

# 2001 ~ BEST OF MARKHAM ~ 2001

**"When you need to talk...  
We're here to help."**

## HEPWORTH & ASSOCIATES COUNSELLING SERVICES

### Counselling

- Marriage & Family
- Adolescent & Child Issues
- Depression, Stress & Grief
- Anxiety, Abuse & Anger

### Comprehensive Family Mediation

- Division of Assets, Custody & Access, Child/Spousal Support
- Step Parent/Children Relationship
- Teenager/Parent Mediation

Qualified and professional staff; Sliding scale;  
Available evenings and weekends;  
Check your extended health care plan for coverage.

Call for more information or to book  
an appointment

**(905) 471-4112**

[www.atbs.com/help.html](http://www.atbs.com/help.html)

### Hepworth & Associates

The realities of modern life cause tremendous stress and anxiety for people of all age groups. In 1998, Hepworth & Associates began offering marriage, family, and individual counselling using a multi-model approach. Their mediator, Karen McLeod, is trained to help individuals through divorce, separation and child custody issues.

Hepworth & Associates believes in a holistic approach to health care. To achieve this, they have developed an extensive referral network with other professionals in the community. Other services include counselling on depression, stress, grief, abuse, anger, and family mediation on division of assets, child/spousal support, custody and access issues, and step parent/children relationships.

Choosing a counsellor that you can trust is the key to putting you on the path to recovery. It will allow you to explore new directions and options in a safe and nonjudgmental environment.

Hepworth & Associates is located at 5871 Highway 7 East, Suite 205, in Markham. To arrange a confidential appointment, call (905) 471-4112.

### Fran Coupe Hair Design

Fran Coupe Hair Design and Spa at the Embassy Suites Hotel offers a full range of hair styling services, including perms, highlights and colour treatments for people of all ages. An in-house spa provides manicures, pedicures, facials, make-up applications and skin care. Four friendly, talented staff (Gloria, Maha, Anita and Iran) will address your hair styling needs in a fun and supportive environment.

Fran Coupe Hair Design and Spa also offers a full range of top-of-the-line hair and skin care products with names such as Southys (from Paris), Biosilk, Ecoterra and Gewhal.

To experience a make-over for yourself or a loved one, call Fran Coupe Hair Design and Spa. Gift certificates are available. Watch for the exciting changes happening at Embassy Suites and at Fran Coupe Hair Design this fall!

Fran Coupe Hair Design and Spa is located in the Embassy Suites Hotel in Markham. They can be reached at (905) 940-2230.

### Unionville Golf

Established in 1965, Unionville Golf is a one-stop paradise for golf lovers. It boasts a lovely 18-hole, par-3 golf course, outdoor floodlit driving range, chipping and putting greens, plus an all-new natural turf mini putt.

For all your golf clubs, balls, bags and golf apparel, Unionville Golf carries a wide selection of brand name golf merchandise at affordable prices. Want to improve your game? Three CPGA professionals are on staff to teach lessons and to host group clinics. They will even help you to select the right equipment.

Unionville Golf is open 7 days a week. Weekday tee times are booked one day in advance. On Saturday, Sunday and holidays, book at least three days in advance. Summer hours are 7:30 a.m. to 9:30 p.m.

Unionville Golf is located at 44 Main Street in Unionville. For more information, call (905) 477-1148.

## Personal Beauty Treatments



Mens & Ladies Cuts

Styling

Cleansing Facials

European Facials

Aroma Therapy

Manicures

Pedicures

Highlights

Nail Extensions

Waxing

Eye Care

Electrolysis

Colour

Permanents

Make Up

Up Do

Special Bridal Packages

Gift Certificates Available

Sunday Appointments for  
Your Special Occasion

*Fran  
Coupe*

EMBASSY SUITES HOTEL  
8500 WARDEN AVENUE MARKHAM  
(905) 940-2230



44 Main Street

Unionville

(1/4 mile south at Hwy #7)

**(905) 477-1148**

## SUMMER SAVINGS

Floodlit Driving Range

Save \$2.00 on a

**Jumbo Range Pail**

Monday - Friday

Excluding holidays

Expires August 4, 2001

18 Hole Par 3

Save \$2.00 on

**Green Fees,**

Good for up to 4 people

Expires August 4, 2001