

The York Region Newspaper Group Presents...

Health & Wellness EXPO 2001

York Region's Largest Health & Wellness Event

Saturday, Sept. 15, 2001

Vaughan Sports Village • 9:30am - 4:00pm

2600 RUTHERFORD ROAD (between Keele & Jane)

CORPORATE SPONSOR:



EXHIBITORS:

- Corporate Sponsor: Wal-Mart Pharmacy
- 100 Awareness Corporation - Products from a Master Herbalist
- 102 USC Education Savings Plan
- 103 Alzheimer Society of York Region
- 104 CHATS Community Home Assistance to Seniors
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- 106 Glynnwood Retirement Community
- 107 International Lifestyle Clinics
- 111 We Care Home Health Services, York Region
- 112 Southlake Regional Health Care
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- 115 Canadian Cancer Society
- 116 Specialty Food Shop (Hospital for Sick Children)
- 117 New Skills Vocational School
- 118 GTA Chiropractic
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- 206 Palliative Care Services for York Region
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- Physiotherapy
- 210 Snider Chiropractic Clinic
- 211 Couple Enrichment Inc.
- 212 Aromaplus by Nature's Sunshine
- 213 York Central Hospital - Cardiac Rehabilitation Program
- 214 Natural Emphasis
- 215 CHP Consulting - Lifestyle Coach
- 216 Counsel Wealth Management - Dennis Karis
- 218/219 Stouffville Chiropractic Health Center
- 300 Aloette Cosmetics
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- 303 Markham Stouffville Hospital
- 304 York Region Health Services
- 308 Serenity - A Place of Health & Wellness
- 309 www.ginsenggreentea.com
- 310 Nikken Independent Wellness Consultants
- 311 Chicken Farmers of Ontario
- 312 Uniglobe Intrigue Travel
- 313 Immunotec Research Ltd.
- 314 Canadian Longevity
- 315/316 Canadian College of Massage & Hydrotherapy
- 317 Light Force Canada
- 318 Canadian Diabetes Association
- 500 www.thehealthysopper.net
- 501 Health & Nutrition
- 502 Mind Your Life

- Free Admission
- Speakers
- Performances
- Prizes



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Featuring...

Janet and Greta Podleski,
authors of best-selling cookbooks
"Looneyspoons" & "Crazy Plates"
Special Guest Appearance - 11:30 am
Book Signing - 12:00 pm to 1:00 pm



Also Appearing...

Dini Petty
Award winning broadcast journalist
and national talk show host
national spokesperson for Vital Science
1:00 pm to 2:00 pm

For further information, Call: 905-853-2527 • 1-800-743-3353 • Toronto Line: 416-798-7284

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