markham • (Markham Rd. and 16th Avenue)

\$10 per person (under 10 years old free)

Rain or shine, people can walk, wheel or ride this 4-km route.
ALL PARTICIPANTS RECEIVE A T-SHIRT, HOT DOG & DRINK

Why Walk? Suicide affects us all.

The number of suicides in Canada is the same as if 16 jumbo jets crashed every year.

Even if you've never been depressed or suicidal, we are all affected, directly or indirectly, by someone suffering. Getting help and education are keys to making change.

Suicide Prevention starts with talking about it. And that's just what we're doing in schools. We need your support.

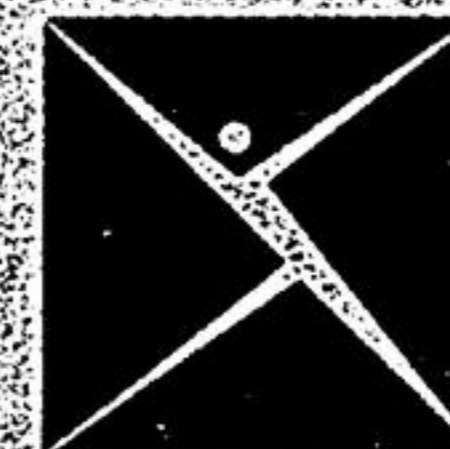
More info...

Barbara Davidge 905-841-3977 • 416-798-8500 • 1-866-345-0183 ext. 226

www.walkforhope.ca



**ALL PROCEEDS BENEFIT THE
YOUTH WELLNESS PROGRAMS OF**



**CANADIAN MENTAL
HEALTH ASSOCIATION**
**L'ASSOCIATION CANADIENNE
POUR LA SANTÉ MENTALE**

York Region

PLEDGE SHEET# _____

PARTICIPANT: _____

ADDRESS: _____

TEL: _____

EMAIL: _____

First Name	Last Name	Address	Town/City	Postal Code	Amount Paid		Tax Receipt	
					By Cash	By Cheque	YES	NO

Thank you for helping! Please return pledge sheets and money by: Friday, May 2, 2003 or bring to the walk - CMHA, York Region • 15150 Yonge St. • Aurora ON • L4G 1M2