

YORK REGION'S LARGEST

Health & WELLNESS

EXPO 2002

Sunday, May 5, 2002

Sheraton Parkway North • 10am-4pm
HWY #7/Leslie • RICHMOND HILL

Register today... to list your company in our pre-show promotions!

Guest Speakers & Demonstrations:

10:30 - 11:30 RESCUE 7 EMERGENCY TRAINING SERVICES
Topic: Heart Attack & Stroke with Life Saving Demonstrations

12:00 - 12:45 CHRISTINA DOYLE
Bone Cancer survivor and a new country music recording artist who has her own CD "I Wouldn't Change A Single Day"
Topic: Cancer Survival

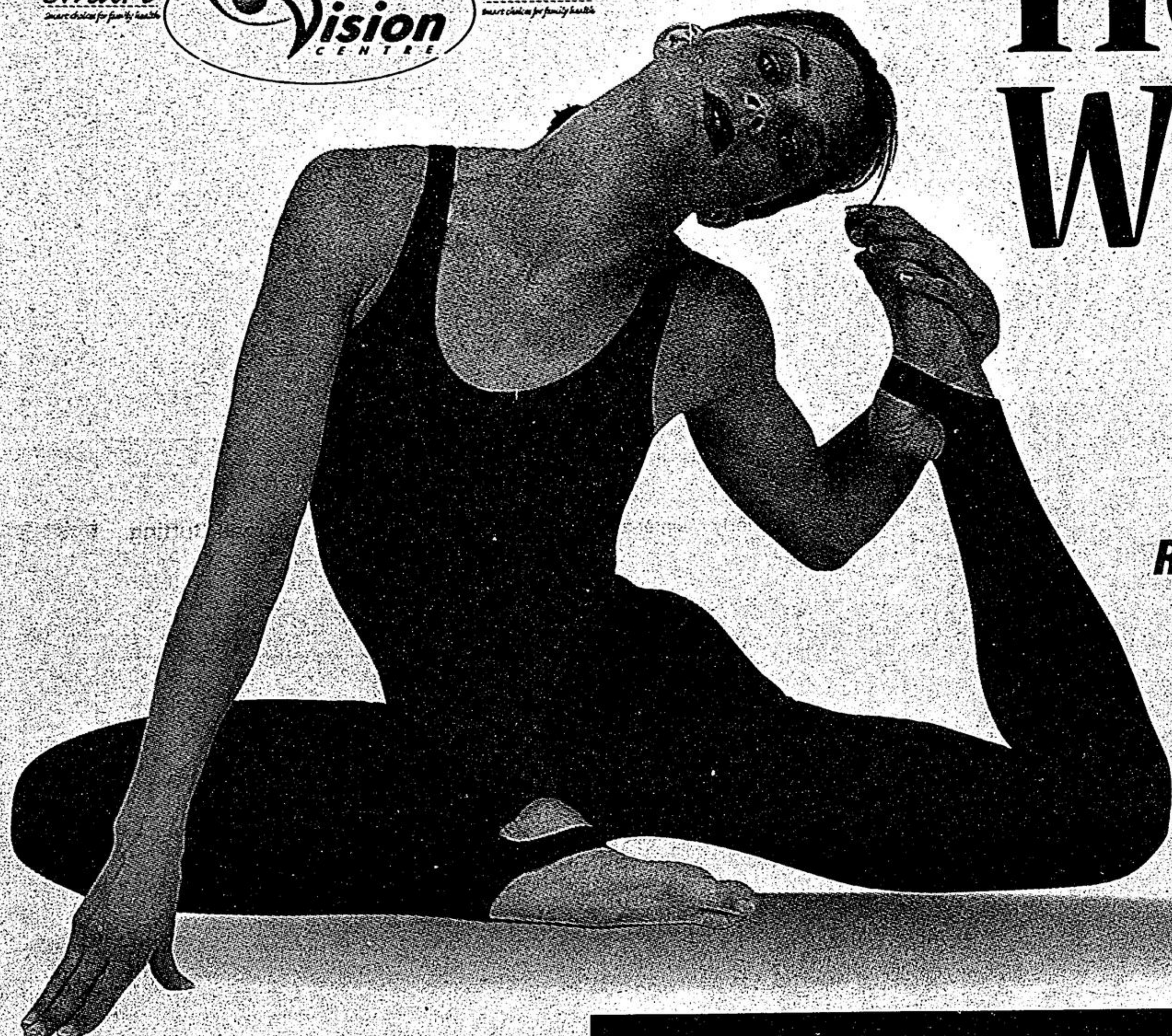


1:15 - 2:00 JONATHAN PROUSKY
Naturopathic Doctor and Assistant Professor of Clinical Nutrition and member of the full time clinical faculty at the Canadian College of Naturopathic Medicine.
Topic: Chronic Fatigue & Fibromyalgia - Innovative Solutions to these mysterious syndromes.



2:30 - 3:30 RESCUE 7 EMERGENCY TRAINING SERVICES
Topic: CPR and Choking with Life Saving Demonstrations

CORPORATE SPONSOR:
WAL-MART PHARMACY
Vision CENTRE
LIVING SMART
Smart choices for family health



Come learn about:

- NATURAL HEALTH & ALTERNATIVE MEDICINE
- HEALTH FOODS & SUPPLEMENTS
- FITNESS CENTRES & PROGRAMS
- COMMUNITY SERVICES
- AND MUCH MORE

PRIZES!

Enter our Draws to WIN...

- SPA PACKAGE** Massage, Manicure & Pedicure from Dawson Manor Spa
- 2 GOLF PASSES** from Woodington Lakes
- 2 GOLF PASSES** from Silver Lakes
- 2 GOLF PASSES** from Markham Golf & Country Club
