

YORK REGION'S

Health & Wellness

Fall EXPO 2002

York Region's Largest Health & Wellness Event

Wellness
in York Region...
Our 3rd Health & Wellness Expo boasted a diverse group of exhibitors and speakers

DRAW WINNERS:

Elena Orlova, Newmarket
Dawson Manor Spa Gift Certificates
Courtesy: York Region Newspaper Group

Darryl Goldstein, Thornhill
Family First Aid Kit
Courtesy: St. John's Ambulance

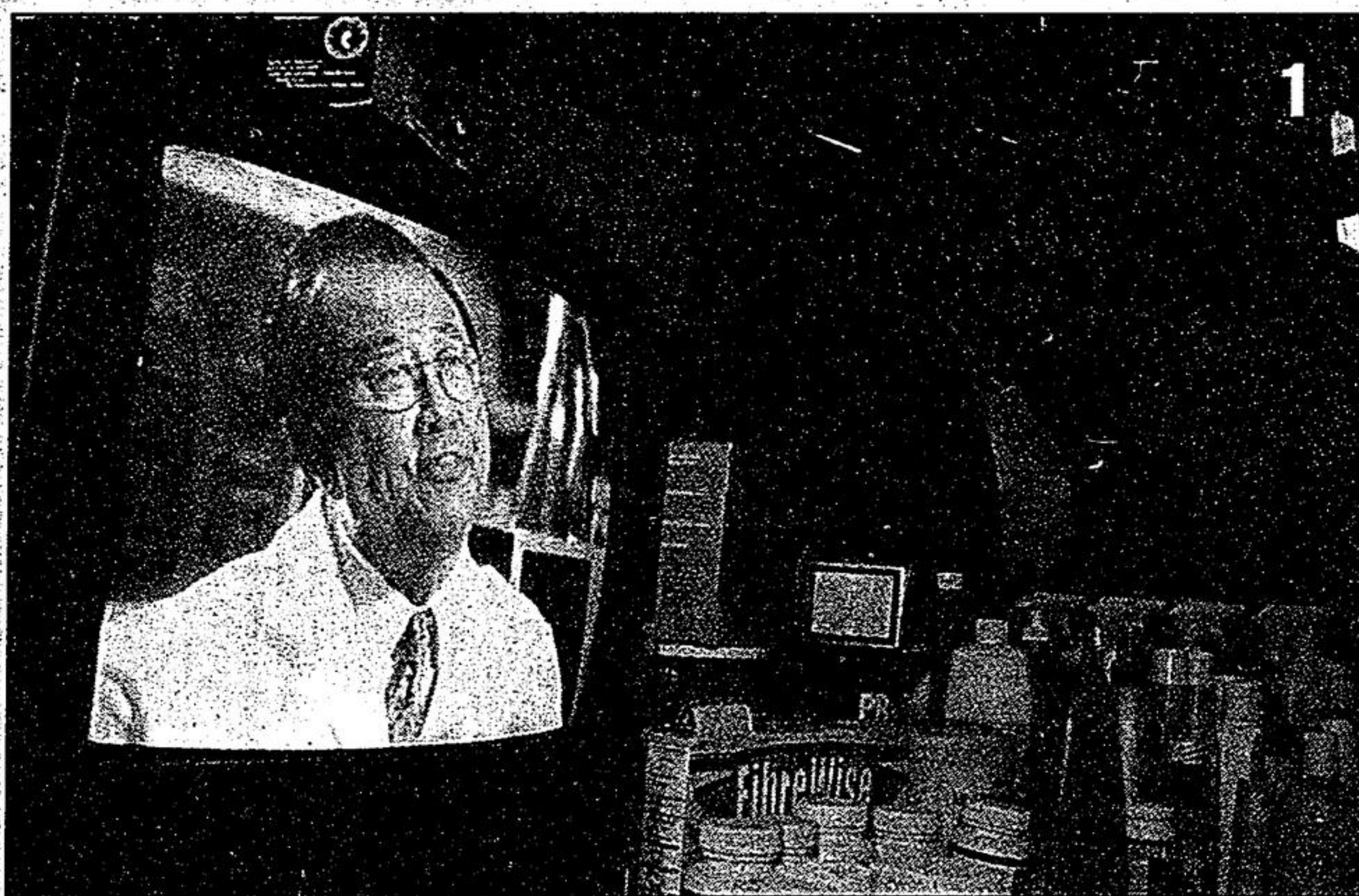
Julie Taskol, Unionville
Satin Hands Gift Package
Courtesy: Mary Kay Cosmetics

Angela Meharg, Markham
Hypnotherapy Session
Courtesy: Path Positive

Margaret McCaffrey, Aurora
Gift Basket of Low Carb & Diabetic Products
Courtesy: Keto Brand Foods

