

Be Smart Cherish your Heart Win Prizes

Fill out a ballot.
You may win some great prizes!

Grand Prize

Bicycles for a family of four
(sponsored by Cyclepath Newmarket)
130 Davis Drive, Newmarket

First Prize

Athletic Shoes for a family of four

Second Prize

Two Trial memberships (3 months)

At any Richmond Hill Parks, Recreation and Culture Fitness Centres
(courtesy of the Town of Richmond Hill)

Third Prize

Lunch each week for one year at a variety
of York Region eateries:

The Old Curiosity Tea Shop, 91 Main St. N., Markham

Swiss Chalet, 1100 Yonge St., Richmond Hill

Cynthia's Chinese Restaurant, 7700 Bathurst St., Thornhill

Select Sandwich 7800 Jane St., Concord

Mr. Sub, 14760 Yonge St., Aurora

Swiss Chalet, 9625 Yonge St., Richmond Hill

Demetre Grand Café, 7540 Weston Rd., Woodbridge

East Side Mario's, 2930 Steeles Ave. E., Thornhill

Tokyo Teriyaki & Chinese Food, 10 East Wilmot, Richmond Hill

Great Khan Mongolian Grill, 4396 Steeles Ave. E., Markham

More Great Prizes - \$500 gift certificate

Heart Smart Cookbooks by Bonnie Stern

(in support of Heart and Stroke Foundation)

Beautifully Healthy Basket (in support of Canadian Cancer Society)

Go Veggie Cookbook

(courtesy of Nu-Vitality Health and Wellness Centre)

Active Wear (courtesy of the Town of Richmond Hill)

Relax Basket (courtesy of Shoppers Drug Mart, Aurora South end)

PHYSICAL ACTIVITY, HEALTHY EATING, SMOKE-FREE**LIVING - IT'S A WIN-WIN SITUATION.**

Visit www.heartyparty.com for complete contest details and a list of events in your community.

I plan to make physical activity, healthy eating and smoke-free living part of my life in York Region. • For more information call: (905) 727-0022 ext. 3597.

Name: _____

Address: _____

Phone: _____

Deadline for entry is March 31st. Draw date is April 15, 2002
Mail to: Nicole Rauzon-Wright c/o [heartyparty.com](http://www.heartyparty.com)
300 Harry Walker Parkway, Newmarket, ON L3Y 8E2

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Dyson started his hairdressing career in London, England. Working at various salons and schools for the Vidal Sassoon organization, both in Europe and North America. Dyson's work has been displayed in international trade and consumer magazines.

He is a sought after teacher and stylist, updating the skills of hairdressers throughout Canada and the U.S.A. The ability to work with many different textures and lengths of hair has always been Dyson's key to building successful relationships with clients.

"Everybody has the right to a beautiful haircut" is his simple philosophy. "I have a passion for making people look and feel wonderful." He is delighted to bring his talent, energy and experience to Svengali Salon and Spa.

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39 Main St. N., Markham Village



Region's transit project seeks private help

York Region's ambitious, billion-dollar rapid transit project in the Hwy. 7 corridor continues to roll along, with the issuance of a request for proposals from potential private sector partners.

Last Thursday, regional council approved the RFP and it was made public Friday.

Five high-powered consortia, headed by the likes of Bombardier, Hydro One and the Royal Bank of Canada, will bid on the project, which will see the private sector joining forces with the region.

to design, build and operate a rapid transit system.

The system, which will serve Markham, Richmond Hill and Vaughan, will also link up with public transit systems in Toronto, as well as Durham and Peel regions.

The companies have five weeks to submit their proposals; it is hoped a final selection will be made public this spring.

The region is fast-tracking the project to take advantage of provincial funding for transit development, regional chairperson Bill Fisch said.

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READY, AIM...

Grade 1 student Rachel Does, 6, throws the basketball through a hoop during the recent annual winter carnival at Markham's St. Joseph Catholic School.

ART CLASSES IN UNIONVILLE

- Drawing for the Absolute Beginner - Adult
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