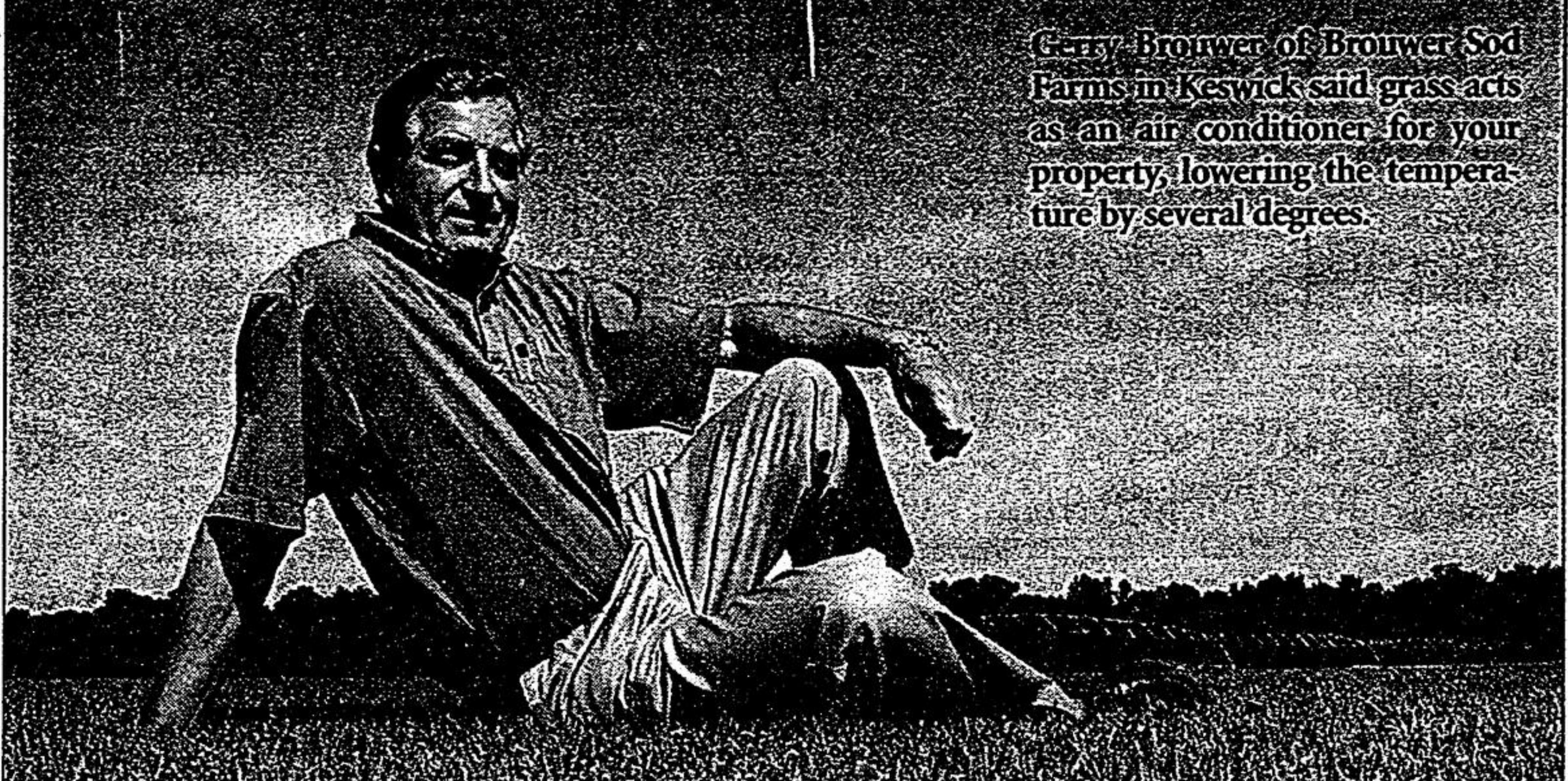




ALLISON KWAN: Huron Heights student's 99.5 average tops in both boards.



TERESA CHEUK-YING CHEE: 98 per cent average tops in separate board.



STAFF PHOTO/MIKE BARRETT

Top scholars credit hard work for success

BY MITCHELL BROWN
Staff Writer

Teresa Cheuk-Ying Chee and Allison Kwan have probably never met, but they have quite a few things in common.

They're both 18; they both live in York Region and they're both heading to university this fall — Ms Kwan is off to the University of Western Ontario to study health sciences, while Ms Cheuk-Ying Chee will be attending the University of Toronto to pursue an engineering degree.

They also happen to be this year's top scholars in York Region.

Ms Cheuk-Ying Chee, who just graduated from Fr. Michael McGivney Catholic Academy in Markham, ended her high school career this year with a 98-per-cent average, making her this year's highest-achieving student in the York Catholic District School Board.

Ms Kwan, who attended Huron Heights Secondary School in Newmarket, finished the year with an average of 99.5 per cent, enough to make her York Region District School Board's top student.

