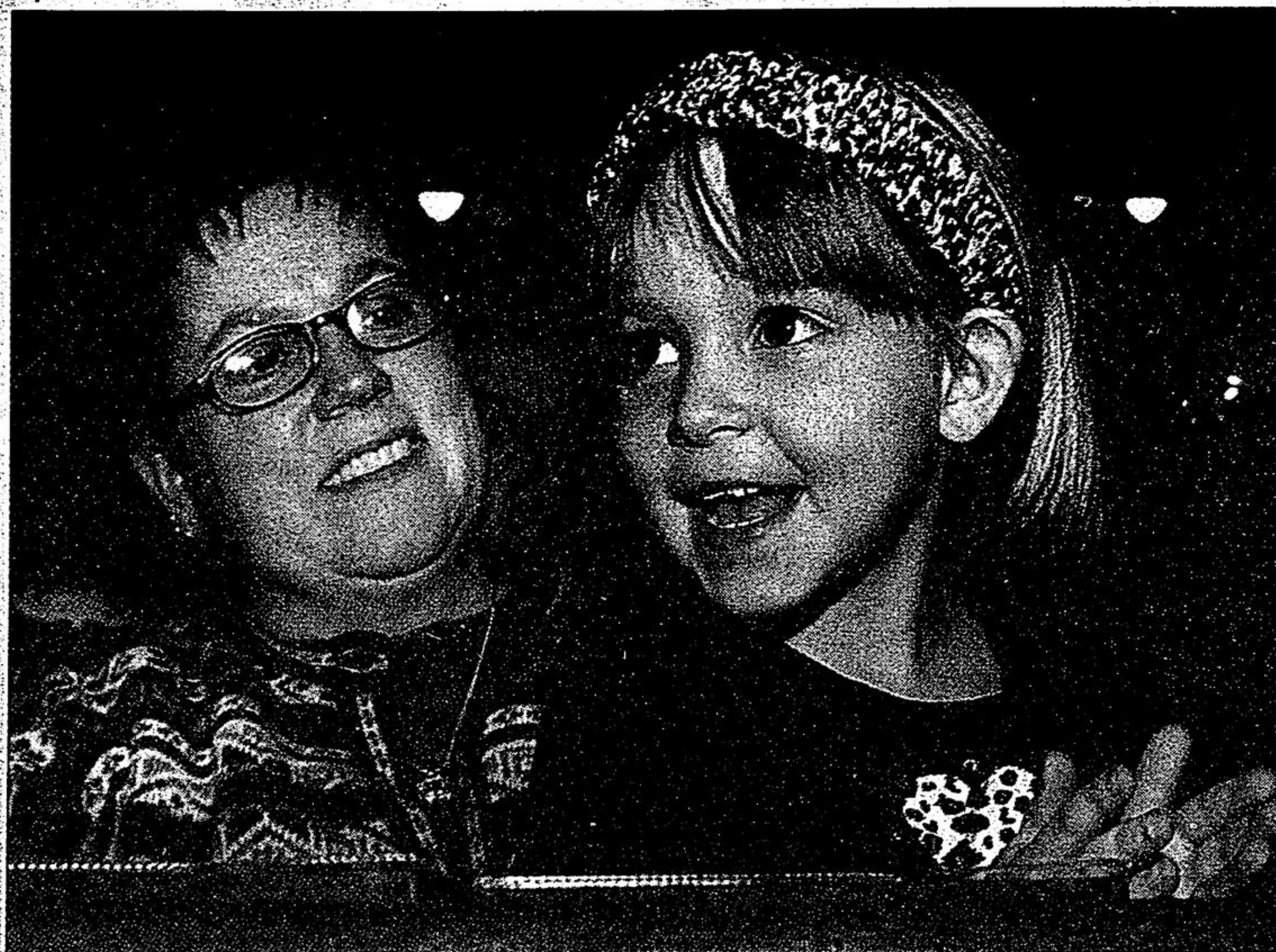


REBECCA'S SPECIAL NIGHT



STAFF PHOTO/BILL ROBERTS

A delighted Rebecca Ramer sits with mom Jane at Stouffville United Church during a benefit concert last Friday featuring the Austrian Family Chorus Singers and others. The show raised money to help the north Markham girl recover from a recent lawn mower accident. It was organized by Frank Busato and Tribune writer Jim Thomas. About 300 people attended, raising approximately \$1,000.

THE ARTHRITIS SOCIETY

TOMORROW'S GIFT

Whether it's a bequest, a gift of life insurance or a charitable annuity, you can plan to ensure continuing support for arthritis research. Nearly four million Canadians who have arthritis are counting on you.

For more information about our planned giving program, contact The Arthritis Society.

GIVE... to give HOPE

Richmond Hill
580-5177

This message brought to you as a community service of The Economist & Sun

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ON SALE SAT. OCTOBER 19 TO FRI. OCTOBER 25, 2002

bulk barn

Guaranteed top Quality!

SUPER SPECIALS

Natural Supreme Almonds 8.35 kg 3.79 lb	South African Golden Raisins 3.50 kg 1.59 lb
Blanched Almonds 10.56 kg 4.79 lb	Jelly Beans 2.85 kg 1.29 lb

whole, sliced, slivered or ground / regular

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While supplies last. On advertised items we reserve the right to limit quantities. No dealers please.

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M&M'S

MEAT SHOPS

CHICKEN SWISS MELTS

We've taken breaded, seasoned chicken breasts and stuffed them with a slice of smoked turkey ham and processed Swiss cheese for a savory treat that's crispy on the outside with melt-in-your-mouth goodness inside.

member special 9.99 6 x 142 g/5 oz SAVE \$2

CHICKEN DINNER WITH A TWIST

Best of the same old things for dinner! Meat, potatoes, peas and carrots with the delicious M&M's Chicken Swiss Melts - 6 x 142 g/5 oz - (1 box) Washed Potatoes - 625 g/22 oz - (1 bag) Peas & Carrot Medley - 1 kg/2.2 lb - (1 bag) Apple Crisp - 600 g/24 oz - (1 box) \$3.99

SERVES 4 TO 6 PEOPLE

CHICKEN PRIMAVERA

Microwave or Stove Top Ready

Chicken Primavera is a colorful combination of penne-style pasta, diced chicken breast meat, broccoli florets, julienne-cut carrots and red pepper strips covered in a creamy sauce. Enjoy with M&M's Garlic Bread - 330 g/11.6 oz - \$1.69

member special 6.99 750 g/1.65 lb SAVE \$1

FREE APPLE PIE!

MAX MEMBERS RECEIVE A FREE 8" APPLE PIE (630 g/22 oz - \$3.99 Retail Value) WITH A MINIMUM \$30 PURCHASE. Limit one per week per household. Not to be used in any other offer. Gift Card purchases excluded. Offer good while supplies last. Offer expires Oct 25, 2002.

LEMON PEPPER SOLE FILLETS

We've taken whole sole fillets, coated them in a light batter and top dressed them with lemon pepper breadcrumbs.

6-9 PORTIONS

member special 8.99 600 g/1.5 lb SAVE \$2

ALL PRICES IN EFFECT SATURDAY OCTOBER 12 UNTIL FRIDAY OCTOBER 25, 2002.

9275 Markham Rd. Hwy 48 & 16th (In Garden Basket Plaza) 905-472-2028	4261 Hwy #7 West of Main St. Unionville 905-474-1891	5812 Main St. Stouffville (Beside Houston Ford) 905-642-9334
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