

The Economist & Sun/Tribune welcomes submissions of upcoming events from community organizations. While every effort is made to include all submissions, there is no guarantee of publication. You can e-mail calendar items to newsroom@econsun.com.

SPECIAL EVENTS

TO SEPT. 2

The Ontario Provincial Association of the Family Campers and RVers holds its fall campout at the Markham Fairgrounds. Activities include a youth and teen program, games, seminars, entertainment, church service, hospitalities and more. The public is welcome to tour the grounds today at 2 p.m. starting at the fairground's main entrance. For more information call 416-621-4512.

TUESDAY, SEPT. 3

Parents of students at Yorkhill Elementary School are invited to a bagel and cream cheese breakfast from 9 to 10 a.m. in the school's library. Meet the principal, members of the school council and fellow parents.

SATURDAY, SEPT. 7

Support the Markham Islanders minor pee-wee AAA hockey team at a Krispy Kreme fundraiser. Held at the Markham Village Market (Markham Rd. and Hwy. 7) from 8 a.m. to 1 p.m. Donuts cost \$8 a dozen.

GRANDMA'S RUN, a 5K Walkathon/Run in support of Markhaven Home for Seniors in Markham. Starts 9:30 a.m. at the corner of Parkway Avenue and Paramount Road. Prizes, Entertainment, BBQ. Pre-register at The Markhaven Foundation, Running Free or on day of event at St. Joseph's School, 55 Parkway Ave. For information: 905-472-4779.

CAR WASH in support of STOUFFVILLE'S TERRY FOX RUN. Members of the Stouffville Spirit Junior A Hockey Club wash cars from 10 a.m. to 2 p.m. at Houston Ford, 5786 Main St., Stouffville. Donations for the Terry Fox Run accepted. Draw prizes. Meet the Spirit players. Call (905) 640-6453.

SUNDAY, SEPT. 8

Enjoy the Royal Canadian Legion Branch 459's steak dinner. Served at the Legion, 12278 Ninth Line N in Stouffville from 4 to 7 p.m. Cost of \$10.00 per person. Children welcome.

TUESDAY, SEPT. 10

Join the York Region Women's Entrepreneur

Network for a Power Breakfast from 9 to 10:30 a.m. at the Mayfair Racquet & Fitness Club, 50 Steelcase Rd., Markham. Cost is \$15.00. For enquiries and registration, call 905-886-0277.

THURSDAY, SEPT. 12

PATHWAYS TO WINE: Sponsored by Markham-based Pathways for Children, Youth and Families of York Region. An evening of international wine-tasting and silent auction at Southbrook Farm and Winery in Vaughan. For ticket information call 905-471-7877.

SUNDAY, SEPTEMBER 15

Annual TERRY FOX RUN. Markham/Unionville/Milliken run is 8:30 am to noon starting at the old Unionville Library, corner of Main St. Unionville and Carlton Road. For more information, contact Michael Fox at mjfox@gardenmaking.com or 905 479-1184. **STOUFFVILLE** run leaves Stouffville Arena at 1 p.m. Registration forms at Schell Lumber, the public library and the LCBO. Call 905-640-4705 for more information.

SATURDAY, SEPT. 21

Celebrate the first anniversary of the pool/library fitness centre in Stouffville from 11 a.m. to 1 p.m. The event includes dedication of a time capsule, entertainment, a BBQ and cake. A free family event.

SUNDAY, SEPT. 22

The Ontario SPCA's 5th Annual Walk Against Violence takes place at Toogood Pond in Unionville. Registration at 9:30 a.m., followed by breakfast at 10 and the walk at 10:30. Registration is \$10 for adults, \$5 for children under 16 and seniors. Free if a participant raises \$50 in pledges. Incentive prizes for collected pledges of \$100 and more. For more information contact Diana Iulianetti at 1-888-668-7722 ext. 325 or at diana@ospca.on.ca.

ANNOUNCEMENTS

Paid daveners wanted: The mobile synagogue is seeking trained high holiday daveners who can make up a travelling minyan visiting groups of elderly and shutins unable to attend synagogue on the Jewish high holidays. Prospective daveners and service readers should call the rabbi at the mobile synagogue at 1-877-689-1456 or 416-633-6482.