No mean feat, especially since they took chemistry, physics, biology, calculus, algebra and other subjects requiring many hours of study.

Is it possible to study that much and still have a normal life?

"I like to think so," laughed a slightly blushing Ms Kwan, who also plays piano and violin. "I've always tried to aim for the top of my school, but this is an added bonus."

Ms Cheuk-Ying Chee is just as modest about the secret of her success. "Maybe the other schools mark harder," she joked. "I don't know. Self-control, I guess. And definitely a lot of hard work."

Both are taking a break from their studies this summer, and, while Ms Kwan works part time as a church organist, neither has any plans for the summer, other than taking it easy.

HEAD OF THE CLASS

Top 10 students in York Region's public school system:

- Allison Kwan, Huron Heights Secondary School (Newmarket), 99.5 per cent
- Brian Jia Lee Keng, Vaughan Secondary School, 99.2 per cent
- Victoria Cheung, Thornhill Secondary School, 99 per cent
- David Stanley, Dr. John M. Denison Secondary School (Newmarket), 98.8 per cent
- Clifford Ting, Markham District Secondary School, 98.8 per cent
- Kevin Sung, Woodbridge College, 98.7 per cent
- Roman Zassoko, Markham District High School, 98.5 per cent
- Peter Yu, Markham District High School, 98.2 per cent
- Simon Baxter, Thornhill Secondary School, 98 per cent
- Anuroop Duggal, Woodbridge College, 98 per cent

Top student in each of York Region's Catholic high schools:

- Teresa Cheuk-Ying Chee, Fr. Michael McGivney Catholic Academy (Markham), 98 per cent
- Paolo Tommasino, Cardinal Carter Catholic High School (Aurora), 97.4 per cent
- James McMullan, Sacred Heart Catholic High School (Newmarket), 95.5 per cent
- Julia Anne Amabile Cautillo, Fr. Bressani Catholic High School (Woodbridge), 95.2 per cent
- Elaine Lae, St. Robert Catholic High School (Markham), 94.83 per cent
- Scott Dermody, Brother Andre Catholic High School (Markham), 94.17 per cent
- Melissa Saccoccia, St. Joan of Arc Catholic High School (Maple), 93 per cent
- Elyse Bernard, St. Elizabeth Catholic High School (Thornhill), 92.67 per cent
- Nadia Santoli, Holy Cross Catholic Academy (Woodbridge), 91.17 per cent

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Maureen Hall age: 40 occupation: account representative

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The trick, he advised, is to enjoy, or at least work with, nature's little imperfections such as lack of rain.

"We all like to have a nice lawn. The perfect lawn is a tricky one, because nature isn't perfect. But it's perfect in that it's not perfect," Mr. Zander said.

According to Gerry Brouwer, owner of Brouwer Sod Farms in Keswick, a lawn isn't just a showpiece. In fact, grass acts as an air conditioner for your property, lowering the temperature by several degrees.

One big mistake homeowners make when mowing is cutting too short.

Front lawns of just eight average houses have the cooling effect of about 70 tons of air conditioning, according to the Nursery Sod Growers Association of Ontario. Not bad, since a central air unit for an average house has a three to four-ton capacity.

Meanwhile, the association says grass also helps control soil erosion, conserve ground water, enrich soil, discourages pests like rats, mice, mosquitoes and snakes, releases oxygen into the environment, acts as a pollen allergy control, reduces noise levels by as much as 40 per cent, cuts down on glare and acts as a natural protective break against wild fires.

OK, so maybe we are talking about something approaching the importance of world peace here. Going on the assumption you already have grass on your property—and if you don't, you will have to decide whether you want to

seed or sod — there are a few elements of lawn care in which you'll have to pay attention.

In no particular order, they are watering, mowing, fertilizing, weed control and pesticides.

When it comes to watering, many homeowners stick the sprinkler on for a little while every night or spray their lawn with a garden hose before going in for the evening — wrong.

Mr. Brouwer and Mr. Zander both say a less frequent, deep soaking is much better than several shallow waterings.

A heavy soaking allows the roots to grow as deep as four feet.

During a drought, the roots are then able to draw water from deep in the soil. A good watering once a week is plenty.

Because different water pressures or sprinkler sizes make it difficult to know just how much water your lawn is getting, place a can on a flat portion of your lawn and wait until the water is an inch deep before turning off the sprinkler.

Mr. Brouwer said grass doesn't require as much rain to do the same job as the sprinkler or hose.

"I think it's like snow, there's more body to it. Tap water seems to evaporate more quickly."

Mr. Brouwer warned never to water your lawn in the middle of the day, because the water acts like a magnifying glass, allowing the sun to burn the grass.

Mr. Zander prefers watering in the morning. An evening soak leaves grass wet overnight and if the temperatures drop, it could lead to diseases.

But a lawn can go as long as four weeks with no water.

One big mistake homeowners make when mowing is cutting too short. Mr. Brouwer suggests a length of two to three inches, with three better than two.