



STAFF PHOTO/SJOERD WITTEVEEN

Scott and Gloria Paisley with son David, 6, pose on their Kennedy Road farm. They were chosen Ontario's Outstanding Young Farmers for 2003 and will represent the province in a national competition in December in British Columbia.

Ontario's top young farmers on the job 365 days a year

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progress in their agricultural careers; their utilization of soil, water and energy conservation practices; their crop and livestock production history and their contributions to the well-being of their communities, their provinces and their nation.

The Paisleys were nominated by Sutton farmer Ted Smith. The last time a York Region farmer won this prestigious

Ontario award was 1994, when William Whittamore of Markham was chosen Outstanding Young Farmer.

Every morning, Mr. Paisley, his wife and their six-year-old son, David, are up at the crack of dawn.

With a dairy herd of 80, the early morning and early evening milkings are done seven days a week, 365 days a year, including Christmas, birthdays and days when members of the Paisley family

are sick.

On the day the new baby arrives, Mr. Paisley will still tend to the milking, that's life on a dairy farm.

It's the only life Mr. Paisley knows and it's the only life he wants.

He is a fourth-generation farmer. In Mr. Paisley's opinion, when his parents, grandparents and great-grandparents started out on the Kennedy Road farm, they, too, were outstanding young farmers.

Mayfair Racquet & Fitness Clubs

GO PUBLIC

Take an active role in protecting your health by joining us in this one day celebration of health and wellness... FREE OF CHARGE!

Mayfair Racquet & Fitness Clubs are opening the doors to the public to invite you to experience the holistic approach to healthy lifestyles that Mayfair Clubs offer.

Enjoy access to all areas of the club - see classes in session, talk to a Personal Trainer, visit the Kids Space, find out about our extensive Aquatic programs, Kids programs, and summer camps.

Check out the Tennis & Squash demonstrations and make sure to visit the Wellness Centre & Spa for an overview of the many services offered. Visit our restaurant and see our light and healthy items offered on the menu... there is so much to experience at Mayfair Racquet & Fitness Clubs!

Thursday, April 10, 2003

8 am - 8 pm

Parkway - 50 Steelcase Rd. E., Markham 905.475.0350

Tuesday, April 15, 2003

8 am - 8 pm

Lakeshore - 801 Lakeshore Blvd. E., Toronto 416.466.3777

Friday, April 25, 2003

8 am - 8 pm

East - 160 Esna Park Dr., Markham 905.475.8833



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SUSHI COMES TO STOUFFVILLE THIS SATURDAY

The Lion Sushi Bar Take Out Featuring Sushi, Sashimi, Wings, Wraps, Ribs, Party Platters and more.

Open 7 days a week.

Located on the east side of the Lion Plaza at 5917 Main Street, Stouffville, next to Canadian Tire at 9th Line and Main Street.

For take out call 905 642 3939.

10% discount with this coupon for the month of April.

STAPLES Business DEPOT

Newest Location NOW OPEN!

Outside hundreds weather the rain to take advantage of the Grand Opening Door Crasher specials, while inside (R-L) Mayor Don Cousens, Vanessa Anderson representing the Ontario Special Olympics, Store Manager Alison Murphy and Mary Anderson holding ribbon, perform the ribbon cutting ceremony.

STAPLES Business DEPOT's newest location is at 7725 Markham Rd just south of 14th Ave.

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