The television series Family Secrets is looking for individuals and families interested in sharing their family secrets: the stories and

incidents that changed their family lives. Those interested should call 416-516-1833 or e-mail: familysecrets@makinmovies.tv.

Demystifying Dementia by Susan Hart on sale with proceeds to the Alzheimer Society of York Region. The book looks at the aging process, cognitive functions, Alzheimer Disease and related disorders and strategies for behavioural redirections. Costs \$20. Call 905-731-6611 to order.

EXHIBITIONS

TO SEPT. 28

Works of more than 35 local artists appear in the **Annual York Region Juried Exhibition** at the Frederick Horsman Varley Art Gallery in Markham. Unique expressions of community spirit featured in acrylic, oil, watercolour, pastel, mixed media, photography. Sponsored by Toronto Buttonville Municipal Airport.

TO SEPT. 22

Foundation at the Latham Gallery features new work by artist Mona Kamal who explores her Indo-Canadian heritage in textile art. The gallery is at 6240 Main St., Stouffville. Call 905-640-8954 for more information.

THEATRE/CONCERTS

THURSDAYS AND SUNDAYS

The **Unionville Summer Concert Series** offers concerts from 7 to 9 p.m. on Thursdays and Sundays from 2 to 4 p.m. at the new Millennium Bandshell on Main St. Unionville. Sunday Sept. 1: R&B Soul Trio, June Garber. For more information, visit www.unionville.info or call 416-698-9053.

SEPT. 11 TO 14

Markham Little Theatre presents **Office Hours**, a comedy by Norm Foster, at 8 p.m. Takes places at the Markham Theatre for Performing Arts, 171 Town Centre Blvd. Tickets \$19.50, seniors and students \$16.50 on Thursdays. Call 905-305-SHOW (7469).

WORKSHOPS SEMINARS

SEPARATED ANONYMOUS

Seminars on separation and divorce begin in September in Markham-Stouffville. Lectures on law, grief and anger, self-esteem, children

and trust. Runs on Tuesdays from 7 to 10 p.m. Register by Sept. 8 at 416-283-3305.

MARKHAM STOUFFVILLE FAMILY LIFE

Workshops: Stress Management on Sept. 28, Anger Management for teens 15 yrs and over begins Oct. 1 and Single Again - New beginning also Oct. 1. Call 905-415-9719 to register.

DIABETES PREVENTION

Talks by Dr. Ronald Goldenberg, Endocrinologist Director, North York Hospital Diabetes Centre, and Kari Koach, Diabetes Educator and Dietitian. Runs on Thursday, Sept. 19 at Sheraton Parkway Toronto North, 600 Hwy. 7 E at Leslie at 6:30 p.m. Free. To reserve a seat or for information call 905-763-8660.

HEARING HELP CLASSES

The Canadian Hearing Society offers lip-reading techniques and coping strategies to people with hearing loss. Runs from Sept. 9 to Nov. 1. For more information, call 416-928-2502.

DIANETICS

Find out how to get rid of stress, anxiety and depression by attending a Dianetics: the Modern Science of Mental Health lecture. Call 1-800-561-5808 for locations and times.

WORKSHOPS

STOUFFVILLE EMPLOYMENT CENTRE

Visit the centre within the Stouffville District Secondary School, 183 Bramble Cr. for job search needs. Computers, Internet access, faxes, photocopying, as well as help with resume writing, interview tips and more. Call 905-640-2856 for information.

FOCUS FOR WOMEN

Focus is a new 2-week workshop for women who are thinking about getting back to work. Funded by HRDC and delivered by the York Region District School Board. Call 905-737-9522 ext. 348 for information.

JOB SKILLS

Laid off? Downsized? Need work? If you can't find a job and are eligible to collect Employment Insurance (E.I.) or have collected E.I. in the last three years, or maternity/parental benefits in the last five years, call Job Skills. Free services. Call 905-948-9622 or drop in at 4855 14th Ave., at Brimley in Markham.

COSTI

ESL and computer classes to gain skills for fruitful employment run at COSTI in Markham.

Located at 8515 McCowan Rd., unit 4. Register now at 905-472-4688.

MEETINGS

WEDNESDAY, SEPT. 4

The Markham Group of Artists starts its fall season with a critique. Takes place at the Markham Community Library at Hwy. 7 and 48 from 10 a.m. to noon. Guests welcome. For more information, call Pat at 905-294-4483.

