

## Experts can help make homes enviro-friendly

BY MIKE ADLER  
Staff Writer

Meetings in the region this month offer free advice on how to run a farm or a rural homestead without harming the environment.

Plenty of experts will be on hand Wednesday at the Ballantrae Community Centre to tell you how and why to try a conservation project on your land.

"There's funding for just about everything nowadays and expertise to help you do all these things," said Whitchurch-Stouffville Councillor Mark Carroll, organizer of the 3-9 p.m. event.

One agency that will be represented at the centre, on Aurora Road east of Hwy. 48, recently celebrated its 500th project with a private landowner.

Four years ago, the Ontario Wetland Habitat Fund contributed \$3,000, matched by another landowner, to expand a buffer around a wetland in King Township.

The owner then signed a 10-year agreement, not registered to title, to protect the wetland.

Ducks Unlimited Canada, York Region's forestry department, area conservation authorities and other groups will also be on hand.

Later this month, there's also an information night planned on soil and water conservation projects for farmers.

Experts will speak on financial incentives offered with these projects during the free workshop, 7-9 p.m. Nov. 28 at Boyd Field Centre on Canada Company Avenue, off Islington Avenue in Vaughan.

More information is available from Aileen Barclay at 416-661-6600, ext. 5349.

## Flyer WATCH Inserts for Saturday Nov. 9, 2002

- |                      |                     |                 |
|----------------------|---------------------|-----------------|
| No Frills*           | Dell Computers*     | Walk in Medical |
| Sears*               | North Durham Real   | Clinic*         |
| The Bay*             | Estate*             | Zehrs*          |
| Sears-Furniture &    | Main Drug Mart*     | Dominion*       |
| Appliances*          | National Sports*    | Home & Rural*   |
| Kennedy Montessori*  | Stouffville IDA*    | Smart Source*   |
| Monaca in Markham*   | Guardian Drugs*     | Walmart*        |
| Solutions Financial* | Hillcroft Pharmacy* |                 |
| Radio Shack*         | Home Hardware*      |                 |

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To find out more about how to reach your target market and get the same great response from your flyer distributions as these customers, call us today!

ECONOMIST & SUN (905) 294-8244 Stouffville Tribune

## NOTICE OF INTENT

Toronto and Region Conservation

Toronto and Region Conservation (TRCA) has commenced a study regarding the dam in the Bruce's Mill Conservation Area located in Whitchurch-Stouffville in the headwaters of the Rouge River. This study is looking at the problems associated with the condition of the dam, the purpose of the dam, and the environmental impairments related to the dam regarding poor sediment transport, water temperature increases and the lack of coldwater fish movement through the dam.

TRCA invites you to participate in this study to determine how best to address these problems. The study will follow the planning and design process described in the Class Environmental Assessment for Remedial Flood and Erosion Control Projects (Conservation Ontario).

If you wish to be involved in this project or to receive further information please contact:

**John Stille, Project Manager**  
PH: (416) 661-6600 ext. 5396  
Fax: (416) 667-6277  
Address: 5 Shoreham Drive, Downsview, Ontario, M3N 1S4  
Email: jstille@trac.on.ca

Subject to comments received as a result of this study and the receipt of necessary approvals and funding, TRCA intends to proceed with the construction of this project.