- \$100 DINNER CERTIFICATE** from La Spiga Restaurant

Participants:

- PROMOTION PHYSIOTHERAPY
- NIKKEY
- YORK CENTRAL HOSPITAL
- YORK CENTRAL HOSPITAL - SLEEP LAB
- YORK CENTRAL HOSPITAL - CARDIO REHAB
- INTERNATIONAL LIFESTYLE CLINICS
- ULTRAMED COSMETIC & LASER CENTRE INC.
- CANADIAN COLLEGE OF MASSAGE & HYDROTHERAPY
- STOUFFVILLE HEALTH CENTRE
- TAHITIAN NONO NECTAR
- FAMILY CREDIT COUNSELLING
- SUNRISE ASSISTED LIVING, RICHMOND HILL
- MS SOCIETY OF CANADA
- SNIDER CHIROPRACTIC CLINIC
- UNIGLOBE INTRIGUE TRAVEL
- TRACEY BURGER ENTERPRISES
- OPTIMUM COMPOUNDING PHARMACY
- MOUNT PLEASANT GROUP OF CEMETERIES
- THE SIMPLE ALTERNATIVE FUNERAL CENTRES
- RESCUE 7 EMERGENCY TRAINING SERVICES
- CANADIAN LONGEVITY
- DR. J. DIMERMAN & ASSOCIATES
- SANDWELL CHIROPRACTIC
- CENTER OF CONSCIOUS AWARENESS
- OASIS FITNESS AND WELLNESS CENTRE
- INTEGRATED HEALTH & WELLNESS
- CLARICA LIFE INSURANCE CO.
- ST. JOHN'S REHABILITATION
- BIOCARE NUTRITIONAL LACTOSE/GLUTEN FREE DRINK MIXES
- MAPLE HEALTH CARE & REHABILITATION CENTRE
- CANADIAN CANCER SOCIETY
- INDUSTRIAL ALLIANCE INSURANCE & FINANCIAL SERVICES
- HERBAL MAGIC
- FAMILY LIFE CENTRES OF YORK REGION
- UNIONVILLE GATE FAMILY DENTISTS
- THERALASE INC.
- FALUN DAFU ASSOCIATION OF CANADA
- FEUNG SHUI - FELICIA WEINSTEIN
- BIDETS - IQL MARKETING

For further information, call Ann Campbell, Anne Beswick or your advertising representative at 905-853-8888

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