THURSDAY, SEPT. 5

The Positive Outlook Fibromyalgia support group meets on Thursday, Sept. 5 from 1 to 5 p.m. at Milliken Park Community Recreation Centre, 4325 McCowan Rd. and Steeles, Toronto. Free.

MONDAY, SEPT. 9

The Whitchurch-Stouffville Arts, Heritage and Culture Committee meets at 7 p.m. at the Lebovic Leisure Centre in the large pool program room to discuss the promotion of this committee. For more information call 905 642-6181 or come to the meeting.

VOLUNTEERS

EVERGREEN HOSPICE

Volunteers needed to provide care and support in the Markham and Whitchurch-Stouffville areas to those dealing with a life threatening illness and their families. We especially need volunteers from the Chinese and South Asian communities. Call 472-5014 or visit www.evergreenhospice.org.

MARKHAM EARLY YEARS CENTRE

Volunteers needed to work with staff in early learning programs for children birth to 6 years, their families and caregivers 2-3 hours/week. Contact Grace Jewell, at 905-709-6159, ext. 224 or gjewell@familydaycare.com.

UNIONVILLE HOME SOCIETY

Volunteers needed to deliver meals to Wyndham Gardens Apartment Block and Heritage Village Bungalows in Unionville. For more information, contact Helpmate Volunteer Bureau at 905-884-3839.

YORK STRINGS CHAMBER ORCHESTRA

The orchestra, formerly Apollo, requires volunteer concertmaster and principal cellist. Small honorarium per concert, approximately four a year in York Region. RCM 10 + stings welcome. Reply to yorkstrings@hotmail.com or call 1-905-853-7746.