## Old Country Inn



THE GAME SEASON

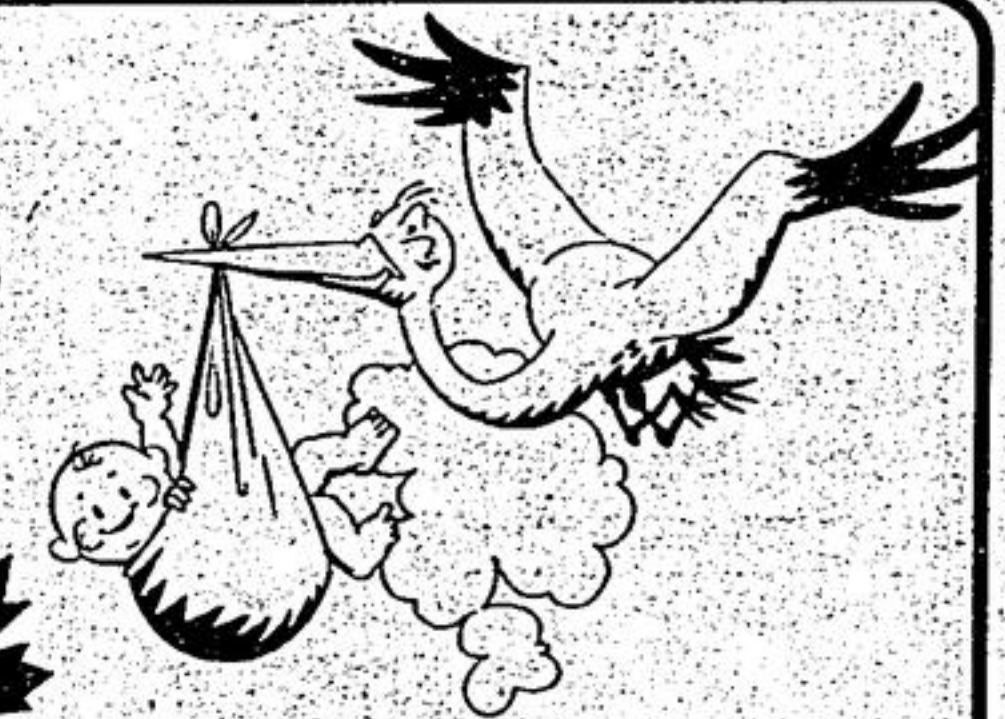
Continues to  
November 16<sup>th</sup>!

- Wild Boar • Venison
- Rabbit • Quails

Full Game Dinner Menu  
Thursday to Sunday

198 Main St. Unionville 905-477-2715

Baby on the way?  
Attend our



WELCOME WAGON LTD.  
SINCE 1930

## Baby Shower

• Wednesday, November 13<sup>th</sup>, 7:00 p.m.  
SHERATON PARKWAY HOTEL

- Demonstrations • Displays
- Gift Bags • Door Prizes • Useful Hints & Information

Admittance is FREE  
but by invitation only.

To receive your invitation call

Mary Ann 905-773-4231

e-mail macole@aci.on.ca or  
info@welcomewagon.ca



## Arthritis - Painfree in 2 weeks!

After suffering for years this is exactly what happened to me. I tried everything. Nick A. Jerch, Burlington, ON.

**Hundreds of letters:** ● **HAD HIP PAIN** so bad could hardly teach my aerobics class. Now I'm 90% pain free. Gradually improves more. Bell Shark Cartilage appears to repair worn joints. **Cindy Leonard, Boswell, PA** ● **BEST HELP** I had in 20 years. Tried all drugs. Was scheduled for surgery. My pain is 99% gone. Thank you. **Helen Tutka, Saskatoon, SK** ● **TRIED ANOTHER BRAND** and my pain came back. 2 weeks on BELL brand and the pain is gone again. **Geri Dupuis, Hauser, ON** ● **CANCELLED KNEE REPLACEMENT** I was in pain and limping. Have no more pain now. Can square dance for hours. **Anton Melnychuk, Porcupine Plain, SK** ● As a diabetic the doctor told me to go for walks. Because of my arthritis pain I couldn't cross the street before the light changes. Now I'm 90% pain free and enjoy walking. Words cannot express the gratitude I feel towards you. **Marion Morris, Owen Sound, ON** ● **Others say after suffering for 10, 20, 30 years:** Can walk again



for hours without cane ● Climb stairs without hanging on to railing ● Can do my housework again ● Can laugh and enjoy life again ● First time in 15 years can sleep all night ● Rheumatoid pain in joints down 90%, same for my sister ● Get FREE brochure from stores below. ● **Facts:** Dozens more letters on web site www.BellDistributors.com/shark. All honest and true. Many are completely pain free. Others have 70% or 90% pain relief and gain in mobility. Most have pain relief in 2-3 weeks. Severe cases in 4-6 weeks. Draw your own conclusions. No need to give advice. No known side effects. A natural remedy, not a drug. **Letters are proof:** Bell Shark Cartilage is 10 times more effective than glucosamine with or without bovine (cow) chondroitin. Single handedly I have helped over 30,000 people in pain. It restored their quality of life. Saves the government millions of dollars in medicare expenses yearly and taxes to us all.



