

Bereaved Families of Ontario

Founded in 1978, under the auspices of the Hospital for Sick Children, Bereaved Families is a self-help organization staffed by bereaved persons. Specialists in the area of grief and bereavement from the professional community serve as a resource both in the development of on-going programmes and in the supervision and training of self-help group leaders.

This co-operation between lay and professionals has enabled Bereaved Families to better respond to the needs of the bereaved and has helped guarantee that the best support is provided.

1-800-969-6904

This message brought to you as a community service of The Economist & Sun/Tribune



York Region An association of families who have lost a child through death.

Win passes to decorating show at Markham Fairgrounds

Would you like to win a shopping spree at "Canada's original country decorating show" and dinner for two at one of York Region's newest restaurants?

The Economist & Sun/Tribune/Stouffville Sun is giving away a \$100 shopping spree for the Markham Country Decorating Show and Sale and a \$100 dinner-for-two at

The Referee & Fisherman in Stouffville to a lucky reader.

We are also giving away 10 pairs of guest passes to the show, Nov. 16, 17 and 18 at the Markham Fairgrounds.

To enter, e-mail the papers' editor, Jim Mason at: jmason@econsun.com. Entry deadline is midnight Wednesday, Nov. 14.

Your Neighbourhood Pet Store

For Our Community... (Dog, Cat & Horse Herbal Remedies)

We are excited! Our new line of Homeopathic remedies has a "lifeline". The manufacturer and distributor of our new line will give full support for questions and concerns on any of her products.

Vivian has been a herbalist for 15 years. In the past 5 years, she has developed a fabulous line for our companions. We will be hosting a FREE SEMINAR on NOVEMBER 18th at 5:30 p.m., complete with refreshments. We would love to see you there!

...Please call to book your space.

The seminar will be held at 6389 Main St. (directly across from the store)

