



nutrition house
Come home to wellness

FREE T-SHIRT
with purchase of these sale items

SUMMER SALE

SOYONE FOR MEN AND WOMEN

Each serving provides 18g of non GMO soy protein isolate and is an ideal food supplement for health conscious people. Available in a men's & women's formula.

1 kg. **\$25.99**



ISOPURE LOW CARB

Isopure Low Carb is an ultra low carb, ultra high quality whey protein supplement derived entirely from CFM whey protein isolate.

2 lbs. **\$42.99**
5 lbs. **\$99.99**



SO LEAN™

So Lean™ is a unique, highly effective combination of herbal and natural plant extracts specifically designed to increase your body's ability to burn and melt away stored body fat.

120's **\$29.99**



Prices in effect until June 30th 2002



MARKVILLE Shopping Centre
Lower level by the Bay
905-415-3993




New You

Advertising feature of The Markham Economist & Sun/Stouffville Tribune

Svengali Salon and Spa did 'terrific job' on newspaper's makeover winner!

Anne Bishop was nervously excited about a recent makeover at Svengali Salon and Spa in Markham. The Markham resident had never experienced a makeover before, nor coloured her hair, and she had mixed emotions about altering her appearance.

After consulting with Anne, the Svengali staff decided to create a modern, contemporary appearance. "The editorial look is very popular right now, and that's what we were aiming for with Anne," says Dyson, a professional hairstylist since 1987 who teaches hair-dressing in England, Europe and Canada. "We wanted to give her hair a slightly ruffled, youthful look."

Prior to the makeover, Anne had dark, shapeless hair that was difficult to maintain and which dragged her face down. Colour expert, Stacey, began the makeover by bleaching the hair before applying streaks of red colouring throughout. "The application of red gave her hair more depth and movement and it worked well with the haircut," says Stacey.



During the Makeover of Anne Bishop.

At first, Anne wasn't totally comfortable with the red hair colour, and so Stacey toned it down using a red mahogany rinse. "The red was too

prominent on the crown of my head," she says. "The deeper red tint throughout looks much better. This new colour

(Continued page 15)



Hayaa

Translation: modesty
Pronunciation: 'haiy' yaa
Etymology: Arabic
1: freedom from conceit or vanity
2: propriety in dress, speech, or conduct

HAYAA™ Design was established to provide distinctive modest women's clothing and accessories. HAYAA™ pieces follow unique designs, which often require hand detailing, such as embroidery, painting or beadwork.

Discover the beauty, elegance and honour in modesty.

HAYAA™ career wear arriving soon.

HAYAA™ scarves available at:



For our locations please visit:

www.hayaa.com

In the Shade of Modesty™



\$2.00 off

With Compliments

\$2.00 off

- THE GENERAL STORE™** locations:
- Burlington (Mapleview Centre)
 - Etobicoke (Woodbine Centre)
 - London (Westmount Mall)
 - Markham (Markville Shopping Centre)
 - Richmond Hill (Hillcrest Mall)

TGS Retailer (714-9991): The bearer of this certificate is only entitled to two dollars (\$2.00) off any HAYAA™ products over ten dollars (\$10.00) at any of our current THE GENERAL STORE™ locations. Only one certificate per item, while quantities last.
This certificate has no cash value and is only valid in the HAYAA™ Design display space which is within THE GENERAL STORE™ and NOT valid within the entire store.

Hayaa Design

THE GENERAL STORE™ is a trademark of The General Store

Certificate Expires June 30, 2002
Visit our website for further details.

www.hayaa.com



In the Shade of Modesty™