**MUST HELP OR MONEY REFUNDED.**

**BELL** Ours is guaranteed to work (success rate 98%). Don't accept substitutes as people write to us that shark cartilage is not all the same. 100 capsules of 750mg per bottle. You need minimum 3 bottles (you have to take it for 2-3 weeks 12 per day). **FOR LOWER BACK PAIN** ask for Bell Pepper Cream. Gives instant pain relief in most cases.

**FREQUENT BATHROOM TRIPS?** Most mature men have this problem. Ask for Bell Prostate Ezee Flow Tea. 99% success rate. Guaranteed relief. It really works. Available in same stores. Stop suffering. Helps within days. **MUST HELP OR MONEY REFUNDED.**

**OVERWEIGHT?** Bell Ezee Slimming Patches helped thousands of men and women. They say it is easy to lose weight naturally, because they are less hungry, stopping them from overeating and eating fattening foods. Example: "Lost 85 lbs a year ago and kept it off. Dress size 20 to 7. Extremely happy." *Sylvia Alarcon, Mississauga, ON.* In same stores.

AVAILABLE in MARKHAM at: Ashgrove Pharmasave 6633 Hwy. 7 E.; Glory Bee Health Products 4400 Steeles Ave E.; GNC Markham Town Square - 8601 Warden Ave.; GNC Markville Mall; Main Drug Mart 5293 Hwy. #7 E.; Markham Warehouse Outlet 330 Steelcase Rd. E.; Nutrition Emporium Markville Mall; Nutrition House Markville Mall; Participating Shoppers Drug Marts; Participating Pharma Plus ● STOUFFVILLE: Shoppers Drug Mart 5892 Main St.; Houston Pharmacy 6316 Main St.

Give this ad to a friend. Nothing can be more noble than helping others.  
Call stores first, if out of stock or for other locations, call us at 1-800-333-7995

All Original--All Handmade!

### Holiday Gift Sale

By 9 local artists  
Paintings, jewellery, collectibles, Christmas cards, and Holiday decorations galore!

Fri., Nov. 15 -- 7 PM to 10 PM  
Sat., Nov. 16 -- 10 AM to 5 PM  
Sun., Nov. 17 -- 10 AM to 5 PM

Location:  
22 Spanhouse Cres., Unionville.  
(North of Hwy 7, east of Warden at Glencove). Follow the signs.  
Call 647-284-8558 for details.

Refreshments -- Doorprizes  
Visa & Mastercard accepted.  
Help the Community, too! Bring a food donation for our Local Food Bank.

### CORRECTION NOTICE

In this week's Carrier Optional Pay Program ad, the winners of October's \$800 shopping spree appeared in the wrong order. They should have read:

1st Prize \$400	Janet Bernardo
2nd Prize \$250	Donald Moir
3rd Prize \$50	Franca Saunders
4th Prize \$50	The Maynards
5th Prize \$50	Jean Bresse

We regret any confusion or inconvenience this may have caused - The York Region Newspaper Group

## PROCLAMATION

The Town of Markham has proclaimed October 31 to November 11 Holocaust Education Week

We honour the memory of the millions of men, women and children who perished or suffered during the Holocaust.

We must work to ensure that our communities exist in racial harmony and only through remembrance, education and understanding of the Holocaust can public awareness be heightened and religious discrimination, racism and prejudice eliminated.

Proclaimed by the Council of the Town of Markham, November 4, 2002

www.city.markham.on.ca

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