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Markham sailor weathers storm

BY MIKE ADLER
Staff Writer

Markham skipper John Dennis prepared to resume his solo sail around the world this week after he and fellow racers were forced into port by a severe storm.

"There's been several days of violent winds and very high seas," Mr. Dennis said Monday from the northern tip of Spain.

The competitors in Around Alone have completed the first of five legs in the 28,000-mile global race by reaching Torbay,

England, and are heading for Cape Town, South Africa.

Mr. Dennis said all in his racing class had spent a few days on the Spanish coast to avoid a storm producing with 35-foot seas and winds of up to 75 knots.

"We had no sea room to run away from it," said the property manager and father of two, adding that in such conditions a skipper's only option is to "take the sails down and run under bare poles and hold on."

Mr. Dennis is a diabetic, a fact earning him international atten-

tion as the first with the disease to enter the race.

His boat, the Bayer Ascensia, is named for a medication that helps Mr. Dennis monitor and control his diabetes.

Mr. Dennis is selling \$20 certificates of sponsorship for each mile sailed to help pay expenses for the journey and raise money for the Canadian Diabetes Association.

Certificates can be ordered from his wife Penny Dennis at 905-471-4554 or by inquiring at jdflys@sympatico.ca.



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