Faye Boyd, Queensville
Gift Package
Courtesy: Herbal Life

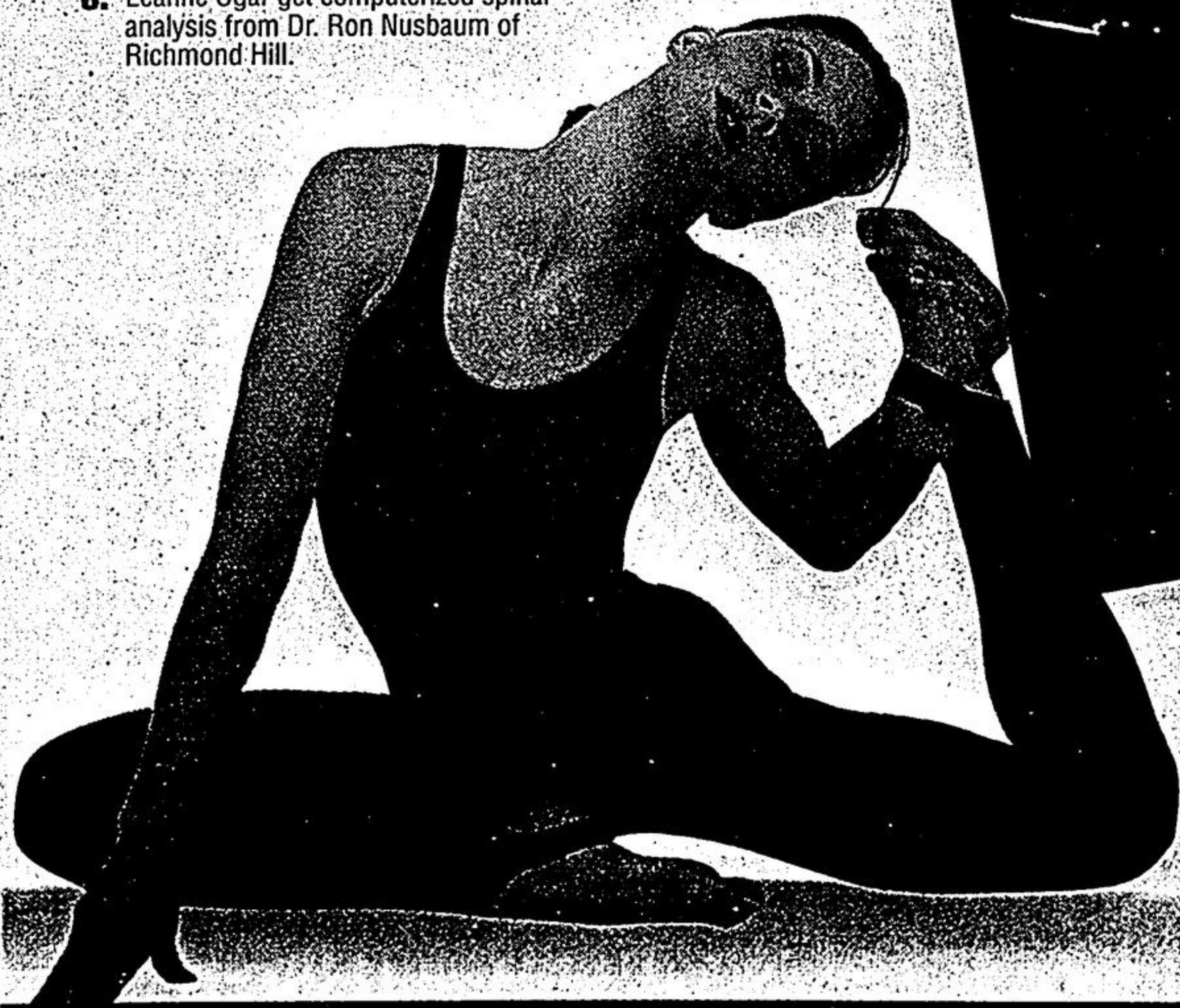
1. Linda Desrochers works the Melaleuca, The Wellness Company's booth, while video of Dr. Wong, who invented the Access Bar, a fat conversion activity bar, plays.
2. Falun Dafa practitioners meditate during Health and Wellness Expo.
3. Metroland special project sales representative Shelley Robertson gets Sahaja Yoga meditation treatment from Sonja Kovacevic.
4. Dr. Allen Turner of Stouffville Chiropractic Centre speaks on topic of Weathering The Effects of Stress during the Health and Wellness Expo.
5. Leanne Ogar get computerized spinal analysis from Dr. Ron Nusbaum of Richmond Hill.



Photos by: Bill Roberts

We thank PARTICIPATING ORGANIZATIONS:

- Tahitian Nomi
- Health One - Chiropractic
- Canadian Mental Health Association
- Mac-Cam
- Optimum Compounding
- Vestar
- Sunrise Assisted Living
- Falun Dafa
- The Bochner Eye Institute
- Stouffville Chiropractic Health Centre
- Solutions 21 Financial
- Canadian Cancer Society
- York Region Health Services
- Herbal Life
- The Trivita Way Natural Health Products
- Melaleuca - The Wellness Company
- Path Positive
- St. John's Ambulance
- Mind, Body & Soul Clinic
- Spa Life/Country Lane Esthetics
- Mary Kay Cosmetics
- Financial Creation Group
- Clarica Insurance Company
- Thornhill Chiropractic/Markham Town Health Centre
- Sahaja Yoga International
- Mind Your Life & Associates
- Link Insurance & Financial Services



Join us for our 2003 Health & Wellness EXPO

For exhibitor information contact Ann Campbell or your advertising representative at the York Region Newspaper Group, 1-905-853-8888 or 1-800-743-3353