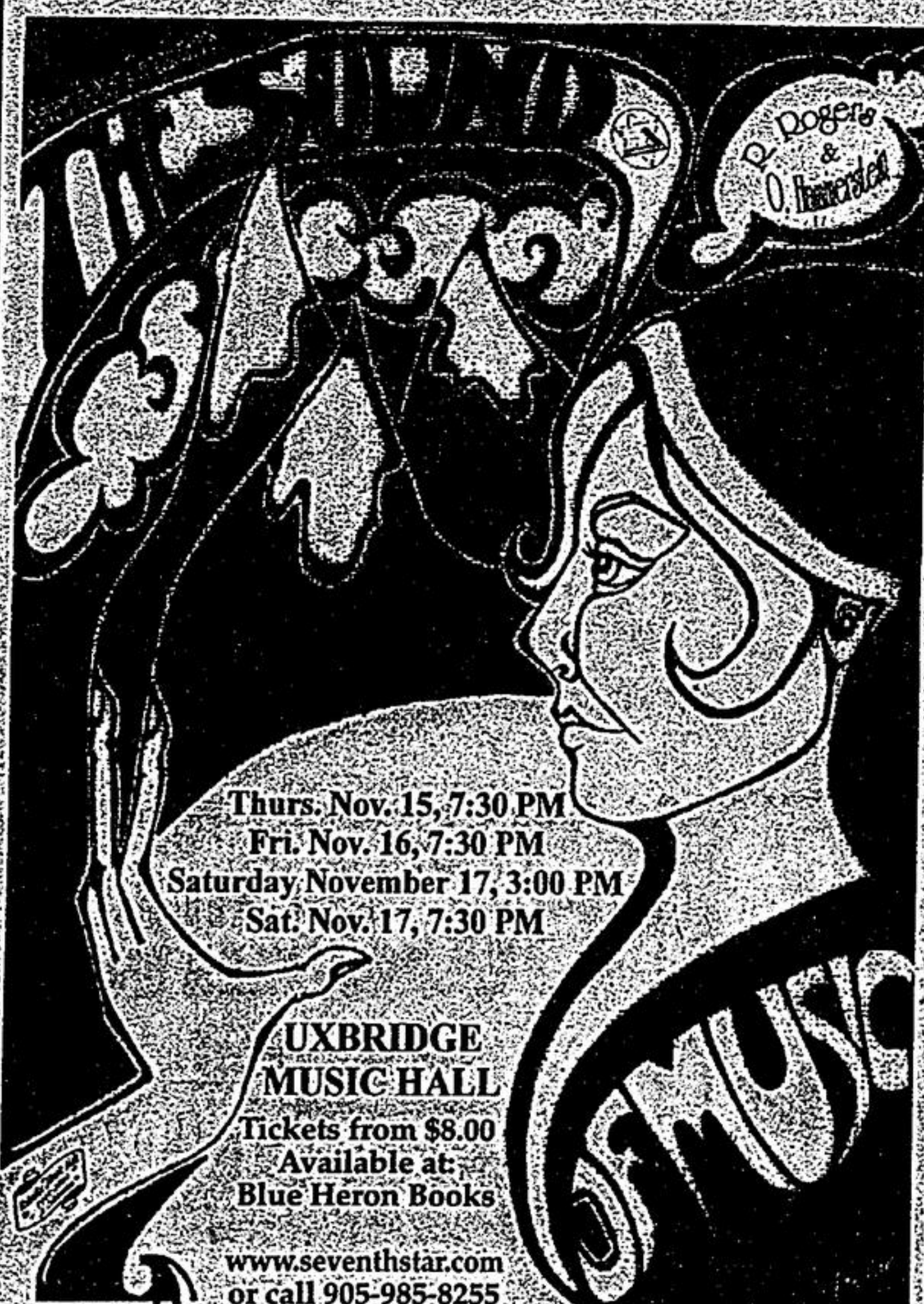


6356 Main St. East (Downtown Stouffville near the Post Office)

905-640-0123

Mon 9-630 Tue 9-630 Wed 9-8 Thu 9-8 Fri 9-8 Sat 9-6 Sun 12-5

Seventh-Star Productions



Thurs. Nov. 15, 7:30 PM
Fri. Nov. 16, 7:30 PM
Saturday November 17, 3:00 PM
Sat. Nov. 17, 7:30 PM

UXBRIDGE MUSIC HALL
Tickets from \$8.00
Available at:
Blue Heron Books

www.seventhstar.com
or call 905-985-8255

THE SOUND OF MUSIC

GARDEN BASKET

Quality & Freshness Since 1929

Prices in effect Wednesday, November 7, 2001 until closing Tuesday, November 13, 2001.

Two Locations To Serve You

Quality Fresh Produce

- Fresh from Morocco Sweet 'N Juicy Virtually Seedless Clementines 3.99 (5 lb. case)
- Product of California Tender - Fresh Broccoli .79 (bunch)
- Product of USA or S.A. Sweet 'N Juicy Seedless Navel Oranges .99 (2.18 kg)
- Product of California Fresh 'N Crisp Celery Stalks .79 (ea.)
- Ontario Fresh Sweet 'N Juicy Anjou or Flemish Beauty Pears .69 (1.52 kg)
- California "Sweet and Fun to Eat!" Red Pomegranates .99 (ea.)
- California Fresh Sweet Hachiya (Italian) Persimmons 9.99 (case)

Butcher Shop

- Fresh Tender Ontario Veal Veal Prime Rib Roast 3.99 (8.80 kg, Limit 10 lbs per family purchase)
- Quality Pork Fresh Pork Back Ribs 4.99 (11.00 kg)
- Quality Ontario Porky Fresh Whole Chickens 1.49 (1.28 kg)
- Aged for 21 days Cut from Canada AAA Beef Boneless Stewing Beef 3.49 (7.69 kg)
- Aged for 21 days Cut from Canada AAA Beef Thinly Sliced Beef Leg Cutlets 4.88 (10.76 kg)
- Schmeiders Mini Sizzlers Sausages 1.99 (500 g pk)

Brand Name Groceries

- Pepsi 7 Up or Schweppes Soft Drinks .99 (2 L)
- Quaker Chewy Bars or Dippys 1.99 (187 g, 210 g)
- Riso Bello Risotto 1.99 (250 g)
- Our Very Own Spring Water 4.99 (24 x 500 ml)
- Quaker Rice Cakes 1.88 (100, 199)
- Beel Margarine 1.99 (454 g)
- Post Cereal Honeycomb Sugarcrisp Alpha-Bitz 2.69 (499 g)
- Quaker Instant Hot Oatmeal 1.99 (225, 470 g)
- Mott's Clamato 3.49 (1.89 L)
- Royale Bathroom Tissue 4.99 (16 roll)
- Maxwell House Roast & Ground Coffee 5.99 (1 kg)
- Italpasta Pasta .99 (900 g)
- Yoplait Value Packs 3.99 (16 x 100g)
- McCain Drinking Boxes .88 (3 x 250ml)

SATURDAY ONLY November 10th

- Fresh Atlantic Salmon Fillets 3.99 (1.80 kg)

Fresh 'N Frozen Seafood

- Fresh Salmon Fillets 5.44 (11.99 kg)
- Fresh Mussels 3.69 (2 lb. bag)

Gourmet To Go

- Cooked fresh several times daily Grilled Sausages .99 (ea.)

Bakery

- 100% Whole Wheat Bread .99 (loaf)
- Fresh Gourmet Cookies 3.99 (large 20 pack)
- Homestyle Tea Biscuits 2.59 (6 pack)
- Open Window Bakery Cheese Carrot Cake 9.99 (7" cake)

CONGRATULATIONS!
Mildred Orbeozo won a SAMSUNG DVD PLAYER
In our most recent draw
Thank you to all participants!

7155 Woodbine Ave. 905-475-1971

BUSINESS HOURS
WED. NOV. 7: 8 am - 9 pm
THURS. NOV. 8: 8 am - 9:30 pm
FRI. NOV. 9: 7 am - 9:30 pm
SAT. NOV. 10: 7 am - 8 pm
SUN. NOV. 11: 9 am - 8 pm
MON. NOV. 12: 8 am - 9 pm
TUES. NOV. 13: 8 am - 9 pm

9275 Hwy. #48 (905) 471-0777

Our Service Just Keeps Getting Better.. Just Ask Your Friends

GARDEN BASKET