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Visit our site at
www.msh.on.ca

VITALITY



NATIONAL VOLUNTEER WEEK: APRIL 22-29, 2002 VOLUNTEERS: OUR MISSION IN ACTION



From its inception Markham Stouffville Hospital has been privileged to have broad community support. Overcoming hurdles and roadblocks, determination and commitment led to our opening. The "Hospital in the Cornfield" opened its doors.

The tradition of generosity continues with overwhelming volunteer support. During the past year over 700 individuals, ranging in age from 14 to 89 years, con-

tributed their time, talents and skills to "their" community hospital.

Some of these *volunteers* helped us during the entire year while others, such as summer students, were available in July and August. Each and everyone's positive impact have been felt.

This high level of community involvement has a two-fold effect on our Hospital.

- Our community takes ownership and responsibility for their hospital through the sharing of their energy, skills and talents.
- Our *volunteers* support us in our "commitment that each visit to Markham Stouffville Hospital will be a great experience."

Our *volunteers* live our mission statement through their compassion and caring. They act as goodwill ambassadors in our community. They hear, firsthand, our patients' experiences and provide us with valuable feedback on our service delivery.

To our *Volunteers* - Thank you, each one, for demonstrating our mission in action. You, our volunteers, truly help us Make It Great!

From our patients, staff and physicians, we extend our heartfelt appreciation to all our volunteers during this special week.

VOLUNTEERS = SUCCESS



Left to right: Magda Rigo, Director, Community Resources & Education; Judy Weir, Secretary, Community Resources; & Yvonne Rowan, Coordinator, Community Resources.

ASTHMA EDUCATION CLINIC

ASTHMA FACTS:

- Most common chronic disease in Canada: Adult 7% and children 13% - total 2.2 million Canadians.
 - Almost 60% of diagnosed asthmatics have symptoms that are not well controlled.
 - Over half of asthmatics have been to an emergency room, hospitalized or had other urgent care in the past year.
 - Only 6% of individuals with asthma had been to an asthma education clinic during the past year and only 11% of patients received written instructions of what to do in the event of an asthma flare-up.
- (Source: Asthma in Canada Survey, Angus Reid Group 1999)
(Source: 1996 National Population Health Survey)

UNDERSTANDING ASTHMA

Education is the first step to maintaining good asthma control. Please join Markham Stouffville Hospital on World Asthma Day to learn about asthma, treatments available and current management strategies.

Tuesday May 7, 2002

Open House: 6:00 - 9:00 p.m.

Markham Stouffville Hospital Auditorium

SPEAKER: Dr. Monique Forse, Respiriologist

An important session for all those concerned about asthma. To find out more about our asthma education clinic, please call: 905-472-7374.

Upcoming Events

2002 Legacy 5K Run/Walk, April 28, 2002, 10:00 a.m., Legacy Community, 1414 Avenue 8, 9th Line

Department of Paediatrics Presents: Learning Disabilities, May 1, 2002, 7:00-9:00 p.m., Milliken Mills Community Library, 7600 Kennedy Road, Unit 11, Speaker: Dr. Larry Pancer, Chief of Paediatrics, Markham Stouffville Hospital

What's New in Diabetes Care? May 7, 2002, 7:00-9:00 p.m., Auditorium, Parkview Village, 12184 9th Line, Stouffville, Speaker: Dr. Bruce Brooks, Endocrinologist, Markham Stouffville Hospital

Ideas for Mental Wellness Day: Stress in the Workplace - the Challenges and the Choices, May 7, 2002, 1:30-2:30 p.m., Auditorium, Speaker: Dr. Mark Berber, Psychiatrist, Markham Stouffville Hospital

Understanding Asthma, May 7, 2002, 6:00-9:00 p.m., Auditorium, Speaker: Dr. Monique Forse, Respiriologist, Markham Stouffville Hospital

Paediatric Diabetes Clinic Presents: Living with Diabetes, May 28, 2002, 7:00-9:00 p.m., MSH Auditorium, Presenter: Peter Atkins, Fire Fighter, Toronto Fire Services

2002 York Region Hip Hip Hooray Walk for Markham Stouffville and York Central Hospitals, Sunday, May 26, 2002, Registration: 0930 hours, Phyllis Rawlinson Park, Leslie Street northeast side of Elgin Mills, Richmond Hill

August 12, 2002: MSH Foundation Annual Golf Tournament at York Downs
October 30, 2002: Fashions For Life Fashion Show at Le Parc
November 21, 2002: Body & Soul Joint Fundraising Dinner & Show

CORPORATE GIVING

The Unionville Montessori Parents' Council donated \$850 to Markham Stouffville Hospital Foundation recently. The donation came from pledges collected by the students for the Valentine's Dance organized by the Parents' Council.

Foundation President, Gina Rosen, remarked "This gift is particularly exciting because the whole school was involved in the giving. What a creative and fun way to raise funds for your Hospital!"

Associations like the Unionville Montessori Parents' Council are considered to be part of the Corporate Giving Program at Markham Stouffville Hospital Foundation. If you have an idea for giving that you would like to pursue, please give Marion Zimmer, Manager of Corporate Giving, a call at 905-472-7089.

COMMUNITY EVENTS

On Tuesday May 7th, Swan Lake will be hosting Markham Stouffville Hospital Day. A team of volunteers will be on hand for the residents of Swan Lake to accept donations. Thank you in advance to all Swan Lake residents for their support of our community Hospital!