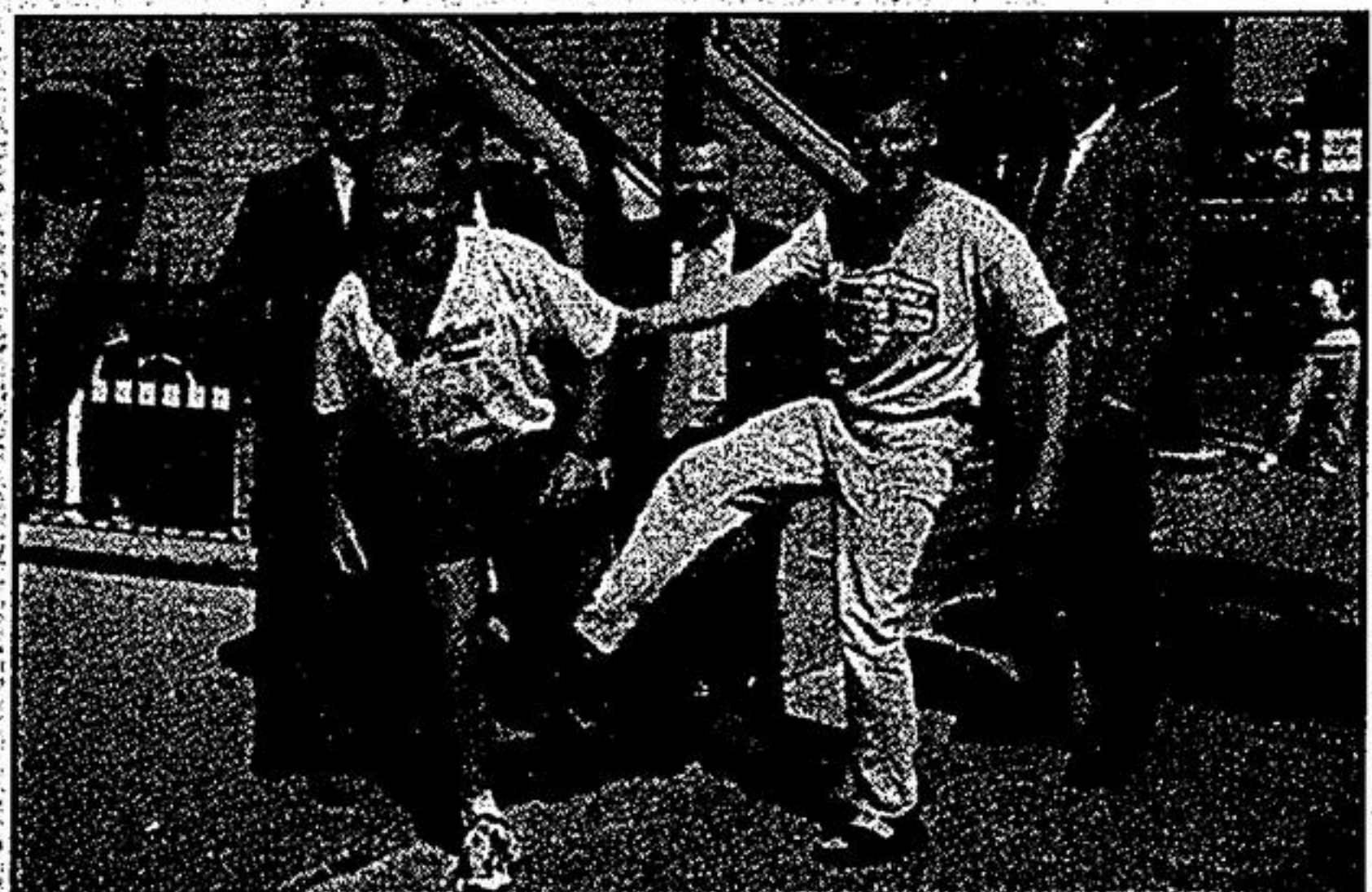
MEMBERSHIP MEANS BUSINESS
MBT
MARKHAM BOARD OF TRADE

Make Money In Markham At the Markham Board of Trade, membership means Business networking functions. Credit card merchant discounts. Low cost group insurance, free use of our boardroom, free brochure insertion in our magazine, join now and start increasing your profits.

Call 905-474-0730 for details or visit our website at www.markhamboard.com

This message brought to you as a community service of The Economist & Sun/Tribune.

ANOTHER CHALLENGE



Dr. John DeFinney (left) has challenged Harry James (right) and the Financial Planners at Harry James Financial to join him at GRANDMA'S RUN.

He says he can outrun the whole pack of Financial Planners and then some.

- If HE wins, the Financial Planners will each raise a minimum of \$500 in pledges for the Grandma's Run Event.
- If THEY win, he will raise a minimum of \$100 in pledges for the event.

Markhaven's Grandma's are pulling for Dr. DeFinney to win so more money can be raised for the New Markhaven Seniors facility.

Please sponsor the Team of your choice

- Harry James and his team
- Dr. John DeFinney and his team

**Please mail your cheque to:
The Markhaven Foundation,
227 Main St. N. #102,
Markham, ON L3P 1Y6**

Grandma's Run

A 5K Walkathon/Run for MARKHAVEN
SATURDAY
SEPTEMBER 7TH
STARTING TIME - 9:30 AM
Corner of Parkway Ave. & Paramount Rd.
In Markham

Lead Sponsor
HARRY JAMES FINANCIAL

FREE T-SHIRT
MATCHING SUN VISOR
FOR PLEDGES OF
\$50 OR MORE.

BBQ
MUSIC BY
The Markham
Melody Makers

Bikes
Dogs
Strollers
Roller Blades
ALL WELCOME

PRIZES

- Lucky Draw (everyone eligible)
- Top finishing runners
- Top fundraising team
- Top individual fundraiser
- Pledges in various categories

ADVANCE REGISTRATION

Aug. 12TH — Sept. 5TH

For Runners & Running Teams
RUNNING FREE
708 Denison St. Markham
(905) 477-7871
www.runningfree.ca

For Walkers & Walking Teams
MARKHAVEN FOUNDATION
227 Main St. N. Unit 102 Markham
(905) 472-4779

REGISTRATION DAY OF EVENT
7:45 am to 9:00 am
St. Joseph's School, 55 Parkway Avenue,
PLEDGE FORMS in BROCHURES available at:
• McDonald's Restaurants in Markham • Local Retail Outlets
• Markhaven Foundation • Running Free

SPECIAL PRIZE MOUNTAIN BIKE
Donated by
WNB WHEELS 'N' BOARDS INC.
Wheels 'N' Boards
4560 Hwy #7, Unit 500 Markham
Pre-register by Sept. 5th to be eligible to win.

Walk/Run for YOUR grandma and all the grandmas who call Markhaven home.