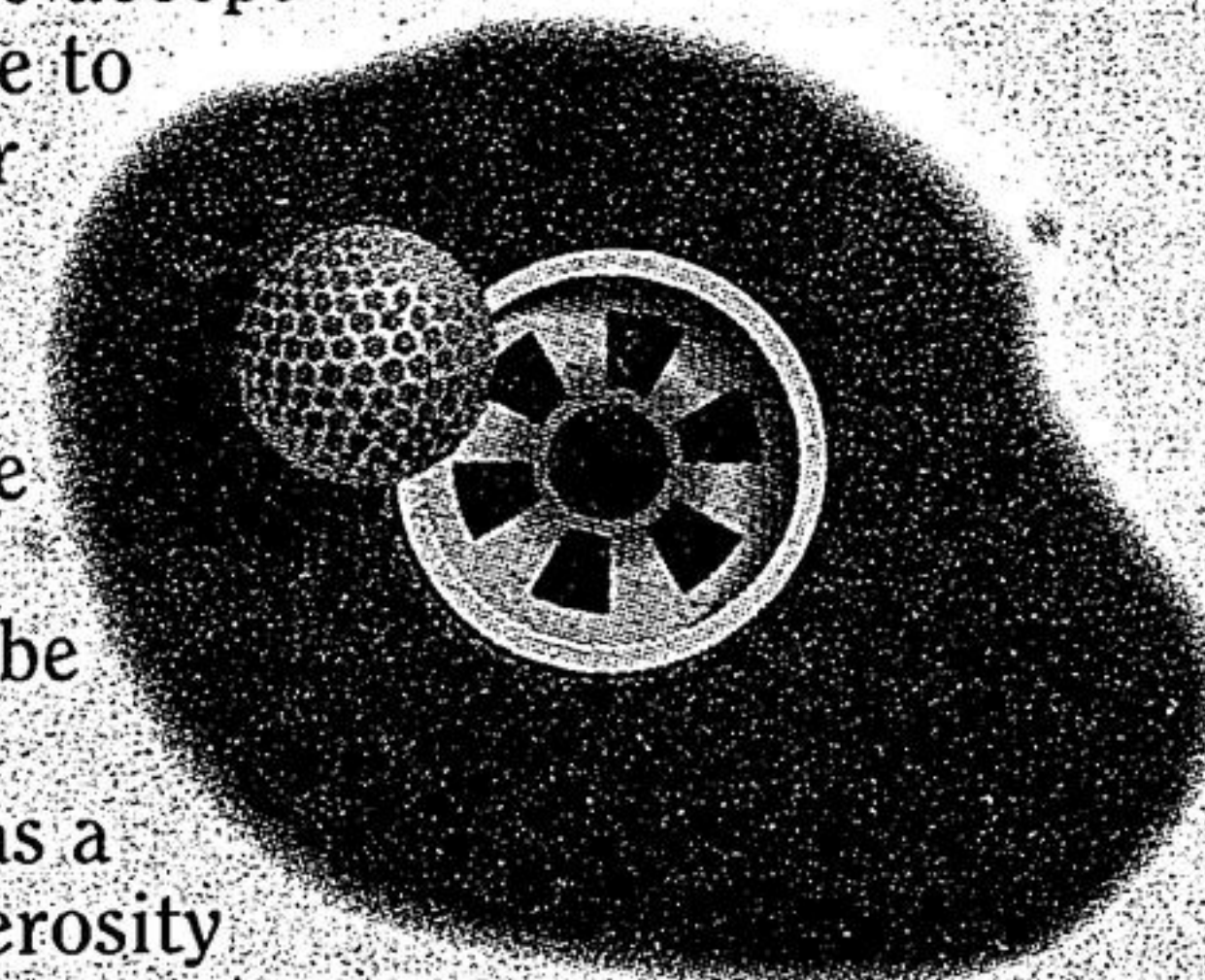
On Thursday July 18th, 2002 the third annual Anna Rizzuto Memorial Golf tournament will be held at Sleepy Hollow Country Club. Last year's tournament was a great success. Through the generosity of many individuals and corporations \$15,000 was raised for the Palliative Care Unit at Markham Stouffville Hospital where Anna Rizzuto received care.

This fun-filled event has opportunities for family, friends and new acquaintances to reflect on past memories as well as create new ones.

To ensure your spot in the tournament please contact **Mario Rizzuto (416)816-6005**.

This is a wonderful fundraiser for your community Hospital, please show your support and register today.

For more information about hosting a community event, please contact: Kathy Little, Special Event Co-ordinator (905) 472-7395, klittle@msh.on.ca



THANK YOU

Martin Luther King once said, "Keep your eyes on the prize."

Through the generous donation of their time, volunteers that assist on the Foundation Board, at our Special Events, through various Committees and Community members who assist in our office all work towards the prize of quality healthcare delivery, for our community, by Markham Stouffville Hospital.

Volunteering is the most fundamental act of citizenship and philanthropy in our society. It is offering time, and skills of one's own free will. While their contribution is undeniable, volunteers are rarely recognized for their deeds-usually they are the first to stay behind the scenes.

It is the time to push these volunteers into the well-deserved spotlight. By celebrating the efforts of volunteers we create opportunities to raise awareness about the vial contribution they have made and continue to make in our local community.

Our volunteers assisted the Foundation in raising \$2 million for Markham Stouffville Hospital in 2001/2002 fiscal year.

Thank you for keeping your eyes on the prize and helping us continue to support our community hospital.

Sincerely,
Markham Stouffville Hospital Foundation Staff